

# Commercial Rowing Club

36<sup>th</sup> Regatta

Sunday, April 6<sup>th</sup> 2025



To all Club Secretaries & Athletes,

Commercial Rowing Club invites entries for our Annual Regatta which will take place on the Liffey at Commercial Rowing Club, Islandbridge, (D08 E9W6) on Sunday, 6<sup>th</sup> April, 2025.

- **Entries close** at 19.00 on **Wednesday, 26<sup>th</sup> March, 2025** via the Rowing Ireland website.
- Racing will be side by side on two lanes over **1,200m** (1,000m for Junior 14s and Masters).
- Our regatta is designated **Non-Status** by the Rowing Ireland. Please see the 'Rules of the Regatta' below.
- It is recommended that each competitor enter a **maximum of two events**, and these events must be in the **same 'Group'** (see attached list of events). Events in the same 'Group' will be separated in the draw for scheduling. We are offering a wide selection of events in an effort to promote good competition. This may result in single entries in certain events. Therefore, we'd be grateful if clubs could **provide a contact that will be available on the day following the entries close date**, so that we can explore the possibility of **moving single entries into alternative events**.
- **A club may not enter more than two crews in any given event**, regardless of boat class. **J14 & J15 events are exempted from this restriction**.
- J14 and J15 events will be run **as straight finals**.
- **As this is a one day event, we anticipate a full day's racing. As a result, we may not be in a position to facilitate changes to the timetable. Please ensure that you have sufficient equipment to accommodate your entry.**
- In the event of a large entry, there may be a need to hold **time trials** for the following events:
  - Mens 1x & 2x (excl J14 2x & J15 2x)
  - Womens 1x & 2x (excl J14 2x & J15 2x)
  - This Time trial will be run in a normal time trial format with all competitors rowing down the regatta course in a Head of the River fashion, **over a distance of circa 1k**.
  - Please ensure you have enough equipment to accommodate your competitors in the event of a time trial.
  - **The top two crews of each event in the time trial will go through to a straight final.**
- **Results** will be available live on the day.
- Hot and cold food will be on sale throughout the day

We look forward to welcoming you and your club to our regatta, for what we hope will be a very successful and enjoyable event.

Yours in rowing,

Norah Gallagher,  
Regatta Secretary.  
Tel: 086 8561956

Email: [Regatta@commercialrc.ie](mailto:Regatta@commercialrc.ie)

## RULES OF THE REGATTA

1. The Regatta will be run under Rowing Ireland rules.
2. All entries must be made via Rowing Ireland's Tracker system.
3. Entry fees must be paid before crews' race. Cheques should be made payable to Commercial Rowing Club CLG. For on-line payments, see separate document.
4. All participating clubs are responsible for their own Insurance.
5. Each competitor may enter a maximum of two events and these must be in the same 'Group' (see below). Races are grouped such that any two events in the same group **will not clash** in the timetable. **A competitor entering multiple races from different groups cannot be guaranteed that their races will not clash.**
6. **A club may not enter more than two crews in any given event, regardless of boat class.** J14 & J15 events are exempted from this restriction.
7. Coxes must wear a life jacket or will not be allowed to compete.
8. Prizes will be presented to all winning competitors. As single entries for events will be eliminated at the Draw, there will be no row-overs.
9. Crews must observe Rowing Ireland rules in relation to notifying substitutions in crews.
10. The Regatta Committee reserve the right to make any alterations to the programme they deem necessary, and their decision in all cases will be final.
11. A copy of the Draw will be posted on the Rowing Ireland website as will a Safety Statement.
12. In the interests of safety and fair racing, crews on the course must obey the bank stewards' and umpires' instructions at all times and abide by 'Commercial Regatta - Rules of the Regatta'. In accordance with Rowing Ireland rules, penalties equivalent to a False Start may be awarded for traffic violations.
13. Inexperienced crews should be accompanied by a Club Coach on the way to the start.
14. Races will be over the full course of 1,200m for all grades except Junior 14 and Masters which will be run over 1,000m. Junior15s please note this rule.
15. Buoys are placed on the course to equalize stations. Each buoy is an integral part of the course. It is necessary for each boat and its oars to pass the correct side of the buoy, Infringement of this rule means automatic disqualification, except in the case of a coxless craft, where the umpire may use discretion.
16. Commercial Rowing Club and Commercial Regatta Committee accept no liability or responsibility for any injury or damage to persons, property or equipment which may arise during the course of the regatta or otherwise.
17. **Any property or equipment left overnight is left at the owner's risk, Commercial Rowing Club and Commercial Regatta Committee accept no responsibility for damaged or stolen property.**

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## LIST OF EVENTS:

**Note:** Events in the same 'Group' will be separated in the draw for scheduling.

Group	Men's Events	Group	Women's Event
1	Mens Snr 8 Mens Snr 4+ Mens Snr 2-	2	Womens Snr 8 Womens Snr 4+ Womens Snr 2-
3	Mens Inter 8 Mens Inter 4+	4	Womens Inter 8 Womens Inter 4+
5	Mens Club1 8 Mens Club1 4+ Mens Club1 4X+	6	Womens Club1 8 Womens Club1 4+ Womens Club1 4X+
7	Mens Novice 8 Mens Novice 4X+	8	Womens Novice 8 Womens Novice 4x+
9	Mens Snr 1X	10	Womens Snr 1X
11	Mens Inter 1X Men's Club1 2x Mens Club1 1X	12	Womens Inter 1X Women's Club1 2x Womens Club1 1X
<b>Juniors</b>			
13	Mens J18 8 Mens J18 4+	14	Womens J18 8 Womens J18 4-
15	Mens J18 4X- Mens J18 2x Mens J18 1X	16	Womens J18 4X- Womens J18 2x Womens J18 1X
17	Mens J16 8	18	Womens J16 8
19	Mens J16 4X+ Mens J16 1X	20	Womens J16 4X+ Womens J16 1X
21	Mens J15 4X+	22	Womens J15 4X+
29	Mens J15 2X	30	Womens J15 2X
23	Mens J14 4X+ Mens J14 2x	24	Womens J14 4X+ Womens J14 2x
<b>Masters</b>			
27	Mens Masters 8 Mens Masters 4+	28	Womens Masters 8 Womens Masters 4+

## Commercial Regatta - Entry Fees

Eights	€70/£60	Doubles/Pairs	€20/£18
Fours/Quads	€40/£35	Singles	€13/£11