



Belfast Rowing Club

Lagan Head of the River

Saturday 11th February 2023

Organised by Belfast Rowing Club

with co-operation from the Department for Communities, Belfast Harbour Commissioners and the Odyssey Trust

Events offered as follows -

Race 1 - 2700m at 1100

Classes	Men's								Women's							
	8+	4+	4-	2-	4X+	4X-	2X	1X	8+	4+	4-	2-	4X+	4X-	2X	1X
Senior				•			•	•				•			•	•
Intermediate		•						•		•						•
Club 1		•			•		•	•		•			•		•	•
Club 2	•								•							
Novice	•	•			•				•	•			•			
J18		•		•	•	•	•	•		•		•	•	•	•	•
J16		•			•		•			•			•		•	
J15	•				•		•		•				•		•	
J14					•								•			
Masters		•		•	•	•	•	•		•		•	•	•	•	•

Race 2 - 4200m at 1400

Classes	Men's								Women's							
	8+	4+	4-	2-	4X+	4X-	2X	1X	8+	4+	4-	2-	4X+	4X-	2X	1X
Senior	•	•	•			•			•	•	•			•		
Intermediate	•								•							
Club 1	•								•							
J18	•								•							
J16	•								•							
Masters	•								•							

Medals will be awarded to the fastest crew in each class where there are at least three entries.

The event will be run to Rowing Ireland rules and all entries MUST be via the Rowing Ireland Tracker System. Overseas Clubs not affiliated with Rowing Ireland may enter - please contact laganhead@gmail.com for info.

Entry Fees (£stg) Eights - £60 / Fours & Quads - £40 / Pairs & Doubles - £20 / Singles - £10

Entries close on **1st February at 7pm** and as above will be accepted only via Rowing Ireland Tracker. Clubs are liable for full entry fees once the draw is published. Entry fees are to be paid in full prior to collection of Bow Numbers.

Fees payable to 'Belfast Rowing Club' by Bank Transfer

Sort Code: **95-01-21** Account No.: **01003623** Payment Reference: "**ClubName_LAHEntry23**"

For more information contact **GARTH NEWBERRY**

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