



Dear Captain / Secretary,

**RE: Lough Rynn Regatta 2023**

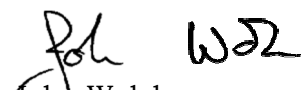
Thank you for your entry to the Lough Rynn Regatta. We really appreciate your entry, support and hope to provide you with a fantastic day of well organised racing.

Please take note of the following important Information:

1. Once you have declared for an event it is compulsory to race unless in the case of a medical issue.
2. Failure to turn up for your final after racing your heat will result in sanctions by the domestic events committee. (Rule 2.29 in Rowing Ireland rules)
  - a. If you are changing crew personal you must fill in a change of crew form at least one hour before your race, which will be forwarded to the domestic events committee after the regatta.
  - b. If for medical or other serious reasons you are scratching from an event that has already been declared for a form must be filled in declaring your intentions, which will be forwarded to the domestic events committee after the regatta. (Check rule 2 & 3 above)
3. **All entries are accepted subject to rules of Rowing Ireland.**
4. Please ensure all your athletes and equipment comply with Rowing Ireland rules and safety features. (These will be checked on the day).
5. Please ensure your entry fees are paid **before the regatta** (no entry fees no race numbers). All payments should be made via EFT to the Lough Rynn Regatta Account, details on the tracker regatta page.
6. All clubs and competitors take part at their own risk.
7. The Lough Rynn Regatta Committee accept no responsibility for damage occasioned to boats, oars, or equipment or for any ruling to competitors, spectators or any other persons for whatever cause.
8. **Only cars with boat trailers will be allowed down to the regatta enclosure and then the tow cars will have to be removed if they are causing an obstruction.**
9. Parking will be available in an adjacent field to the course and at Lough Rynn Hotel Golf Course Site, parking will be free of charge - Eircode is N41 WE16.
10. Road signage will be displayed from the N4 to the car park and the enclosure

11. **NE** Bow numbers will apply and these will given out **40 minutes** prior to your race. Each race will be allocated a **race letter** and **each lane a number**. **Your Bow Number maybe C5 which means you are race 3 and in lane 5.** This is a new system for Ireland and is designed for your safety so we can control the boating and slipping area. There will be no charge for the number but we will seek a **€10 charge for lost or damaged numbers.** Please ensure number holders on bows are in good working order.
12. **Refuse bags will be hung on trailers. Please keep the enclosure clean and tidy - bags will be collected at the end of the day.**
13. Presentation of prizes will take place in the regatta enclosure as results are confirmed
14. We are seeking the cooperation of all athletes, club captains, coaches and everyone in charge to get your crews and scullers to the start on time. **Allow at least 30min to go to the start and please ensure crews know their race number and lane number - see point 12 above.**
15. Please note you must be at the start in the starting queue at least 10min before your race. Wear adequate clothing on the way to the start, if the day is cold. Keep hydrated and using plenty of factor sun cream.
16. Please note you must queue up 1st just above the start area in race order (6,5,4,3,2,1,) ready to go through to the stake boats . When the previous race departs from the stakeboats the boat with lane number 6 goes across first quite close to the starting stakeboats followed by lane 5 then 4 and so on.
17. All crews, scullers and coxes please study the timetable carefully as all times will be adhered to.
18. Please ensure you know the time of the race heat or final and the race number you are in before you take to the water. Please take note you must be at the start 10 mins before your race.
19. Please understand that crews for the finals cannot be finalised until after the last heat of each event is finished and this could take up to 20 minutes or more after the last heat before the lanes of the finals for the race can be published.
20. Food and refreshments will be available in the regatta enclosure - this is a cash only facility.
21. Re: Going to the start: All boats must go to the start from the launching area in single file between the course and the East shore line (right hand side of the course heading towards the start) and are to be extremely careful passing the finish line
22. **In the event of Bad weather conditions for racing, a notice will be put up on the Rowing Ireland website by Friday 5th by 2pm.**
23. **Your co-operation in the above areas will ensure a safe and efficiently run regatta. We look forward to seeing you on Saturday 6th of May and wish you the best of luck on the day.**

Yours in rowing,

  
John Walsh,  
Regatta Secretary