



Castleconnell Head of the River 2021

Saturday 6th of Nov, 2021

3.2km course

HOR Secretary: **Pat Kiely**
(087) 6381512

Dear Secretary / Captain,

We are delighted to present the prospectus for the Castleconnell Head of the River 2021:

Men's and Women's events										
<u>Boat</u>	<u>Senior</u>	<u>U23</u>	<u>Inter</u>	<u>Novice</u>	<u>J18</u>	<u>J16</u>	<u>J15</u>	<u>J14</u>	<u>J12</u>	<u>Masters</u>
<u>1x</u>	X	X	X	X	X	X	X	X	X	X
<u>2x</u>	X	X	X		X	X	X	X	X	X
<u>2-</u>	X	X	X		X					
<u>4x-</u>	X	X	X		X					
<u>4x+</u>				X		X	X	X	X	X
<u>4-</u>	X	X			X (W Only)					X
<u>4+</u>				X	X	X	X			X
<u>8+</u>	X		X	X	X	X	X			X
<u>8x+</u>							X	X		

Para events						
<u>Boat</u>	<u>AS (women)</u>	<u>AS (men)</u>	<u>TA (women)</u>	<u>TA (men)</u>	<u>TA (mixed)</u>	<u>LTA (mixed)</u>
<u>1x</u>	X	X	X	X		
<u>2x</u>					X	
<u>4+</u>						X

- Entry fees are: singles €10, doubles/pairs €18, quads/fours €36, eights €50.
- Prizes will be given in events where 3 or more crews compete.
- Bow numbers will be issued (deposit of €10 required per crew, capped at €50 per club).
- Entries to be made using the Rowing Ireland tracker system.
- Timing in place from 9:00 to 15:30. This may be extended based on volume of entries.

Rules:

- All races will be run under the rules of Rowing Ireland.
- The HOR committee reserves the right to make any alteration to the programme it deems necessary and its decision in all cases will be final.
- The appropriate fee for all crews entered should be made payable to **Castleconnell Boat Club** before bow numbers are issued.



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- Entries close on Wednesday 27th of October 2021 at 19:00
- A copy of the draw will be on the tracker system.
- The HOR committee reserve the right to cancel races if the category is deemed unsafe due to adverse weather conditions.

Safety Officer: Pat Kiely

Safety Statement

The HOR committee is committed to running Castleconnell HOR in a safe manner.

Responsibility

Each participating club should ensure that every member of their competing crews can swim and is competent to participate in this event.

It is the responsibility of competing clubs to ensure that their members are appropriately dressed and that their equipment is suitable, especially with regard to bow balls and heel straps.

Coxes must wear lifejackets.

Adequate marshals shall be provided in the launching area.
Adequate launches shall be provided during the event.

Rules of the River

Crews should launch facing upstream at the club slip.
Crews proceeding to the start should do so keeping to the Limerick shore.
At the start, crews should wait to be called by the starter.

Crews capsizing or otherwise in difficulty should remain with their boat until rescued.

A Search and Rescue team will be on standby during the day.
First Aid will be on standby during the day.

Yours in Rowing,

Pat Kiely (HOR Secretary)