

**Lagan Head of the River 2023**

# **RACE INFORMATION**

**including -**

**Steerers Instructions**

**Course Maps**

**Marshal Plans**

**Start Orders**

**Slipping Timetables**

# RACE 1 – 2700m Crews 1-143 - Start 1100

## COXWAINS AND STEERERS INSTRUCTIONS

PLEASE READ CAREFULLY EVEN IF YOU HAVE ROWED LAGAN HEAD BEFORE

### Race Numbers – New process

Numbers will be sorted for one collection for each race. A Deposit of £30 (€30) is required for EACH CLUB for EACH RACE. The deposit will be returned to the club after ALL their numbers are returned after each race. Lost and/or damaged numbers will be charged £10 (€10) per item from the deposit (any extra charges will be invoiced to the club).

There will be a briefing prior to the race at 0930 at BRC, even though all instructions are contained within this document – it is your responsibility to ensure your coxes/steerers are familiar with this document and the instructions/rules therein – any queries to [laganhead@gmail.com](mailto:laganhead@gmail.com)

<b>Launching</b>	Race 1 – from 0940 (check your allocated time on launching orders)
McConnell Pier	Race 1 - 1050 cut-off time
Race Starts	Race 1 - 1100

The plastic number supplied at registration must be placed securely in the Empacher slot on the bows of all boats, if you lose it before the start or the finish shout your number clearly to the timing teams.

### Launching

Note your allocated launching slip and time. Follow the instructions of the slip steward.

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Slip stewards may check boats launching and those without heel restraints, bow balls or numbers slots or are considered unsafe, will not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes must wear buoyancy aids.

Oars must be placed adjacent to the slip before launching. Final adjustments must be made after pushing off the stage. If you miss your slot you go to the back of the queue or on the slip steward's instruction take the place of a crew which has scratched.

### BOATS SHOULD BE LAUNCHED WITH THE BOWS FACING DOWNSTREAM TOWARDS START

#### Proceeding to the start

Rules of the River – KEEP TO THE Co. DOWN (bowside) bank on the way downstream.

Governor's Bridge	two right hand arches (as seen facing)
King's Bridge	two right hand arches (as seen facing)
Ormeau Bridge	two right hand arches (as seen facing)

**Crews must be past the McConnell Pier by 1050 otherwise they will be disqualified and will have to return to the boat houses.** This point is non-negotiable and NO exceptions can be made for safety reasons.

Albert Bridge	right hand Co Down arch
Railway Bridge	second arch from right

Queen's Bridge	DO NOT GO THROUGH
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CREWS COMPETING IN RACE 1 ARE NOT TO GO BEYOND THIS BRIDGE.

#### Marshalling in the start area

There will be marshals along the entire course recording numbers of crews who fail to comply with the rules of racing. If you fail to comply with the racing rules you will be reported to the Race Director who has the right to impose a time penalty.

Boats will turn upstream of the Queen's Bridge and marshal in the vicinity of the Railway Viaduct but not closer than 200 metres to the Albert Bridge with their bows pointing upstream. Check the details on the plan enclosed.

**5 minutes before the start** the horn will sound TWICE,

Respond immediately to any advice given by the Race Marshals in the launches – they have local knowledge and also the power to impose time penalties for failure to comply with the rules and advice laid out in these instructions.

**RACE START - A SINGLE BLAST OF THE HORN** will signal the race start.

Starting with crew Number 1, the crews will be called up by the Marshal and can begin to build up pressure as they pass under the right hand arch of the Albert Bridge.

The start line is 100 metres beyond the Albert Bridge and will be marked with the word 'START' on the railings by the walkway on the Co. Antrim bank. The gap between boats should be 10-20 seconds. Crews who leave a larger gap unless instructed by the marshal may be penalised. So you must be ready to move as soon as the crew 2 in front moves off.

### **FINISH LINE**

THE FINISH LINE IS AT THE FINISH POST OUTSIDE QUB BOAT HOUSE - KEEP TO THE CENTRE OF THE RIVER APPROACHING THE FINISH LINE - in order for the timing team to see your boat.

DO NOT STOP ON THE FINISH LINE – KEEP MOVING.

BOATS MUST CLEAR THE FINISH AREA QUICKLY AND PROCEED UPSTREAM

*NO CREW IS TO STOP AND TURN UNTIL PAST LAGAN SCULLERS' CLUB* and then only when it is safe to do so.

Be aware of crews returning to QUB slipway which will be as close as possible to the boathouse side of the river and out of the way of crews winding down.

Crews blocking the course will be penalised. Clear the slips quickly because of the short turn around time between races.

### **Racing Rules**

- 1. YOU MUST GIVE WAY TO FASTER CREWS BY MOVING OUT OF THEIR COURSE. CREWS IMPEDING FASTER CREWS WILL BE PENALISED.**
2. You must not attempt to pass a crew when close to a narrow arch.
3. When any collision or clash of oars occurs both crews will lose time badly. It is always better to avoid collisions, at the price of slowing or altering course whether you are right or wrong.
4. Cox and stroke in co-operation must be constantly aware of neighbouring crews and plan accordingly.
5. A head of the river is the greatest test of watermanship. A cox can lose the race for the crew by the lack of caution, over enthusiasm, or insistence on being right.

Remember - there are marshals along the entire course and you will receive a time penalty if you fail to comply with the racing rules.

### **Results and Prize Distribution**

Results will be available online Live on Webscorer, published on Facebook and at Belfast Rowing Club

**There are no medals for events with less than three entries.**

### **Refreshments**

It is planned to have tea/coffee, bacon rolls, sandwiches, snacks etc available at Belfast Rowing Club all day. Toilets will be available but there will be no general access to the club building.

# RACE 2 – 4200m Crews 1- 46 Start 1400

## COXWAINS AND STEERERS INSTRUCTIONS

PLEASE READ CAREFULLY EVEN IF YOU HAVE ROWED LAGAN HEAD BEFORE

### Race Numbers – New process

Numbers will be sorted for one collection for each race. A Deposit of £30 (€30) is required for EACH CLUB for EACH RACE. The deposit will be returned to the club after ALL their numbers are returned after each race. Lost and/or damaged numbers will be charged £10 (€10) per item from the deposit (any extra charges will be invoiced to the club).

**There will be a briefing prior to the race at 1250 at BRC**, even though all instructions are contained within this document – **it is your responsibility to ensure your coxes/steerers are familiar with this document and the instructions/rules therein** – any queries to [laganhead@gmail.com](mailto:laganhead@gmail.com)

<b>Launching</b>	Race 2 – from 1300
McConnell Pier	Race 2 – 1345 cut off time
Race Starts	Race 2 - 1400

The plastic number supplied at registration must be placed securely in the empacher slot on the bows of all boats, If you lose it before the start or the finish shout your number clearly to the timing teams.

### Launching

Note your allocated launching slip and time. Follow the instructions of the slip steward.

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Slip stewards may check boats launching and those without heel restraints, bow balls or numbers slots or are considered unsafe, will not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes must wear buoyancy aids.

Oars must be placed adjacent to the slip before launching. Final adjustments must be made after pushing off the stage. If you miss your slot you go to the back of the queue or on the slip steward's instruction take the place of a crew which has scratched.

### **BOATS SHOULD BE LAUNCHED WITH THE BOWS FACING DOWNSTREAM TOWARDS START**

#### Proceeding to the start

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Rules of the River – KEEP TO THE Co. DOWN (bowside) bank on the way downstream.

Governor's Bridge	two right hand arches (as seen facing)
King's Bridge	two right hand arches (as seen facing)
Ormeau Bridge	two right hand arches (as seen facing)

**Crews must be past the McConnell Pier by 1345 otherwise they will be disqualified and will have to return to the boat houses.**

This point is non-negotiable and NO exceptions can be made for safety reasons.

Albert Bridge	right hand Co Down arch
Railway Bridge	second arch from right
Queen's Bridge	three right hand arches
Queen Elizabeth Bridge	MIDDLE ARCH ONLY
Lagan Weir	gate 4 only

Refer to the 'Start Plan' for detailed information on Marshalling pattern and where to wait prior to the start.

#### Marshalling in the start area

Circulate in an anti-clockwise direction, leaving the centre of the channel free AND LISTEN TO THE ADVICE OF THE MARSHALS. Take up position north of the Abercorn Basin as indicated on the

enclosed Start Plan Map – make sure you get turned round and have your bows pointing upstream and are ready to move when called by the marshals. Depending on the prevailing wind, the marshals may advise you to line up on the opposite bank if there is more shelter there – listen out and if you are in any doubt use common sense.

There will be a launch below the start line, near the North Queens Island Beacon and crews are not allowed beyond this boat. **Listen to their instructions.**

**10 minutes before the start** you should be in the area on the map that corresponds with your race number. Crews 1-10 should be formed as shown on the plan and ready to move towards the start line only when the race has started and the crews in front have created space. Further down the line make sure you are not boxing in any lower numbered crews – if you are then get out of the way and let them through. Again, be ready to move.

**The start team** will be in a vehicle on the Co. Down bank beside the Odyssey Arena and there will be a **START** sign on the railings – look out for this.

**5 minutes before the start** the horn will sound TWICE, crews 1-10 must be in the area near the South Island Beacon (wooden structure near bank downstream of Abercorn basin) and pointing upstream, ready to race, and be ready to move over the start line close to the Co. Down Bank (Odyssey side). Crews 11-46 must listen to the Marshals and move when instructed. Crews willfully or persistently ignoring the instructions of the marshals will have a time penalty imposed.

**RACE START - A SINGLE BLAST OF THE HORN** will signal the race start.

Cross the start line close to the Odyssey Arena bank to ensure the timing team at the start can see your crew number.

**The gap between boats crossing the start line should be 20-30 seconds.**

Please be ready to move as soon as the crew at least 2 in front moves off. You may receive instruction from the marshal when to start.

#### **LISTEN AT ALL TIMES TO ADVICE FROM THE MARSHALS**

#### **FINISH LINE**

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DO NOT STOP ON THE FINISH LINE – KEEP MOVING.

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Be aware of crews returning to QUB slipway which will be as close as possible to the boathouse side of the river and out of the way of crews winding down.

Crews blocking the course will be penalised. Clear the slips quickly.

#### **Racing Rules**

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2. You must not attempt to pass a crew when close to a narrow arch.
3. When any collision or clash of oars occurs both crews will lose time badly. It is always better to avoid collisions, at the price of slowing or altering course whether you are right or wrong.
4. Cox and stroke in co-operation must be constantly aware of neighbouring crews and plan accordingly.
5. A head of the river is the greatest test of watermanship. A cox can lose the race for the crew by the lack of caution, over enthusiasm, or insistence on being right.

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#### **Refreshments**

It is planned to have tea/coffee, bacon rolls, sandwiches, snacks etc available at Belfast Rowing Club all day. Toilets will be available but there will be no general access to the club building.

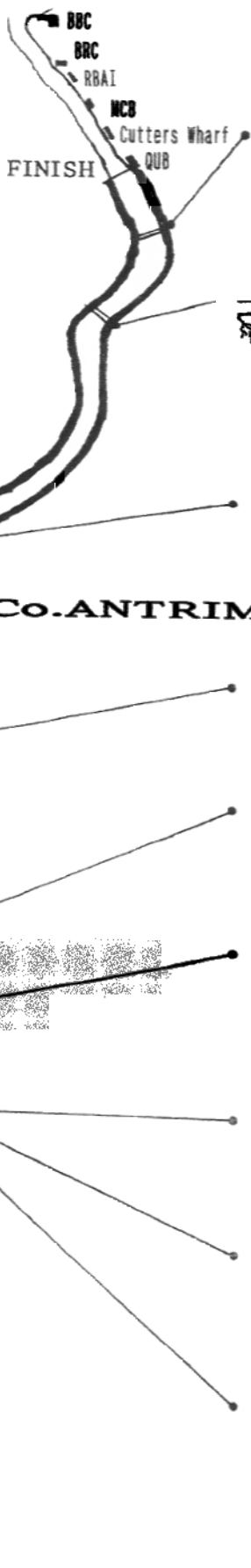
**Lagan Head of the River** is organised by **Belfast Rowing Club** with assistance from **Queens University Boat Club, Methodist College Rowing Club, Lagan Scullers Club, RBAI Rowing Club and Belfast Boat Club** and the following organisations –  
**Belfast Harbour Commissioners**  
**Belfast City Centre Regeneration Directorate**  
**Odyssey Arena**  
**Powerhouse Sport**

# Lagan Head of the River

Race 1  
1100

## BRIDGES

the bridges are as seen when racing and are not drawn to scale



THE GOVERNOR'S BRIDGE



KING'S BRIDGE



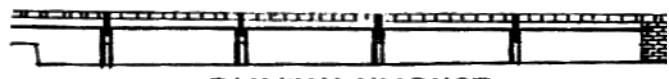
ORMEAU BRIDGE



McCONNELL PIER



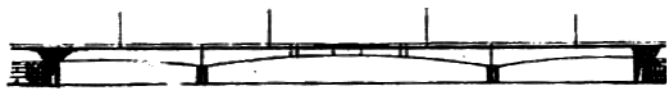
ALBERT BRIDGE



RAILWAY VIADUCT



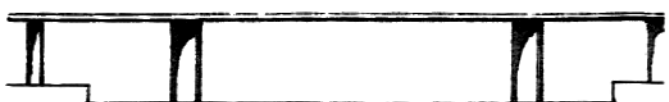
QUEEN'S BRIDGE



QUEEN ELIZABETH BRIDGE



LAGAN WEIR



LAGAN & DARGAN BRIDGES

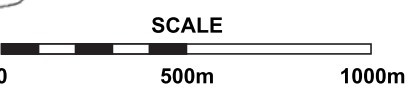
START  
See detailed Start map

DO NOT GO BEYOND THIS BRIDGE

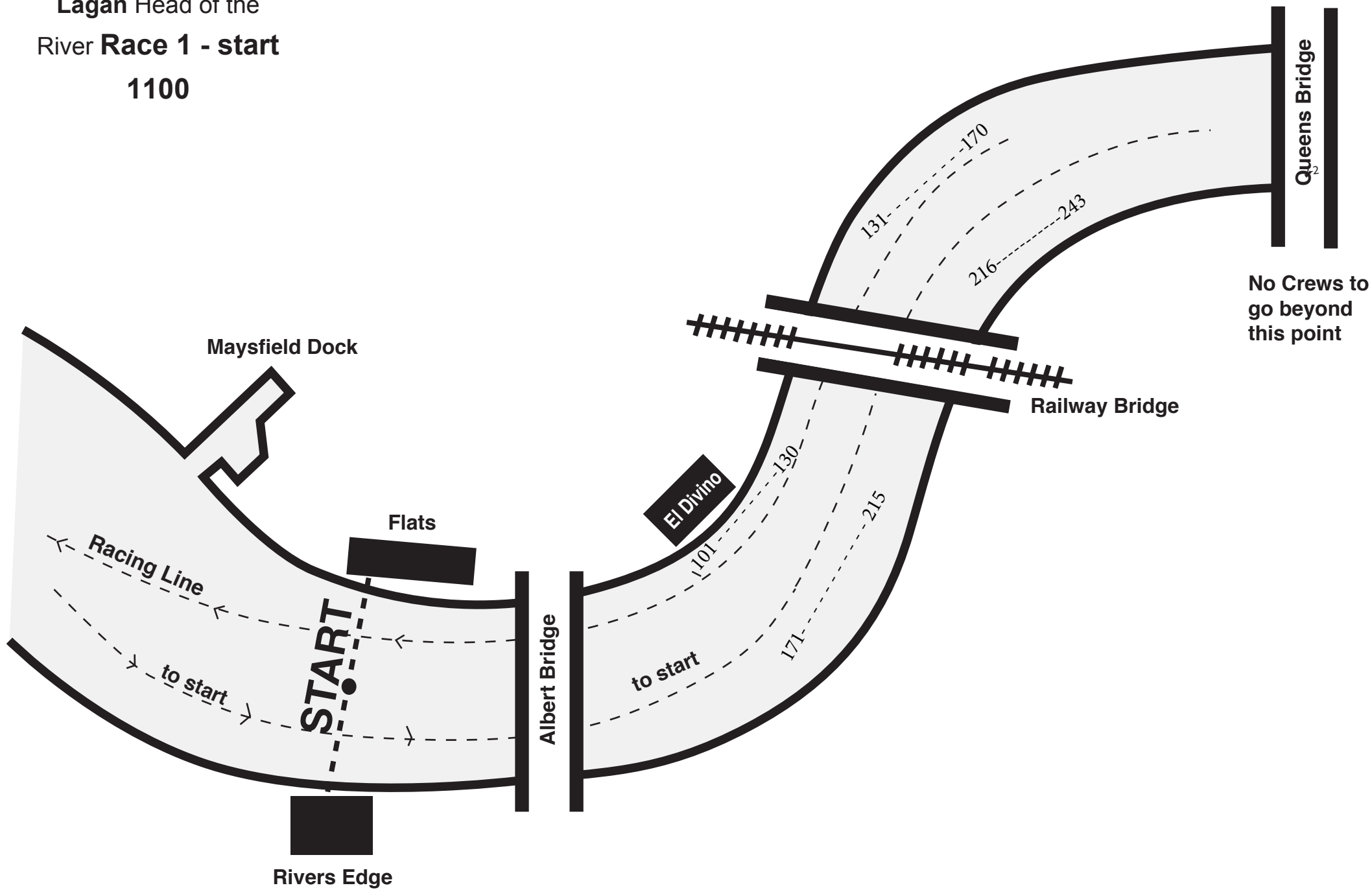
Abercorn Basin

Queen's Island

Albert Quay



Lagan Head of the  
River **Race 1 - start**  
1100



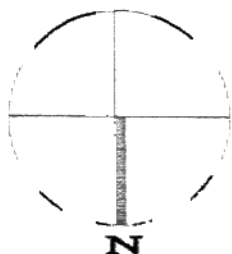


# Lagan Head of the River

Race 2  
1400

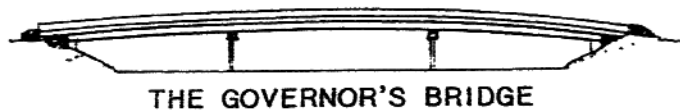
## BRIDGES

The Bridges are as seen when racing and are not drawn to scale.

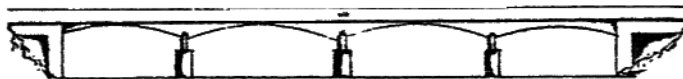


Co. DOWN

Co. ANTRIM



THE GOVERNOR'S BRIDGE



KING'S BRIDGE



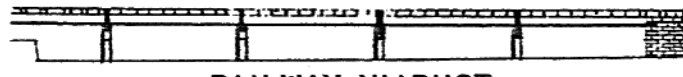
ORMEAU BRIDGE



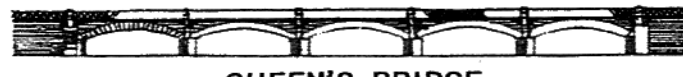
McCONNELL PIER



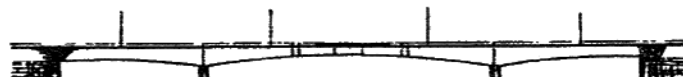
ALBERT BRIDGE



RAILWAY VIADUCT



QUEEN'S BRIDGE



QUEEN ELIZABETH BRIDGE



LAGAN WEIR



LAGAN & DARGAN BRIDGES

Abercorn Basin  
Queen's Island  
Albert Quay  
SEE START PLAN FOR MORE DETAILS

SCALE

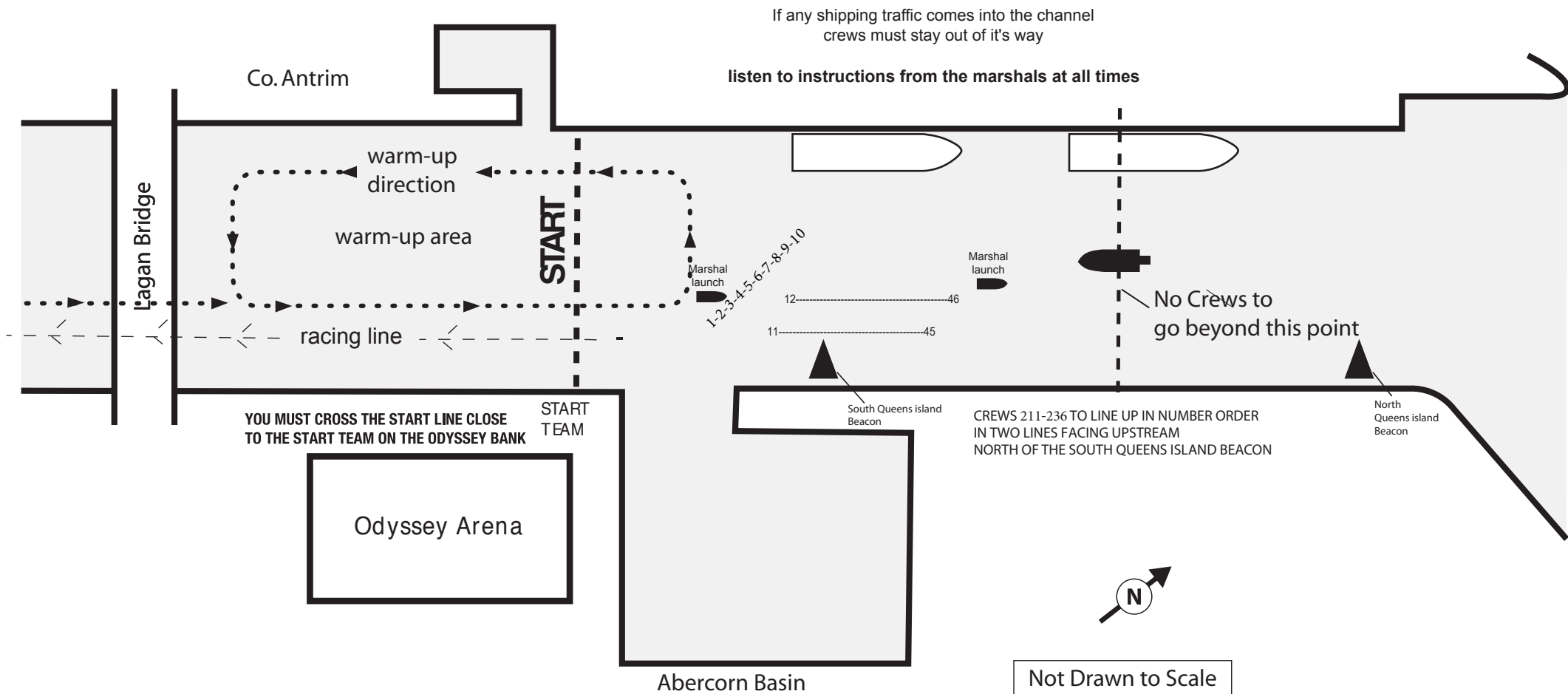


Please note the **WARM-UP CIRCULATION PATTERN** and marshalling area  
Once over the Lagan Weir, keep to the Co. Down Bank (Odyssey Arena side)  
and circulate **ANTI-CLOCKWISE** - only if you have time to do so.  
**OR** move straight to your position below the start line

# Lagan Head of the River Race 2 - start 1400

Crews should be in position at least 10 minutes before race start

**5 MINUTES BEFORE START - HORN WILL SOUND TWICE**  
**START - HORN WILL SOUND ONCE**



# RACE 1 – 1100 - LAUNCHING ORDER

## BBC Slipway

Crew No.	Event Name	Crew name	ID/class	Slip Time
104	Mens J18A 4X-	Portadown	T Taylor	1020-1030
108	Mens Intermediate 4+	Commercial A	C Moloney	1020-1030
109	Mens Intermediate 4+	Commercial B	E Moody	1020-1030
119	Womens J18A 4X-	Commercial A	A Bonner	1020-1030
121	Womens J18A 4X-	Belfast BC	R McCollam	1020-1030
122	Womens J18A 4X-	Commercial B	R Sweeney	1020-1030
125	Womens Club 1 4X+	Newry	S Kearney	1020-1030
134	Mens Senior 1X	Belfast BC	P Jacques	1020-1030
139	Mens J18A 1X	Commercial	J Curran	1020-1030
142	Mens J18A 1X	Newry	S Kearney	1010-1020
143	Mens J18A 1X	Commercial	A Grahamsmythe	1010-1020
150	Mens Club 1 1X	Newry	F Carolan	1010-1020
153	Mens Masters 2X	Belfast BC	A England	1010-1020
160	Mens J16 4X+	Newry	G Kearney	1010-1020
161	Mens J16 4X+	Neptune	H Curran	1010-1020
162	Mens J16 4X+	Commercial	J Byrne	1010-1020
163	Mens J16 4+	Neptune	C O'Sullivan	1010-1020
165	Mens J15 4X+	Commercial	C Shaw	1010-1020
169	Mens J16 2X	Neptune	R Hynes	1010-1020
173	Mens J15 2X	Neptune	C Traynor	1010-1020
174	Mens J15 2X	Portadown	S Sinnamon	1000-1010
176	Womens Masters 4+	Neptune	R Nelson	1000-1010
178	Womens Masters 4X-	Portadown	C McCann	1000-1010
182	Womens Masters 4X-	Belfast BC	S Herron	1000-1010
187	Womens J18A 2X	Commercial	G Kenny	1000-1010
188	Womens J18A 2X	Portadown	M Mullan	1000-1010
189	Womens J16 4X+	Neptune	V Stroie	1000-1010
195	Mens Masters 1X	Commercial	P Fowler	1000-1010
196	Mens Masters 1X	Belfast BC	S Lockwood	1000-1010
200	Womens Club 1 2X	Commercial	N Doogan	1000-1010
201	Womens Club 1 2X	Belfast BC	R Smylie	0950-1000
209	Womens Masters 2X	Belfast BC	U Purdy	0950-1000
213	Mens J14 4X+	Portadown	D Taylor	0950-1000
215	Mens J14 4X+	Commercial	O Smyth	0950-1000
218	Womens Club 1 1X	Neptune	F McDonnell	0950-1000
219	Womens Club 1 1X	Newry	S McKeivitt	0950-1000
220	Womens Club 1 1X	Belfast BC	L Lamont	0950-1000
225	Womens J15 4X+	Commercial	N Maguire	0950-1000
227	Womens J16 2X	Neptune	M McLoughlin	0950-1000
230	Womens J16 2X	Commercial	C Sexton	0950-1000
231	Womens J16 2X	Newry	A McPolin	0940-0950
234	Womens Masters 1X	Belfast BC	A Forsythe	0940-0950
235	Womens Masters 1X	Neptune	J O'Gorman	0940-0950
237	Womens J15 2X	Portadown	G Dyer	0940-0950
238	Womens J15 2X	Neptune	A Clarke	0940-0950
240	Womens J14 4X+	Newry	B O'Donoghue	0940-0950
241	Womens J14 4X+	Neptune	K Dunne	0940-0950

## **RACE START – 1100**

**It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.**

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

**Crews must leave their oars close by the slipway before putting their boat on the water.**

The above launching times will be strictly adhered to and any crew failing to launch on time will be put to the back. Crews causing unnecessary delays on the slipways may incur time penalties at the discretion of the slip stewards.

# RACE 1 – 1100 - LAUNCHING ORDER

## BRC Slipway

Crew No.	Event Name	Crew name	ID/class	Slip Time
102	Mens J18A 4X-	Enniskillen A	M Shaw	1020-1030
103	Mens J18A 4X-	Bann	C Ackermann	1020-1030
105	Mens J18A 4X-	RBAI	R McElhinney	1020-1030
107	Mens J18A 4X-	Enniskillen B	E Donaghy	1020-1030
110	Mens J18A 4+	Enniskillen	K Fee	1020-1030
111	Mens J18A 4+	RBAI	M Robinson	1020-1030
115	Mens J18A 2X	Bann A	A Graham	1020-1030
116	Mens J18A 2X	Enniskillen A	K Oliver	1020-1030
117	Mens J18A 2X	Bann B	S Johnston	1020-1030
118	Mens J18A 2X	Enniskillen B	T Murphy	1010-1020
120	Womens J18A 4X-	Enniskillen	R Cullinan	1010-1020
123	Womens J18A 4X+	Bann	J Lyons	1010-1020
124	Womens Club 1 4X+	Belfast RC	B Donoghue	1010-1020
128	Womens Club 2 8+	Belfast RC	T McCaughtry	1010-1020
130	Mens Masters 4+	Portora	R Farragher	1010-1020
131	Mens Masters 4+	Bann	M Dillion	1010-1020
132	Mens Masters 4+	Belfast BC / Commercial / Belfast RC / Neptune	J McAleer	1010-1020
140	Mens J18A 1X	RBAI	B Hanna	1010-1020
141	Mens J18A 1X	Enniskillen	J Halliday	1010-1020
144	Mens J18A 1X	RBAI	Z Moore	1010-1020
145	Mens Club 1 1X	Belfast RC	J Harris	1000-1010
149	Mens Club 1 1X	Enniskillen	C Richardson	1000-1010
151	Mens Club 1 1X	Belfast RC	D Lowry	1000-1010
154	Mens Masters 2X	Belfast RC	P Rowland	1000-1010
158	Mens J16 4X+	RBAI	O Mercer	1000-1010
164	Mens J15 8+	Enniskillen	O McNeary	1000-1010
167	Mens J15 4X+	Bann	T Lawrence	1000-1010
168	Mens J16 2X	Enniskillen A	O Kelly	1000-1010
170	Mens J16 2X	Enniskillen B	H McChesney	1000-1010
171	Mens J15 2X	Bann	C Cardwell	1000-1010
172	Mens J15 2X	Enniskillen	E Rusk	0950-1000
175	Womens Masters 4X+	Belfast RC A	J Drennan	0950-1000
177	Womens Masters 4X+	Portora	M McCreesh	0950-1000
179	Womens Masters 4X-	Portora	C Dane	0950-1000
180	Womens Masters 4X+	Belfast RC B	P Griffiths	0950-1000
186	Womens J18A 2X	Bann	C Campbell	0950-1000
191	Womens J15 8+	Enniskillen	H Naylor	0950-1000
192	Womens Senior 1X	Bann	K Shirlow	0950-1000
214	Mens J14 4X+	Enniskillen	C Bell	0950-1000
216	Mens J14 4X+	Bann	C George	0950-1000
222	Womens Novice 4X+	Belfast RC	G McCaughtry	0940-0950
224	Womens J15 4X+	Enniskillen	J Thompson	0940-0950
228	Womens J16 2X	Enniskillen	E Johnston	0940-0950
233	Womens Masters 1X	Belfast RC	H Howard	0940-0950
236	Womens J15 2X	Enniskillen	G Collins	0940-0950
239	Womens J14 4X+	Enniskillen A	A Wilson	0940-0950
242	Womens J14 4X+	Bann	E McAleer	0940-0950
243	Womens J14 4X+	Enniskillen B	E Carty	0940-0950

## RED FLAG at McCONNELL PIER 1050

### ***RACE START – 1100***

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# RACE 1 – 1100 - LAUNCHING ORDER

## LSC Slipway

Crew No.	Event Name	Crew name	ID/class	Slip Time
146	Mens Club 1 1X	Lagan	L McCann	1020-1030
147	Mens Club 1 1X	C of Derry	C McKinney	1020-1030
152	Mens Club 1 1X	Lagan	R O'Connor	1020-1030
155	Mens Masters 2X	Lagan	J Phelan	1020-1030
181	Womens Masters 4X-	Lagan	L Venkatraman	1010-1020
197	Mens Masters 1X	Athlone	P Gallen	1010-1020
203	Womens J18A 1X	Donegal Bay	I Maguire	1010-1020
205	Womens J18A 1X	Donegal Bay	G Masterson	1010-1020
207	Womens J18A 1X	C of Derry	C McKinney	1000-1010
208	Womens J18A 1X	Donegal Bay	M McNamara	1000-1010
210	Womens Masters 2X	Lagan	S Toland	1000-1010
226	Mens Masters 1X	Lagan	S Smith	1000-1010
232	Womens Masters 1X	Lagan	J Smith	1000-1010

### RED FLAG at McCONNELL PIER 1050

#### **RACE START – 1100**

**It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.**

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

**Crews must leave their oars close by the slipway before putting their boat on the water.**

The above launching times will be strictly adhered to and any crew failing to launch on time will be put to the back. Crews causing unnecessary delays on the slipways may incur time penalties at the discretion of the slip stewards.

# RACE 1 – 1100 - LAUNCHING ORDER

## MCB Slipway

Crew No.	Event Name	Crew name	ID/class	Slip Time
101	Mens J18A 4X-	Methodist	C Duncan	1020-1030
106	Mens J18A 4X-	CGS	S Edgar	1020-1030
114	Mens Senior 2-	Methodist	J Ryan	1020-1030
157	Mens J16 4X+	Methodist	L Ferguson	1020-1030
159	Mens J16 4X+	CGS	A Fell	1020-1030
166	Mens J15 4X+	Methodist	M Craig	1020-1030
190	Womens J16 4X+	Methodist	M Flynn	1010-1020
204	Womens J18A 1X	CGS	A Martin	1010-1020
206	Womens J18A 1X	Methodist	S Young	1010-1020
229	Womens J16 2X	CGS	D Deal	1010-1020

### RED FLAG at McCONNELL PIER 1050

#### **RACE START – 1100**

**It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.**

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

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# RACE 1 – 1100 - LAUNCHING ORDER

## QUB Slipway

Crew No.	Event Name	Crew name	ID/class	Slip Time
112	Mens Club 2 8+	QUBBC	J Harte	1020-1030
113	Mens Senior 2-	QUBBC	M Boyce	1020-1030
126	Womens Club 2 8+	QUBLBC A	N Roberts	1020-1030
127	Womens Club 2 8+	DULBC	M Cocoman	1020-1030
129	Womens Club 2 8+	QUBLBC B	M Lynch	1020-1030
133	Mens Senior 1X	QUBBC	F Bryce	1020-1030
135	Mens Senior 1X	QUBBC	H Moore	1020-1030
136	Womens Senior 2X	QUBLBC	F Curtis	1010-1020
137	Mens Intermediate 1X	QUBBC	J Foley	1010-1020
138	Mens Intermediate 1X	QUBBC	D Murtagh	1010-1020
148	Mens Club 1 1X	DUBC	C Hutchinson	1010-1020
156	Womens Senior 2-	Anna Liffey BC	G Crowe	1010-1020
183	Mens Novice 8+	QUBBC	S Williams	1010-1020
184	Womens Club 1 4X+	DULBC	L Hassett	1010-1020
185	Womens J18A 2X	QUBLBC	T Harper	1000-1010
193	Womens Senior 1X	QUBLBC	S McCormick	1000-1010
194	Womens Senior 1X	DULBC	G Healy	1000-1010
198	Womens Intermediate 1X	QUBLBC	A McAleer	1000-1010
199	Womens Club 1 2X	QUBLBC A	O Sonner	1000-1010
202	Womens Club 1 2X	QUBLBC B	G Thornycroft	1000-1010
211	Womens Novice 8+	DULBC A	R Slocock	1000-1010
212	Womens Novice 8+	DULBC B	C Dooley	0950-1000
217	Womens Club 1 1X	QUBLBC	J Lonergan	0950-1000
221	Womens Club 1 1X	QUBLBC	C McClements	0950-1000
223	Womens Novice 4+	QUBLBC	M James	0950-1000

### RED FLAG at McCONNELL PIER 1050

#### RACE START – 1100

**It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.**

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

**Crews must leave their oars close by the slipway before putting their boat on the water.**

The above launching times will be strictly adhered to and any crew failing to launch on time will be put to the back. Crews causing unnecessary delays on the slipways may incur time penalties at the discretion of the slip stewards.

# RACE 2 – 1400 - LAUNCHING ORDER

## BBC Slipway

Crew No.	Event Name	Crew name	ID/class	Slip Time
1	Mens Senior 8+	Commercial	E Moody	1310-1320
8	Mens Club 1 8+	Belfast BC	D Marquess	1310-1320
16	Womens Senior 4X-	Neptune	K Dooley	1310-1320
17	Womens Senior 4X-	Belfast BC	R Smylie	1310-1320
19	Mens Masters 8+	Neptune	L Williams	1310-1320
29	Womens J18A 8+	Commercial	I Murphy	1310-1320
31	Womens Club 1 8+	Newry	D Flanagan	1300-1310
34	Mens J16 8+	Neptune	C O'Sullivan	1300-1310
35	Mens J16 8+	Commercial	J Byrne	1300-1310
37	Womens Masters 8+	Neptune	R Nelson	1300-1310
40	Womens Masters 8+	Belfast BC / Anna Liffey BC / Tribesmen	V Coulter	1300-1310

### RED FLAG at McCONNELL PIER 1345

#### RACE START – 1400

**It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.**

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

**Crews must leave their oars close by the slipway before putting their boat on the water.** The above launching times will be strictly adhered to and any crew failing to launch on time will be put to the back. Crews causing unnecessary delays on the slipways may incur time penalties at the discretion of the slip stewards.

# RACE 2 – 1400 - LAUNCHING ORDER

## BRC/RBAI Slipway

Crew No.	Event Name	Crew name	ID/class	Slip Time
4	Mens Senior 4X-	Belfast RC	T McCaughtry	1310-1320
9	Mens J18A 8+	Enniskillen	K Fee	1310-1320
10	Mens J18A 8+	Bann	A Smyth	1310-1320
15	Womens Senior 4X-	Belfast RC / Bann	A Odonovan	1310-1320
20	Mens Masters 8+	Portora	R Farragher	1310-1320
21	Mens Masters 8+	Belfast BC	M McLean	1310-1320
22	Mens Masters 8+	Belfast RC	S Mairs	1300-1310
23	Mens Masters 8+	Belfast BC / Athlone / Commercial / Neptune / C of Derry / Portora	S Bellamy	1300-1310
28	Womens J18A 8+	Enniskillen	A Wilson	1300-1310
33	Mens J16 8+	Enniskillen	D Montgomery	1300-1310
38	Womens Masters 8+	Belfast RC/ Portadown	J McAleer	1300-1310
39	Womens Masters 8+	Portora	J Murphy	1300-1310
42	Womens J16 8+	Enniskillen A	I Flemming	1250-1300
45	Womens J16 8+	Enniskillen B	H Naylor	1250-1300

### RED FLAG at McCONNELL PIER 1345

#### RACE START – 1400

**It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.**

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

**Crews must leave their oars close by the slipway before putting their boat on the water.** The above launching times will be strictly adhered to and any crew failing to launch on time will be put to the back. Crews causing unnecessary delays on the slipways may incur time penalties at the discretion of the slip stewards.

# RACE 2 – 1400 - LAUNCHING ORDER

## LSC Slipway

Crew No.	Event Name	Crew name	ID/class	Slip Time
6	Mens Senior 4X-	Lagan B	C McBurney	1310-1320
3	Mens Senior 4X-	Lagan A	J Phelan	1310-1320

### RED FLAG at McCONNELL PIER 1345

#### **RACE START – 1400**

**It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.**

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

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# RACE 2 – 1400 - LAUNCHING ORDER

## MCB Slipway

Crew No.	Event Name	Crew name	ID/class	Slip Time
44	Womens J16 8+	CGS	A Fell	1300-1320
43	Womens J16 8+	Methodist	M Flynn	1300-1320
36	Mens J16 8+	Methodist B	M Craig	1300-1320
32	Mens J16 8+	Methodist A	L Ferguson	1300-1320
12	Mens Senior 4+	Methodist	C Kermenstein	1300-1320

### RED FLAG at McCONNELL PIER 1345

#### **RACE START – 1400**

**It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.**

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

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# RACE 2 – 1400 - LAUNCHING ORDER

## QUB Slipway

Crew No.	Event Name	Crew name	ID/class	Slip Time
2	Mens Senior 4X-	QUBBC A	D Lanza	1310-1320
5	Mens Senior 4X-	QUBBC B	F Duffy	1310-1320
7	Mens Senior 4X-	QUBBC C	J Foley	1310-1320
11	Mens Senior 4+	QUBBC	J Harte	1310-1320
13	Womens Senior 8+	DULBC	M Cocoman	1310-1320
14	Womens Senior 4X-	QUBLBC A	F Curtis	1300-1310
18	Womens Senior 4X-	QUBLBC B	S McCormick	1300-1310
24	Womens Senior 4+	DULBC A	H Devitt	1300-1310
25	Womens Senior 4+	QUBLBC A	N Roberts	1300-1310
26	Womens Senior 4+	DULBC B	L O'Keefe	1300-1310
27	Womens Senior 4+	QUBLBC B	C James	1250-1300
30	Womens Club 1 8+	DULBC	M Hannan	1250-1300
41	Mens Masters 8+	LVBC	M Warnock	1250-1300

### RED FLAG at McCONNELL PIER 1345

#### RACE START – 1400

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Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

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Lagan Head of the River - Race 1 -Saturday 11th February 2023 at 1100

**Start Order**

Crew No	Club	Class	Cox/Steerer	ID/Class
101	Methodist	Mens J18A 4X-	C Duncan	
102	Enniskillen	Mens J18A 4X-	M Shaw	A
103	Bann	Mens J18A 4X-	C Ackermann	
104	Portadown	Mens J18A 4X-	T Taylor	
105	RBAI	Mens J18A 4X-	R McElhinney	
106	CGS	Mens J18A 4X-	S Edgar	
107	Enniskillen	Mens J18A 4X-	E Donaghy	B
108	Commercial	Mens Intermediate 4+	C Moloney	A
109	Commercial	Mens Intermediate 4+	E Moody	B
110	Enniskillen	Mens J18A 4+	K Fee	
111	RBAI	Mens J18A 4+	M Robinson	
112	QUBBC	Mens Club 2 8+	J Harte	
113	QUBBC	Mens Senior 2-	M Boyce	
114	Methodist	Mens Senior 2-	J Ryan	
115	Bann	Mens J18A 2X	A Graham	A
116	Enniskillen	Mens J18A 2X	K Oliver	A
117	Bann	Mens J18A 2X	S Johnston	B
118	Enniskillen	Mens J18A 2X	T Murphy	B
119	Commercial	Womens J18A 4X-	A Bonner	A
120	Enniskillen	Womens J18A 4X-	R Cullinan	
121	Belfast BC	Womens J18A 4X-	R McCollam	
122	Commercial	Womens J18A 4X-	R Sweeney	B
123	Bann	Womens J18A 4X+	J Lyons	
124	Belfast RC	Womens Club 1 4X+	B Donoghue	
125	Newry	Womens Club 1 4X+	S Kearney	
126	QUBLBC	Womens Club 2 8+	N Roberts	A
127	DULBC	Womens Club 2 8+	M Cocoman	
128	Belfast RC	Womens Club 2 8+	T McCaughtry	
129	QUBLBC	Womens Club 2 8+	M Lynch	B
130	Portora	Mens Masters 4+	R Farragher	(d 208)
131	Bann	Mens Masters 4+	M Dillion	(e 222)
132	Belfast BC / Commercial / Belfast RC / Neptune	Mens Masters 4+	J McAleer	(g 262)
133	QUBBC	Mens Senior 1X	F Bryce	
134	Belfast BC	Mens Senior 1X	P Jacques	
135	QUBBC	Mens Senior 1X	H Moore	
136	QUBLBC	Womens Senior 2X	F Curtis	
137	QUBBC	Mens Intermediate 1X	J Foley	
138	QUBBC	Mens Intermediate 1X	D Murtagh	
139	Commercial	Mens J18A 1X	J Curran	
140	RBAI	Mens J18A 1X	B Hanna	
141	Enniskillen	Mens J18A 1X	J Halliday	
142	Newry	Mens J18A 1X	S Kearney	
143	Commercial	Mens J18A 1X	A Grahamsmythe	
144	RBAI	Mens J18A 1X	Z Moore	
145	Belfast RC	Mens Club 1 1X	J Harris	

146	Lagan	Mens Club 1 1X	L McCann	
147	C of Derry	Mens Club 1 1X	C McKinney	
148	DUBC	Mens Club 1 1X	C Hutchinson	
149	Enniskillen	Mens Club 1 1X	C Richardson	
150	Newry	Mens Club 1 1X	F Carolan	
151	Belfast RC	Mens Club 1 1X	D Lowry	
152	Lagan	Mens Club 1 1X	R O'Connor	
153	Belfast BC	Mens Masters 2X	A England	(a 55)
154	Belfast RC	Mens Masters 2X	P Rowland	(c 87)
155	Lagan	Mens Masters 2X	J Phelan	(f 125)
156	Anna Liffey BC	Womens Senior 2-	G Crowe	
157	Methodist	Mens J16 4X+	L Ferguson	
158	RBAI	Mens J16 4X+	O Mercer	
159	CGS	Mens J16 4X+	A Fell	
160	Newry	Mens J16 4X+	G Kearney	
161	Neptune	Mens J16 4X+	H Curran	
162	Commercial	Mens J16 4X+	J Byrne	
163	Neptune	Mens J16 4+	C O'Sullivan	
164	Enniskillen	Mens J15 8+	O McNeary	
165	Commercial	Mens J15 4X+	C Shaw	
166	Methodist	Mens J15 4X+	M Craig	
167	Bann	Mens J15 4X+	T Lawrence	
168	Enniskillen	Mens J16 2X	O Kelly	A
169	Neptune	Mens J16 2X	R Hynes	
170	Enniskillen	Mens J16 2X	H McChesney	B
171	Bann	Mens J15 2X	C Cardwell	
172	Enniskillen	Mens J15 2X	E Rusk	
173	Neptune	Mens J15 2X	C Traynor	
174	Portadown	Mens J15 2X	S Sinnamon	
175	Belfast RC	Womens Masters 4X+	J Drennan	(c 189) A
176	Neptune	Womens Masters 4+	R Nelson	(d 203)
177	Portora	Womens Masters 4X+	M McCreesh	(d 216)
178	Portadown	Womens Masters 4X-	C McCann	(d 208)
179	Portora	Womens Masters 4X-	C Dane	(d 202)
180	Belfast RC	Womens Masters 4X+	P Griffiths	(d 206) B
181	Lagan	Womens Masters 4X-	L Venkatraman	(f 249)
182	Belfast BC	Womens Masters 4X-	S Herron	(f 258)
183	QUBBC	Mens Novice 8+	S Williams	
184	DULBC	Womens Club 1 4X+	L Hassett	
185	QUBLBC	Womens J18A 2X	T Harper	
186	Bann	Womens J18A 2X	C Campbell	
187	Commercial	Womens J18A 2X	G Kenny	
188	Portadown	Womens J18A 2X	M Mullan	
189	Neptune	Womens J16 4X+	V Stroie	
190	Methodist	Womens J16 4X+	M Flynn	
191	Enniskillen	Womens J15 8+	H Naylor	
192	Bann	Womens Senior 1X	K Shirlow	
193	QUBLBC	Womens Senior 1X	S McCormick	
194	DULBC	Womens Senior 1X	G Healy	
195	Commercial	Mens Masters 1X	P Fowler	(d)



196	Belfast BC	Mens Masters 1X	S Lockwood	(h)
197	Athlone	Mens Masters 1X	P Gallen	(h)
198	QUBLBC	Womens Intermediate 1	A McAleer	
199	QUBLBC	Womens Club 1 2X	O Sonner	A
200	Commercial	Womens Club 1 2X	N Doogan	
201	Belfast BC	Womens Club 1 2X	R Smylie	
202	QUBLBC	Womens Club 1 2X	G Thornycroft	B
203	Donegal Bay	Womens J18A 1X	I Maguire	
204	CGS	Womens J18A 1X	A Martin	
205	Donegal Bay	Womens J18A 1X	G Masterson	
206	Methodist	Womens J18A 1X	S Young	
207	C of Derry	Womens J18A 1X	C McKinney	
208	Donegal Bay	Womens J18A 1X	M McNamara	
209	Belfast BC	Womens Masters 2X	U Purdy	(e 115)
210	Lagan	Womens Masters 2X	S Toland	(e 117)
211	DULBC	Womens Novice 8+	R Slocock	A
212	DULBC	Womens Novice 8+	C Dooley	B
213	Portadown	Mens J14 4X+	D Taylor	
214	Enniskillen	Mens J14 4X+	C Bell	
215	Commercial	Mens J14 4X+	O Smyth	
216	Bann	Mens J14 4X+	C George	
217	QUBLBC	Womens Club 1 1X	J Lonergan	
218	Neptune	Womens Club 1 1X	F McDonnell	
219	Newry	Womens Club 1 1X	S McKeivitt	
220	Belfast BC	Womens Club 1 1X	L Lamont	
221	QUBLBC	Womens Club 1 1X	C McClements	
222	Belfast RC	Womens Novice 4X+	G McCaughtry	
223	QUBLBC	Womens Novice 4+	M James	
224	Enniskillen	Womens J15 4X+	J Thompson	
225	Commercial	Womens J15 4X+	N Maguire	
226	Lagan	Mens Masters 1X	S Smith	(j)
227	Neptune	Womens J16 2X	M McLoughlin	
228	Enniskillen	Womens J16 2X	E Johnston	
229	CGS	Womens J16 2X	D Deal	
230	Commercial	Womens J16 2X	C Sexton	
231	Newry	Womens J16 2X	A McPolin	
232	Lagan	Womens Masters 1X	J Smith	(b)
233	Belfast RC	Womens Masters 1X	H Howard	(f)
234	Belfast BC	Womens Masters 1X	A Forsythe	(g)
235	Neptune	Womens Masters 1X	J O'Gorman	(h)
236	Enniskillen	Womens J15 2X	G Collins	
237	Portadown	Womens J15 2X	G Dyer	
238	Neptune	Womens J15 2X	A Clarke	
239	Enniskillen	Womens J14 4X+	A Wilson	A
240	Newry	Womens J14 4X+	B O'Donoghue	
241	Neptune	Womens J14 4X+	K Dunne	
242	Bann	Womens J14 4X+	E McAleer	
243	Enniskillen	Womens J14 4X+	E Carty	B

Lagan Head of the River - Race 2 -Saturday 11th February 2023 at 1400

**Start Order**

Crew No	Club	Class	Cox/Steerer	ID/Class
1	Commercial	Mens Senior 8+	E Moody	
2	QUBBC	Mens Senior 4X-	D Lanza	A
3	Lagan	Mens Senior 4X-	J Phelan	A
4	Belfast RC	Mens Senior 4X-	T McCaughtry	
5	QUBBC	Mens Senior 4X-	F Duffy	B
6	Lagan	Mens Senior 4X-	C McBurney	B
7	QUBBC	Mens Senior 4X-	J Foley	C
8	Belfast BC	Mens Club 1 8+	D Marquess	
9	Enniskillen	Mens J18A 8+	K Fee	
10	Bann	Mens J18A 8+	A Smyth	
11	QUBBC	Mens Senior 4+	J Harte	
12	Methodist	Mens Senior 4+	C Kermenstein	
13	DULBC	Womens Senior 8+	M Cocoman	
14	QUBLBC	Womens Senior 4X-	F Curtis	A
15	Belfast RC / Bann	Womens Senior 4X-	A Odonovan	
16	Neptune	Womens Senior 4X-	K Dooley	
17	Belfast BC	Womens Senior 4X-	R Smylie	
18	QUBLBC	Womens Senior 4X-	S McCormick	B
19	Neptune	Mens Masters 8+	L Williams	(d 428)
20	Portora	Mens Masters 8+	R Farragher	(d 420)
21	Belfast BC	Mens Masters 8+	M McLean	(g 539)
22	Belfast RC	Mens Masters 8+	S Mairs	(f 516)
23	Belfast BC/Athlone/Com/Neps/C of D/Portora	Mens Masters 8+	S Bellamy	(g 528)
24	DULBC	Womens Senior 4+	H Devitt	A
25	QUBLBC	Womens Senior 4+	N Roberts	A
26	DULBC	Womens Senior 4+	L O'Keefe	B
27	QUBLBC	Womens Senior 4+	C James	B
28	Enniskillen	Womens J18A 8+	A Wilson	
29	Commercial	Womens J18A 8+	I Murphy	
30	DULBC	Womens Club 1 8+	M Hannan	
31	Newry	Womens Club 1 8+	D Flanagan	
32	Methodist	Mens J16 8+	L Ferguson	A
33	Enniskillen	Mens J16 8+	D Montgomery	
34	Neptune	Mens J16 8+	C O'Sullivan	
35	Commercial	Mens J16 8+	J Byrne	
36	Methodist	Mens J16 8+	M Craig	B
37	Neptune	Womens Masters 8+	R Nelson	(c 368)
38	Belfast RC / Portadown	Womens Masters 8+	J McAleer	(d 412)
39	Portora	Womens Masters 8+	J Murphy	(d 427)
40	Belfast BC/Anna Liffey BC/Tribesmen	Womens Masters 8+	V Coulter	(d 435)
41	LVBC	Mens Masters 8+	M Warnock	(h 575)
42	Enniskillen	Womens J16 8+	I Flemming	A
43	Methodist	Womens J16 8+	M Flynn	
44	CGS	Womens J16 8+	A Fell	
45	Enniskillen	Womens J16 8+	H Naylor	B

46	Enniskillen	Womens J16 8+	G Ralph	C
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