



ATHLONE BOAT CLUB
PRESENTS
THE INAUGURAL COOSAN LOUGH HEAD OF THE RIVER RACE
SATURDAY 21 ST OCTOBER 2023
DISTANCE: 3500 METERS
Location: Glasson Lakehouse to Killinure Point
PROSPECTUS

GRADES	MASTERS	SENIOR	INTERMEDIATE	CLUB	JUNIOR 18	JUNIOR 16	JUNIOR 15	JUNIOR 14
8X+	X						X	X
8+	X	X	X	X	X	X	X	
4+	X	X	X	X	X	X	X	
4X+	X		X	X	X	X	X	X
4X-	X	X	X	X	X			

HEAD TIMES: THERE WILL BE TWO RACES, MORNING AND AFTERNOON . EIGHTS/FOURS/QUADS IN BOTH RACES

IT IS NOT A ROLLING HEAD

PROPOSED TIMES:

MORNING HEAD TIME: 11.00 AM

AFTERNOON HEAD TIME: 2.00 PM

ALL CREWS NEED TO BE SLIPPED 45 MINUTES IN ADVANCE OF HEAD TIME

Fees: Eights €70
Fours/Quads €35

Rules: This event is run under Rowing Ireland Rules
All entries must be made through the Rowing Ireland Tracker system
At least 3 crews must compete at each grade for a pennant to be awarded
Presentation of Pennants will take place in the Lough Ree Inn after the Second Head
Closing date for entries is Wednesday 11 th Oct 2023 7pm
A € 10 deposit must be paid per racing number. This deposit will be returned upon the return of the number to the Head of the River Administration on the day.

Payment: Fees must be paid in advance before racing. Crews will not be permitted to race without the full payment of fees owing.

Please send payment by bank transfer to

ATHLONE BOAT CLUB BANK ACCOUNT: IBAN IE88BOFI 901634 11417522 BIC: BOFIE2D

Cancellation: In the event of bad weather a decision will be made by 10 am on Friday 20th October 2023 and posted on the Rowing Ireland website

Queries: Please contact John O'Meara on 087 2903160 or by email omeacararsales@eircom.net