RACE INFORMATION

including -

Steerers Instructions
Course Maps
Marshal Plans
Start Orders
Slipping Timetables

RACE 1 – 2700m Crews 101-235 - Start 1100

COXWAINS AND STEERERS INSTRUCTIONS

Be COVID aware - please be careful and respectful

Registration and collection of RACE NUMBERS for BOTH RACES will be open from 0830 at Belfast Rowing Club – all entry fees to be paid before numbers can be collected. A Deposit of £10 or €10 for EACH NUMBER is required – no deposit no number - this deposit will only be returned when the number is returned following racing – no number no deposit returned. Only one person from each club to collect numbers – not individual crews.

There will be a briefing prior to the race at 0940 at BRC, even though all instructions are contained within this document – it is your responsibility to ensure your coxes/steerers are familiar with this document and the instructions/rules therein – any queries to laganhead@gmail.com

Launching Race 1 – from 0954 (check your allocated time on launching orders)

McConnell Pier Race 1 - 1050 cut-off time

Race Starts Race 1 - 1100

The plastic number supplied at registration must be placed securely in the empacher slot on the bows of all boats, If you lose it before the start or the finish shout your number clearly to the timing teams.

Launching

Note your allocated launching slip and time. Follow the instructions of the slip steward.

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Slip stewards may check boats launching and those without heel restraints, bow balls or numbers slots or are considered unsafe, will not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes must wear buoyancy aids.

Oars must be placed adjacent to the slip before launching. Final adjustments must be made after pushing off the stage. If you miss your slot you go to the back of the queue or on the slip steward's instruction take the place of a crew which has scratched.

BOATS SHOULD BE LAUNCHED WITH THE BOWS FACING DOWNSTREAM TOWARDS START

Proceeding to the start

Rules of the River - KEEP TO THE Co. DOWN (bowside) bank on the way downstream.

Governor's Bridge two right hand arches (as seen facing)
King's Bridge two right hand arches (as seen facing)
Ormeau Bridge two right hand arches (as seen facing)

McConnell Pier Cut-off time 1050 (Race 2)

Crews must be past the McConnell Pier by the time indicated otherwise they will be disqualified and will have to return to the boat houses.

This point is non-negotiable and NO exceptions can be made for safety reasons.

Albert Bridge right hand Co Down arch Railway Bridge second arch from right

Queen's Bridge DO NOT GO THROUGH

CREWS COMPETING IN RACE 1 ARE NOT TO GO BEYOND THIS BRIDGE.

Marshalling in the start area

There will be marshals along the entire course recording numbers of crews who fail to comply with the rules of racing. If you fail to comply with the racing rules you will be reported to the Race Director who has the right to impose a time penalty.

Boats will turn upstream of the Queen's Bridge and marshal in the vicinity of the Railway Viaduct but not closer than 200 metres to the Albert Bridge with their bows pointing upstream. Check the details on the plan enclosed.

5 minutes before the start the horn will sound TWICE,

Respond immediately to any advice given by the Race Marshals in the launches – they have local knowledge and also the power to impose time penalties for failure to comply with the rules and advice laid out in these instructions.

RACE START - A SINGLE BLAST OF THE HORN will signal the race start.

Starting with crew Number 101, the crews will be called up by the Marshal and can begin to build up pressure as they pass under the right hand arch of the Albert Bridge.

The start line is 100 metres beyond the Albert Bridge and will be marked with the word 'START' on the railings by the walkway on the Co. Antrim bank. The gap between boats should be 10-20 seconds. Crews who leave a larger gap unless instructed by the marshal may be penalised. So you must be ready to move as soon as the crew 2 in front moves off.

FINISH LINE

THE FINISH LINE IS AT THE FINISH POST OUTSIDE QUB BOAT HOUSE - KEEP TO THE CENTRE OF THE RIVER APPROACHING THE FINISH LINE - in order for the timing team to see your boat.

DO NOT STOP ON THE FINISH LINE - KEEP MOVING.

BOATS MUST CLEAR THE FINISH AREA QUICKLY AND PROCEED UPSTREAM

NO CREW IS TO STOP AND TURN UNTIL PAST LAGAN SCULLERS' CLUB and then only when it is safe to do so.

Be aware of crews returning to QUB slipway which will be as close as possible to the boathouse side of the river and out of the way of crews winding down.

Crews blocking the course will be penalised. Clear the slips quickly because of the short turn around time between races.

Racing Rules

- 1. YOU MUST GIVE WAY TO FASTER CREWS BY MOVING OUT OF THEIR COURSE. CREWS IMPEDING FASTER CREWS WILL BE PENALISED.
- 2. You must not attempt to pass a crew when close to a narrow arch.
- 3. When any collision or clash of oars occurs both crews will lose time badly. It is always better to avoid collisions, at the price of slowing or altering course whether you are right or wrong.
- 4. Cox and stroke in co-operation must be constantly aware of neighbouring crews and plan accordingly.
- 5. A head of the river is the greatest test of watermanship. A cox can lose the race for the crew by the lack of caution, over enthusiasm, or insistence on being right.

Remember - there are marshals along the entire course and you will receive a time penalty if you fail to comply with the racing rules.

Results and Prize Distribution

Results will be available online Live on Webscorer, published on Facebook and at Belfast Rowing Club. Due to Covid, there will be no prize presentation at this year's event.

There are no pennants for events with less than three entries.

Refreshments

It is planned to have tea/coffee, bacon rolls, sandwiches, snacks etc available at Belfast Rowing Club all day. Toilets will be available but there will be no general access to the club building.

RACE 2 – 4200m Crews 1- 39 Start 1330

COXWAINS AND STEERERS INSTRUCTIONS

PLEASE READ CAREFULLY EVEN IF YOU HAVE ROWED LAGAN HEAD BEFORE

Be COVID aware - please be careful and respectful

Registration and collection of RACE NUMBERS for ALL RACES will be open from 0830 at Belfast Rowing Club – all entry fees to be paid before numbers can be collected. A Deposit of £10 or €10 for EACH NUMBER is required – no deposit no number - this deposit will only be returned when the number is returned following racing – no number no deposit returned.

One person from each club to collect numbers – not individual crews.

There will be a briefing prior to the race at 1220 at BRC, even though all instructions are contained within this document – it is your responsibility to ensure your coxes/steerers are familiar with this document and the instructions/rules therein – any queries to laganhead@gmail.com

LaunchingRace 2 – from 1232McConnell PierRace 2 – 1315 cut off time

Race Starts Race 2 - 1330

The plastic number supplied at registration must be placed securely in the empacher slot on the bows of all boats, If you lose it before the start or the finish shout your number clearly to the timing teams.

Launching

Note your allocated launching slip and time. Follow the instructions of the slip steward.

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Slip stewards may check boats launching and those without heel restraints, bow balls or numbers slots or are considered unsafe, will not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes must wear buoyancy aids.

Oars must be placed adjacent to the slip before launching. Final adjustments must be made after pushing off the stage. If you miss your slot you go to the back of the queue or on the slip steward's instruction take the place of a crew which has scratched.

BOATS SHOULD BE LAUNCHED WITH THE BOWS FACING DOWNSTREAM TOWARDS START

Proceeding to the start

Proceeding to the start

Rules of the River - KEEP TO THE Co. DOWN (bowside) bank on the way downstream.

Governor's Bridge two right hand arches (as seen facing)
King's Bridge two right hand arches (as seen facing)
Ormeau Bridge two right hand arches (as seen facing)

Crews must be past the McConnell Pier by 1315 otherwise they will be disqualified and will have to return to the boat houses.

This point is non-negotiable and NO exceptions can be made for safety reasons.

Albert Bridge right hand Co Down arch
Railway Bridge second arch from right
Queen's Bridge three right hand arches
Queen Elizabeth Bridge MIDDLE ARCH ONLY

Lagan Weir gate 4 only

Refer to the 'Start Plan' for detailed information on Marshalling pattern and where to wait prior to the start.

Circulate in an anti-clockwise direction, leaving the centre of the channel free AND LISTEN TO THE ADVICE OF THE MARSHALS. Take up position north of the Abercorn Basin as indicated on the enclosed Start Plan Map – make sure you get turned round and have your bows pointing upstream and are ready to move when called by the marshals. Depending on the prevailing wind, the marshals may advise you to line up on the opposite bank if there is more shelter there – listen out and if you are in any doubt use common sense.

There will be a launch below the start line, near the North Queens Island Beacon and crews are not allowed beyond this boat. Listen to their instructions.

10 minutes before the start you should be in the area on the map that corresponds with your race number. Crews 1-10 should be formed as shown on the plan and ready to move towards the start line only when the race has started and the crews in front have created space. Further down the line make sure you are not boxing in any lower numbered crews – if you are then get out of the way and let them through. Again, be ready to move.

<u>The start team</u> will be in a vehicle on the Co. Down bank beside the Odyssey Arena and there will be a START sign on the railings – look out for this.

<u>5 minutes before the start</u> the horn will sound TWICE, crews 1-10 must be in the area near the South Island Beacon (wooden structure near bank downstream of Abercorn basin) and pointing upstream, ready to race, and be ready to move over the start line close to the Co. Down Bank (Odyssey side). Crews 11-39 must listen to the Marshals and move when instructed.

Crews wilfully or persistently ignoring the instructions of the marshals will have a time penalty imposed.

RACE START - A SINGLE BLAST OF THE HORN will signal the race start.

Cross the start line close to the Odyssey Arena bank to ensure the timing team at the start can see your crew number.

The gap between boats crossing the start line should be 20-30 seconds.

Please be ready to move as soon as the crew at least 2 in front moves off. You may receive instruction from the marshal when to start.

LISTEN AT ALL TIMES TO ADVICE FROM THE MARSHALS

FINISH LINE

THE FINISH LINE IS AT THE FINISH POST OUTSIDE QUB BOAT HOUSE - KEEP TO THE CENTRE OF THE RIVER APPROACHING THE FINISH LINE - in order for the timing team to see your boat.

DO NOT STOP ON THE FINISH LINE – KEEP MOVING. BOATS MUST CLEAR THE FINISH AREA QUICKLY AND PROCEED UPSTREAM

NO CREW IS TO STOP AND TURN UNTIL PAST LAGAN SCULLERS' CLUB and only when it is safe to do so.

Be aware of crews returning to QUB slipway which will be as close as possible to the boathouse side of the river and out of the way of crews winding down.

Crews blocking the course will be penalised. Clear the slips quickly.

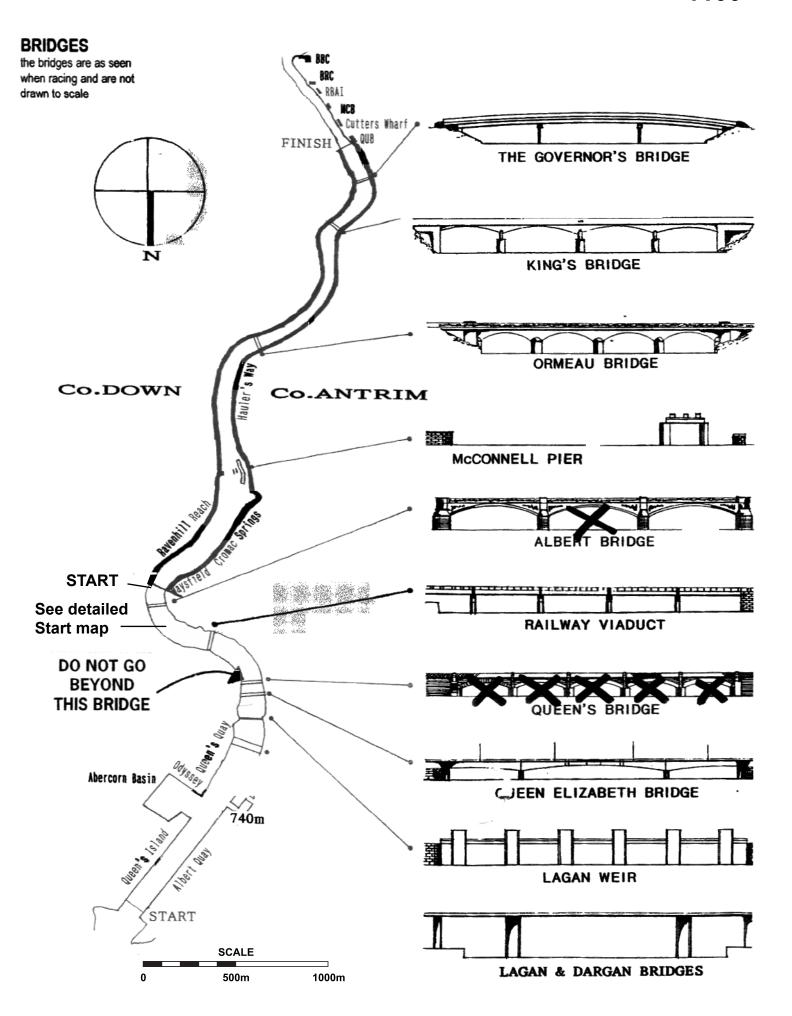
Racing Rules

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- 4. Cox and stroke in co-operation must be constantly aware of neighbouring crews and plan accordingly.
- 5. A head of the river is the greatest test of watermanship. A cox can lose the race for the crew by the lack of caution, over enthusiasm, or insistence on being right.

Remember - there are marshals along the entire course and you will receive a time penalty if you fail to comply with the racing rules

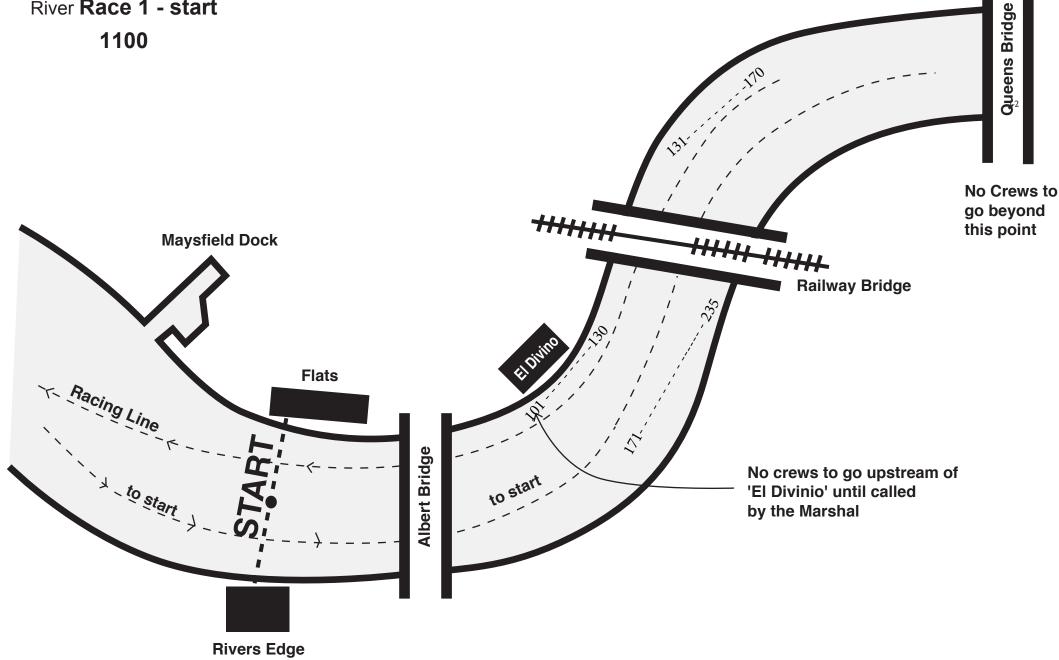
Lagan Head of the River is organised by Belfast Rowing Club with assistance from Queens University Boat Club, Methodist College Rowing Club, Lagan Scullers Club, RBAI Rowing Club and Belfast Boat Club

and the following organisations –
Belfast Harbour Commissioners
Belfast City Centre Regeneration Directorate
Odyssey Arena
Powerhouse Sport



Lagan Head of the

River Race 1 - start 1100



Lagan Head of the River - Race 1 -Saturday 22nd January 2022 at 1100

Start Order

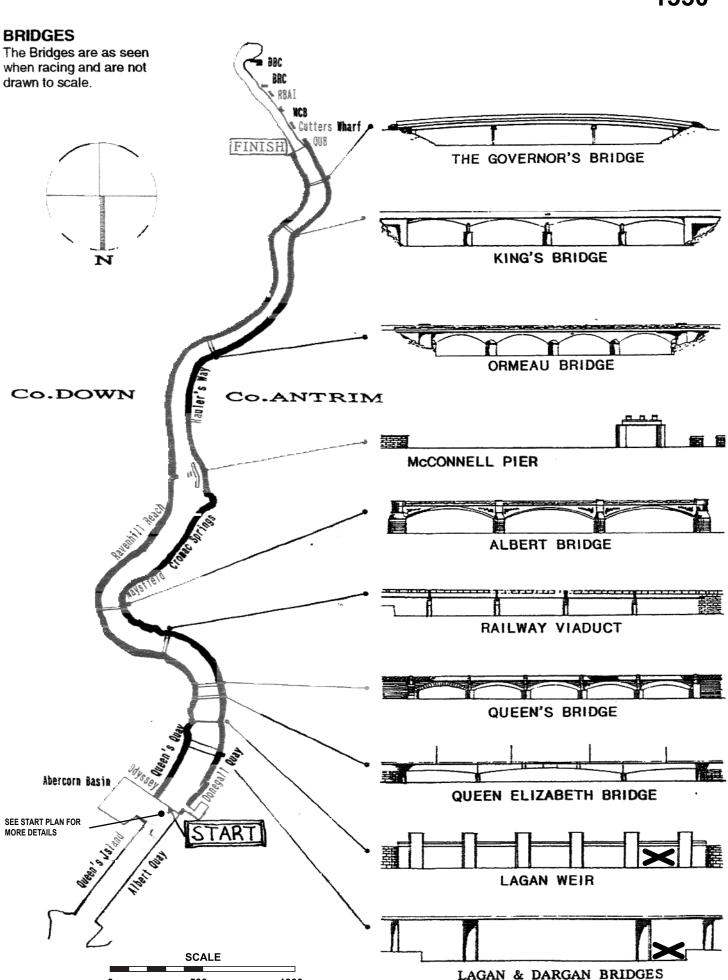
Crew No	Club	Class	Cox/Steerer
101	Enniskillen	Mens J18A 4X-	O'Kane J
102	Belfast BC	Mens J18A 4X-	Greer K
103	Portadown	Mens J18A 4X-	Taylor T
104	Methodist A	Mens J18A 4X-	McIlwaine S
105	Commercial	Mens J18A 4X-	Verdier T
106	Methodist B	Mens J18A 4X-	Megarity H
107	Lagan (c 190)	Mens Masters 4X-	Darby N
108	Portora (d 219)	Mens Masters 4X+	Farragher R
109	Neptune	Mens J18A 4X+	Darmody J
110	Methodist	Mens J18A 4X+	Burgess A
111	Neptune	Mens J18A 4-	Farrell R
112	QUBBC	Mens Club 1 4X+	Harte J
113	Belfast RC	Mens Club 1 4X+	McCaughtry T
114	Enniskillen	Mens Club 1 4+	Reihill M
115	Commercial A	Mens J18A 2X	Carmody R
116	Enniskillen	Mens J18A 2X	Davis-Kunze M
117	Commercial B	Mens J18A 2X	Buckley F
118	Enniskillen	Mens J18A 2-	Blake T
119	Enniskillen	Womens J18A 4X-	Ellison C
120	Methodist	Womens J18A 4X-	Phelan N
121	CGS	Womens J18A 4X-	Mulholland C
122	Bann	Womens J18A 4X-	Hutchinson E
123	QUBBC	Mens Senior 1X	Murtagh D
124	Belfast BC	Mens Senior 1X	Doyle P
125	Sligo	Mens Senior 1X	Patterson G
126	Lagan	Mens Senior 1X	O'Connor R
127	QUBBC	Mens Club 1 2X	Mathers H
128	Lagan	Mens Club 1 2X	Wilson J
129	Bann	Mens J18A 1X	Blemmings L
130	Sligo	Mens J18A 1X	Muldoon J
131	Commercial	Mens J18A 1X	Grahamsmythe A
132	CGS	Mens J18A 1X	Bryce F
133	Portadown	Mens J18A 1X	Kelly F
134	Sligo	Mens J18A 1X	O'Hara Nolan R
135	Bann	Mens J18A 1X	Cusick M
136	Enniskillen A	Mens J15 2X	RuskE
137	Enniskillen B	Mens J15 2X	Campbell E
138	RBAI	Mens Club 2 8+	Robinson M
139	Enniskillen	Mens J15 8+	Noble C
140	Methodist	Mens J15 8+	Ferguson L
141	Commercial	Womens Int 4+	Moody E
142	Commercial	Mens J16 4X+	McAdam C
143	Neptune	Mens J16 4X+	Dasilva C
144	C of Derry (d 105)	Mens Masters 2X	Brown D
145	Athlone / Carlow (h 146)	Mens Masters 2X	Dooley A

146	Belfast BC (h 141)	Mens Masters 2X	Cunningham C
147	Bann	Mens Masters 1X	Hamilton S (f)
148	C of Derry	Mens Masters 1X	D'Urso G (f)
149	•	Mens Masters 1X	Phelan J (f)
150	Lagan Molesey Boat Club	Mens Masters 1X	` '
150	Portadown	Mens Masters 1X	Shirley R (d 53) (os) Balica L (e)
151	Belfast BC		` '
152	Belfast BC	Mens Masters 1X Mens Masters 1X	Gilpin G (f) Wreathall M (f)
	Portora	Mens Masters 1X	
154	Belfast BC		Murphy G (f)
155		Mens Masters 1X	Lockwood S (h)
156	Lagan	Mens Masters 1X	Smith S (j)
157	Bann	Womens J18A 2X	McDonald M
158	Portadown	Womens J18A 2X	Dorman R
159	Enniskillen	Womens J18A 2X	Turner L
160	C of Derry	Womens J18A 2X	Murphy N
161	QUBBC	Mens Club 1 1X	Lalanza D
162	Commercial	Mens Club 1 1X	Hurley A
163	Lagan	Mens Club 1 1X	Norman J
164	Enniskillen	Mens Club 1 1X	Nixon L
165	Methodist	Mens Club 1 1X	Monaghan L
166	Commercial	Mens Club 1 1X	Keegan D
167	Commercial	Mens Club 1 1X	Phelan P
168	QUBBC A	Mens Novice 4X+	Green E
169	Neptune	Mens Novice 4X+	Mohindra R
170	QUBBC B	Mens Novice 4X+	O'Neill R
171	Methodist	Mens J16 2X	Lin L
172	QUBLBC	Womens Novice 8+	Henrich C
173	CGS	Womens Club 1 4+	McKay S
174	Methodist	Mens J15 4X+	Flynn M
175	Commercial A	Mens J15 4X+	Herlihy L
176	Portadown	Mens J15 4X+	Bloomer J
177	RBAI	Mens J15 4X+	Grant C
178	Enniskillen	Mens J15 4X+	Montgomery D
179	CGS	Mens J15 4X+	Armstrong I
180	Commercial B	Mens J15 4X+	Deegan J
181	Belfast BC (f 128)	Mens Masters 2-	Hunter C
182	Enniskillen A	Womens J15 8+	Wilson A
183	Enniskillen B	Womens J15 8+	Knight I
184	Enniskillen C	Womens J15 8+	Lindsay Z
185	CGS	Womens J16 4X+	Henry K
186	Belfast BC	Womens J16 4X+	Nicholson G
187	Methodist	Womens J16 4X+	Kermenstein C
188	Sligo	Womens J16 4X+	Coen E
189	Portadown	Womens J16 4X+	Qua E
190	Neptune	Womens J16 4X+	Bradley E
191	Bann	Womens Senior 1X	Shirlow K
192	QUBLBC A	Womens Club 1 2X	McCrum A
193	Belfast BC A	Womens Club 1 2X	Burke R
194	Sligo	Womens Club 1 2X	Murray A
195	Belfast RC	Womens Club 1 2X	Blemmings E

	I		I
196	Enniskillen	Womens Club 1 2X	Donnelly K
197	QUBLBC B	Womens Club 1 2X	Burke O
198	Belfast BC B	Womens Club 1 2X	Coulter V
199	QUBLBC C	Womens Club 1 2X	Kelly O
200	Belfast BC C	Womens Club 1 2X	Lamont L
201	Sligo	Womens J18A 1X	Clarke E
202	Commercial	Womens J18A 1X	Molumby L
203	Sligo	Womens J18A 1X	Donohoe A
204	Bann	Mens J14 4X+	Lawrence W
205	Enniskillen	Mens J14 4X+	Taylor C
206	Commercial	Mens J14 4X+	Murray N
207	Portadown	Mens J14 4X+	Morton C
208	Portora	Womens Club 2 8+	O'Hare C
209	Commercial	Womens Club 2 8+	Colclough L
210	QUBLBC	Womens Club 1 4X+	Atchison R
211	QUBLBC	Womens Club 1 1X	Canniford R
212	Sligo	Womens Club 1 1X	McEnroe K
213	Neptune	Womens Novice 4X+	Boldojar A
214	QUBLBC	Womens Novice 4X+	Carson L
215	Portora (c 187)	Womens Masters 4X-	Flanagan H
216	Lagan (d 219)	Womens Masters 4X-	Venkatraman L
217	Belfast BC (e 224)	Womens Masters 4X-	Lockwood A
218	Methodist	Womens J15 4X+	Loughrey E
219	Enniskillen	Womens J15 4X+	Huddleston K
220	CGS	Womens J15 4X+	Hutchinson E
221	Neptune	Womens J15 4X+	Fox K
222	Portadown (c 182)	Womens Masters 4+	McDonald L
223	Methodist	Womens J18A 4X+	McCarron P
224	Sligo	Womens J18A 4X+	Walsh C
225	Lagan B (e 115)	Womens Masters 2X	Dennis B
226	C of Derry (d 106)	Womens Masters 2X	Nicbhloscaidh M
227	Lagan A (f 128)	Womens Masters 2X	Trinick G
228	Lagan	Womens Masters 1X	Smith J (b)
229	Belfast BC	Womens Masters 1X	Forsythe A (g)
230	CGS	Womens J15 2X	Murray E
231	Neptune	Womens J15 2X	Dooley K
232	Enniskillen	Womens J15 2X	Fowler A
233	Enniskillen	Womens J14 4X+	Summer A
234	Bann	Womens J14 4X+	Smyth A
235	Lagan	Mens Club 1 1X	McGilloway D
235	Lagan	iviens Club 1 1X	IVICGIIIOWAY D

500m

1000m



Please note the WARM-UP CIRCULATION PATTERN and marshalling area

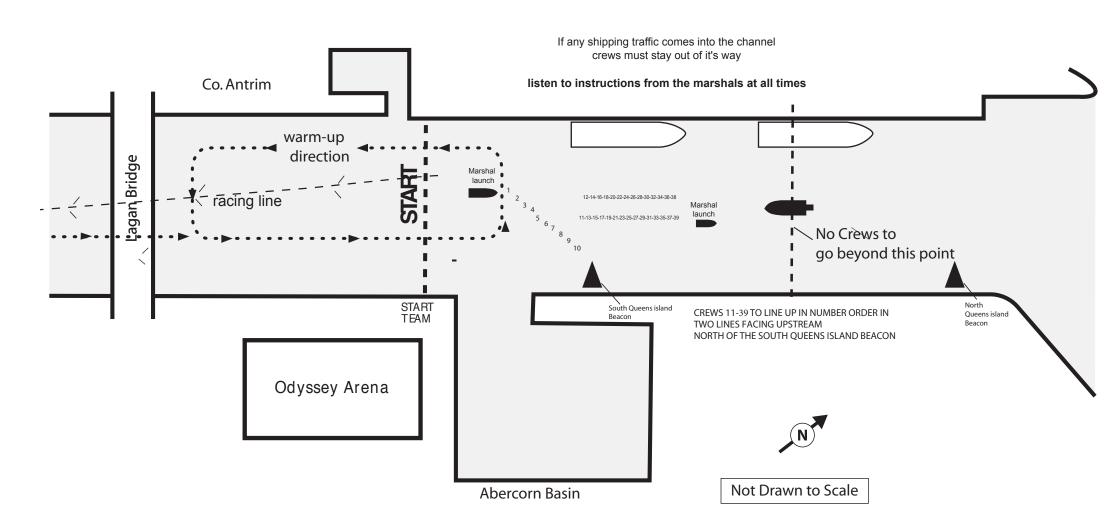
Once over the Lagan Weir, keep to the Co. Down Bank (Odyssey Arena side)
and circulate ANTI-CLOCKWISE - only if you have time to do so.

OR move straight to your position below the start line

Crews should be in position at least 10 minutes before race start

5 MINUTES BEFORE START - HORN WILL SOUND TWICE START - HORN WILL SOUND ONCE Lagan Head of the River Race 2 - start

River Race 2 - star



Lagan Head of the River - Race 2 -Saturday 22nd January 2022 at 1330

Start Order

Crew No	Club	Class	Cox/Steerer
1	Lagan A	Mens Senior 4X-	Darby N
2	QUBBC	Mens Senior 4X-	Foley J
3	Lagan B	Mens Senior 4X-	Gray C
4	Neptune	Mens Senior 4X-	Farrell R
5	Methodist	Mens Senior 4X-	McIlwaine S
6	Lagan C	Mens Senior 4X-	McGivern T
7	Enniskillen	Mens J18A 8+	Mongan J
8	RBAI	Mens J18A 8+	Robinson M
9	Commercial	Mens J18A 8+	Byrne J
10	Belfast BC	Mens Club 1 8+	Wreathall M
11	QUBBC A	Mens Club 1 8+	Harte J
12	Methodist	Mens Club 1 8+	Burgess A
13	QUBBC B	Mens Club 1 8+	Green E
14	Neptune (e 454)	Mens Masters 8+	Arthur J
15	Portora (d 413)	Mens Masters 8+	Farragher R
16	Commercial/Neptune/Galway/Cork (d 415)	Mens Masters 8+	McGlynn M
17	Commercial (e 452)	Mens Masters 8+	O'Neill L
18	LVBC (g 555)	Mens Masters 8+	Warnock M
19	Belfast RC (f 492)	Mens Masters 8+	Mairs S
20	Commercial	Womens Senior 8+	Moody E
21	Bann	Womens Senior 4X-	Hutchinson E
22	QUBLBC / Belfast BC	Womens Senior 4X-	Canniford R
23	Belfast BC	Womens Senior 4X-	Davis S
24	Commercial	Womens Senior 4X-	Ni Laochdha B
25	Sligo	Womens Senior 4X-	Donohoe A
26	Enniskillen	Womens J18A 8+	Ralph G
27	Belfast BC	Womens J18A 8+	Brown N
28	Belfast RC	Womens Club 1 8+	McCaughtry T
29	QUBLBC	Womens Club 1 8+	Hnerich C
30	Belfast BC (d 435)	Womens Masters 8+	Penman J
31	Portora (d 422)	Womens Masters 8+	O'Hare C
32	Belfast RC / Lagan (d 410)	Womens Masters 8+	McAleer J
33	RBAI	Mens J16 8+	Mercer O
34	Methodist	Mens J16 8+	Ferguson L
35	Enniskillen	Mens J16 8+	Fee K
36	Methodist	Womens J16 8+	Flynn M
37	Bann	Womens J16 8+	Murphy A
38	Enniskillen	Womens J16 8+	McCann S
39	CGS	Womens J16 8+	Henry K

BBC Slipway

0954	226	COD	229	BBC	231	NEPTUNE	234	BANN
0957	217	BBC	221	NEPTUNE	222	P'DOWN		
1000	207	P'DOWN	213	NEPTUNE	215	PORTORA		
1003	200	BBC	204	BANN	208	PORTORA		
1006	191	BANN	193	BBC	198	BBC		
1009	186	BBC	189	P'DOWN	190	NEPTUNE		
1012	160	COD	176	P'DOWN	181	BBC		
1015	157	BANN	158	P'DOWN	169	NEPTUNE		
1018	151	P'DOWN	152	BBC	153	BBC	154	PORTORA
1021	143	NEPTUNE	146	BBC	147	BANN	148	COD
1024	122	BANN	133	P'DOWN	135	BANN	144	COD
1027	108	PORTORA	111	NEPTUNE	124	BBC	129	BANN
1030	102	BBC	103	PORTADOWN	109	NEPTUNE		

RED FLAG at McCONNELL PIER 1050

RACE START - 1100

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

Crews must leave their oars close by the slipway before putting their boat on the water. The above launching times will be strictly adhered to and any crew failing to launch on time will be put to the back. Crews causing unnecessary delays on the slipways may incur time penalties at the discretion of the slip stewards.

BRC Slipway

0957	209	COMMERC	232	ENNISKILLEN	233	ENNISKILLEN		
1000	205	ENNISKILLEN	206	COMMERC	219	ENNISKILEN		
1003	184	ENNISKILLEN	195	BRC	196	ENNISKILLEN		
1006	182	ENNISKILLEN	183	ENNISKILLEN	202	COMMERC		
1009	177	RBAI	178	ENNISKILLEN	180	COMMERC B		
1012	164	ENNISKILLEN	166	COMMERC	167	COMMERC	175	COMM A
1015	142	COMMERC	150	MOLESEY	159	ENNISKILLEN	162	COMMERC
1018	138	RBAI	139	ENNISKILLEN				
1021	136	ENNISKILLEN	137	ENNISKILLEN	141	COMMERC		
1024	118	ENNISKILLEN	119	ENNISKILLEN	131	COMMERC		
1027	114	ENNISKILLEN	115	COMMERC A	116	ENNISKILLEN	117	COMMERC
1030	101	ENNISKILLEN	105	COMMERCIAL	113	BRC		

RED FLAG at McCONNELL PIER 1050

RACE START - 1100

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

Crews must leave their oars close by the slipway before putting their boat on the water. The above launching times will be strictly adhered to and any crew failing to launch on time will be put to the back. Crews causing unnecessary delays on the slipways may incur time penalties at the discretion of the slip stewards.

RACE 1 – 1100 - LAUNCHING ORDER LSC Slipway

1009				
1012	227	LAGAN	235	LAGAN
1015	225	LAGAN	228	LAGAN
1018	216	LAGAN		
1021	156	LAGAN	163	LAGAN
1024	145	ATHL/CARL	149	LAGAN
1027	126	LAGAN	128	LAGAN
1030	107	LAGAN		

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RACE 1 – 1100 - LAUNCHING ORDER MCB Slipway

1003	223	МСВ			
1006	220	CGS	230	CGS	
1009	187	МСВ	218	МСВ	
1012	179	CGS	185	CGS	
1015	173	CGS	174	МСВ	
1018	165	МСВ	171	МСВ	
1021	138	МСВ			
1024	121	CGS	132	CGS	
1027	110	МСВ	120	МСВ	
1030	104	MCB A	106	мсв в	

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QUB Slipway

1006	224	SLIGO					
1009	210	QUBLBC	214	QUBLBC			
1012	201	SLIGO	203	SLIGO	211	QUBLBC	
1015	194	SLIGO	197	QUBLBC B	199	QUBLBC C	
1018	188	SLIGO	192	QUBLBC A			
1021	170	QUBBC B	172	QUBLBC			
1024	161	QUBBC	168	QUBBC A	212	SLIGO	
1027	127	QUBBC	130	SLIGO	134	SLIGO	
1030	112	QUBBC	123	QUBBC	125	SLIGO	

RED FLAG at McCONNELL PIER 1030

RACE START - 1100

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BBC Slipway

1235	31	PORTORA	37	BANN		
1238	30	BBC				
1241	23	BBC	27	ввс		
1244	15	PORTORA	22	QUB/BBC		
1247	14	NEPTUNE	21	BANN		
1250	4	NEPTUNE	10	BBC		

RED FLAG at McCONNELL PIER 1315

RACE START - 1330

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BRC Slipway

1232	35	ENNISKILLEN	38	ENNISKILLEN		
1235	32	BRC/LAGAN	33	RBAI		
1238	26	ENNISKILLEN	28	BRC		
1241	20	COMMERCIAL	24	COMMERCIAL		
1244	17	COMMERCIAL	19	BRC		
1247	9	COMMERCIAL	16	COMPOSITE		
1250	7	ENNISKILLEN	8	RBAI		

RED FLAG at McCONNELL PIER 1315

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LSC Slipway

1244	6	LSC C			
1247	3	LSC B			
1250	1	LSC A			

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RACE START - 1330

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MCB Slipway

1238	39	CGS			
1241	36	МСВ			
1244	34	МСВ			
1247	12	МСВ			
1250	5	МСВ			

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QUB Slipway

1238						
1241	29	QUBLBC				
1244	18	LVBC	25	SLIGO		
1247	13	QUBBC B				
1250	2	QUBBC	11	QUBBC A		

RED FLAG at McCONNELL PIER 1315

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