

# Muckross HOR

NRC, FARRAN WOOD  
SATURDAY 4<sup>TH</sup> DECEMBER 2021



Dear Captain/Secretary,

Muckross Rowing Club is pleased to invite entries from all affiliated clubs to compete in the Muckross Head Of the River which will take place at the National Rowing Centre, Farran Wood on **Saturday 4<sup>th</sup> December 2021**. The event will be a rolling head over a **3000 m course** (course map will be available online) between 10am and 3pm.

We look forward to welcoming you to the Muckross Head Of the River 2021 and wish all competing clubs the very best of luck!

Sean Daly  
**Chairman**, Muckross RC

Tim O'Shea  
**Event Secretary**, Muckross HOR

## IMPORTANT INFORMATION

- Entries will only be accepted via the online Rowing Ireland Tracker system. Close of entries is **Wednesday 24<sup>th</sup> November at 19:00**. No entry may be accepted from any Irish club not affiliated to Rowing Ireland.
- All entries must be accompanied by the full entry fee. Cheques to be made payable to **Muckross Rowing Club**. Post cheques to Muckross RC, c/o Mr. Mike Daly, Unit 16, Killarney Technology Innovation Centre, Deerpark, Killarney, Co. Kerry, V93 NX64. Any requests for fee refunds (partial or full) due to illness, exceptional circumstances or otherwise will only be considered following the event's conclusion.
- **Due to COVID-19, Coillte will operate a strictly cashless system for entry to the car park.**
- The Draw and results will be made available online at [www.rowingireland.ie](http://www.rowingireland.ie).
- In the event of cancellation due to weather conditions, the event may be run at a later date, to be advised. Please check on the Rowing Ireland website in the days prior to the event for the latest updates.
- Boats and equipment (including heel restraints, bow balls, hatch covers and quick release foot stretchers) will be subject to inspection.
- Failure to obey the instructions of event officials may result in disqualification.
- Muckross Rowing Club and the organisers of the Muckross Head Of the River cannot accept any liability for loss or damage to any individual's personal property or damage/loss incurred to any boats and/or equipment. Individuals are responsible for their personal property at all times.
- Towing vehicles and boat trailers will be permitted access to the NRC from 7.00am.
- **Deposit System: A deposit of €20** must be received from your club prior to issuing bow number cards. This may be paid on the day at the Registration Desk. The deposit will be returned when the **full** set of Number Cards issued to your club is returned by the end of the day. Each missing Number Card will incur a €5 charge to be deducted from your deposit. Cards will not be issued separately to individual crews.
- Official club colours must be worn throughout the timed piece.
- Timing at the finish line will commence at 10.00am and cease at 3.00pm sharp, subject to weather conditions. Boats crossing the finish line after 3.00pm are not guaranteed that their time will be recorded.
- Pennants will be awarded for categories where a minimum of three crews from at least two clubs are entered.
- **A Coxes Meeting will be held at 8.30am in the NRC restaurant area, to be attended by all coxes, scullers and Club Captains.**



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# EVENT DETAILS

# Muckross HOR

## CATEGORIES

CATEGORY	MENS	WOMENS
Senior	8+, 4-, 4x-, 2-, 2x, 1x	8+, 4-, 4x-, 2-, 2x, 1x
Intermediate	8+, 4+, 2-, 2x, 1x	8+, 4+, 2-, 2x, 1x
Club	8+, 4+, 4x+, 2x, 1x	8+, 4+, 4x+, 2x, 1x
Novice	8+, 4+, 4x+, 2x, 1x	8+, 4+, 4x+, 2x, 1x
Masters	8+, 4+, 4x+, 2x, 1x	8+, 4+, 4x+, 2x, 1x
Junior 18	8+, 4+, 4x-, 2-, 2x, 1x	8+, 4-, 4x-, 2-, 2x, 1x
Junior 16	8+, 4+, 4x+, 2x, 1x	8+, 4+, 4x+, 2x, 1x
Junior 15	8x+, 8+, 4x+, 2x, 1x	8x+, 8+, 4x+, 2x, 1x
Junior 14	8x+, 4x+, 2x, 1x	8x+, 4x+, 2x, 1x

PARA	MENS	WOMENS
AS	1x	1x
TA	1x	1x
LTA	Mixed 4+	

MIXED MASTERS
8+, 4+, 2x

The above categories may be rationalised for award of pennants in the event of limited entries for particular categories. The clubs of any affected entries will be advised in advance of the event.

## ENTRY FEES

All Eights/Octuples: €56

All Doubles/Pairs: €18

All Quads/Fours: €36

All Singles: €9

## WEATHER

- All crews will race the 3000 m course. In the event of poor racing conditions, a reduced course distance may be implemented on the day (e.g. for Junior 14/15/16 crews).
- All participants and spectators are advised to prepare for both cold and wet conditions and bring suitable footwear and appropriate thermal/rain gear.
- Rowers new to competition and/or the NRC course should be well prepared and briefed by their club coaches in advance of the event.
- Any notice of cancellation/postponement will be posted on the Rowing Ireland website.
- Hours of rowing may be curtailed on the day in the event of fog, wind or other adverse conditions.

## FACILITIES

- Shop, bathroom and changing facilities will be available at the National Rowing Centre. **Access to internal areas of the NRC will be in accordance with the latest public health guidelines.**
- Please respect our natural environment and the Farran Wood area. Dispose of all rubbish in bins provided at the NRC. Rubbish bags will also be distributed to participating clubs at registration.
- Due to COVID-19, Coillte is operating a strictly cashless system (card only) for access to the car park.**
- Vehicular access to the National Rowing Centre compound will be restricted.



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