



**ROWING
IRELAND**

Swift Racing

*World Rowing Beach Sprint Qualification
Event*

23rd of July 2023

*Ballinskelligs Beach, Ballinskelligs, County
Kerry*

Hosted By:

Portmagee Rowing Club El Nino

& Sponsored By:

Swift Racing

Location



Ballinskelligs beach is located just off the southern stretch of the N70 Ring of Kerry road.

Coordinates: 51.8216° N, 10.2722° W

Eircode: V23 YT54

Rules

The rules as set down by the Rowing Ireland rulebook shall be the rules of the event. The starter, time keeping and race results will be under the control of the regatta committee. Participation in this regatta confirms acceptance of the rules and standards of Rowing Ireland. The full rule book will be made available to all clubs on the event page on tracker.

Racing Schedule

The regatta will take place on the 23rd of July 2023. We anticipate that rowing will commence at 9:00am, however, a full event schedule shall be issued closer to the event.

Crew Captains Meeting

A crew captains meeting will take place on Sunday the 23rd of July at 8:30am. It is essential that every club is represented at this meeting.

Event Entries

The closing date for entries shall be at 7pm on the 12th of July 2023. Entries will only be accepted through the Tracker regatta system. We would be obliged if clubs would submit their entries as soon as possible so we may publish the final race order as early as possible.

Entry fees must be received before racing, all fees are to be transferred via EFT only, no cash or cheques will be accepted. Kindly transfer one payment per club and insert the name of your rowing club in the description of the transfer.

Entry Fees are as follows:

Single - €15.00

Double - €30.00

Quad - €75.00

All entry fees are payable to the bank details below.

Portmagee Rowing Club:

Account Number: 48130-156

Sort Code: 93-60-30

BIC: AIBKIE2D

IBAN: IE10 AIBK 9360 3048 1301 56

Parking

We would be obliged if regatta attendees would park at Saint Michael GAA Grounds (V23 Y832) where there is a walkway to the beach from carpark. There is additional car parking available at the driving entrance to the beach by Cafe Cois Tra however, this car park fills up quite early and we are therefore encouraging regatta attendees to park at the GAA Grounds.

Pool Boats

All boats for the Irish Beach Sprints Qualifiers will be supplied by Swift Racing. Each athlete is responsible for bringing their own oars and arranging their own boat handlers.

Progression System

Each crew entered will first race in a time trial. The full progression system will be published after close of entries.

Catering

There are several vendors nearby where athletes and regatta attendees may purchase food / beverages for the event.

Cafe Cois Tra, Ballinskelligs Beach, Ballinskelligs, County Kerry

Cable O'Learys, 7 Cois Trá Upper, Dungeagan, Ballinskelligs, County Kerry

The Atlantic Grill, 8-14 Cois Trá Lower, Dungeagan, Ballinskelligs, County Kerry

Brownes Shop, Clahaneanoë, Ballinskelligs, County Kerry

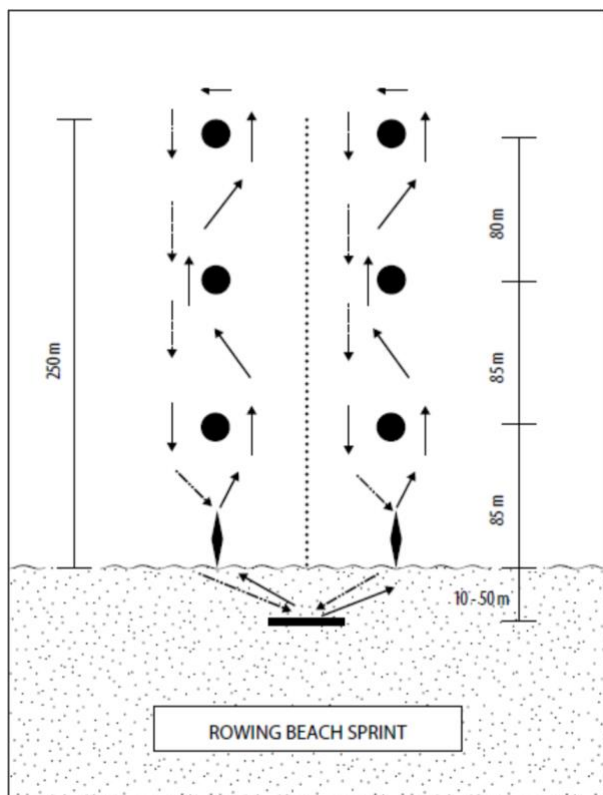
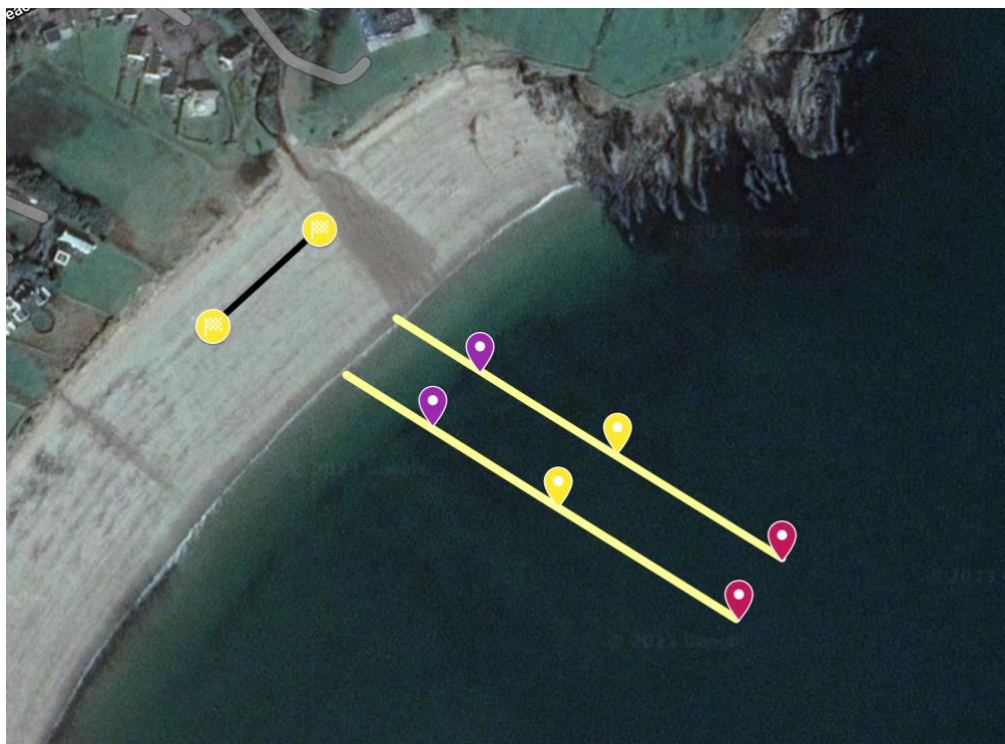
Dalys Shop, Murreigh, Waterville, County Kerry

First Aid

An ambulance will be on site for the duration of the event providing medical assistance. They will be based near the startline and stewards may contact them via Radio should the need arise.

Rowing Course

The rowing course is set out as per the map below:



The course features a beach start and beach finish.

The starting sequence will be as follows:

3 minutes to race start:

All crew members should be in the start zone and under the control of the starter. The Starter may penalise a crew which is late to the start and may start the race without reference to absentees.

1 minute to race start:

When there is one minute to the start, the Starter shall say “One Minute, Get Ready”. After this the runners will position themselves behind the start line and the Starter shall instruct the other members of the crew and/or the boat handlers to “put the boats in the water.”

30 seconds to race start:

When there are between 20 and 30 seconds to the start, the Starter shall alert the crews by saying “Get ready!”, after which alert the Starter may start the race at any time, having taken into account the wave conditions and any other factors.

20 seconds to race start:

To give the start signal, the Starter shall first say “Attention!”; After a clear pause, The Starter shall then raise the red flag; After a clear and variable pause, the Starter will then start the race by dropping the red flag quickly to one side and simultaneously sounding a hooter in one long blast.

A crew commits a false start if the crew’s nominated runner crosses the start line before the start signal is given or if any crew member starts to board their boat before the start signal is given. The Judge at the Start shall be the sole judge of a false start.

The finishing sequence will be as follows:

The Finish Line of the race will be marked by a clear, straight line on the beach which the runner from each crew must cross.

There shall be a flag placed at the water’s edge for each lane in line with the lane buoys and an equal distance from the finish line. Each runner shall pass on the outside of the flag when running from their boat to the finish line. A runner not passing on the correct side of the flag shall receive a penalty of 5 seconds.

The finish of the race for each crew shall be the moment their crew member (the runner) crosses the finish line.

It is important to note the following:

- One nominated crew member from each crew shall be a runner. (The runner at the start may be different from the runner at the finish but in both cases must be a member of the crew).
- The runner shall stand behind the start line which shall be clearly marked on the beach. The remaining crew members (except for solo (C1x)) shall be standing in the water holding their boats.
- No crew members shall start to board their boats before the start signal has been given.
- When the start signal is given the runners shall run to their boats to join the other crew members. The other crew members may start to board their boats as soon as the start signal is given
- Each crew is required to secure their own boat handlers.
- The boat handlers will hold the boat in place until the crew sits in and rows away.

False Start:

A crew commits a false start if the crew's nominated runner crosses the start line before the start signal is given or if any crew member starts to board their boat before the start signal is given. The Judge at the Start shall be the sole judge of a false start.

Where a false start is committed, whether by a runner or other crew member, the Judge at the Start shall immediately raise a red flag and the Starter shall stop the race by waving a red flag and sounding repeated blasts on the hooter until all crews have stopped. The Judge at the Start shall inform the Starter which crew has caused a false start and the Starter shall award the crew a Yellow Card. A crew causing two false starts shall be excluded from the event by the Starter.

Rowing Categories

The following events will be available at the regatta:

Juniors	Seniors
CJM1X	CM1X
CJW1X	CW1X
CJMIX2X	CMIX2X
CJM2X	CMIX4X
CJW2X	

Prizegiving

Pennants will be awarded to the winning crew in each category. The prizegiving will take place after racing completes.

Event Contact Details

The Management and Committee of Portmagee Rowing Club do not accept any liability or responsibility for injury or damage to persons or property arising, during the course of the regatta or otherwise.

And finally, for now, I look forward to welcoming your club and crews to Ballinskelligs for competitive racing and trust that they will experience a successful and enjoyable event. Should you have any queries in relation to the event prospectus, please do not hesitate to contact the Event Secretary as follows:

Secretary: Kayleigh Hussey

Telephone: 087 3662332

Email: portmageerowingclub@gmail.com