



Ring Rowing Club



Venue: Curragehalcky Lake, Drinagh, Co. Cork P47WA07.

Offshore Races & Fees

ALL	FEE
OFFSHORE Mens Open C1X	€10.00
OFFSHORE Womens Open C1X	€10.00
OFFSHORE Mixed Open CMix2X	€20.00
OFFSHORE Mens Open C2X	€20.00
OFFSHORE Womens Open C2X	€20.00
OFFSHORE Mens J16 C1X	€10.00
OFFSHORE Womens J16 C1X	€10.00
OFFSHORE Mens J16 C2X	€20.00
OFFSHORE Womens J16 C2X	€20.00
OFFSHORE Mixed U16 CMix2X	€20.00
OFFSHORE Mens U18 C1X	€10.00
OFFSHORE Womens J18 C1X	€10.00
OFFSHORE Mixed U18 CMix2X	€20.00
OFFSHORE Mixed Masters 40+ C2X	€20.00

Please take time to inform all entering crews of the details below on racing, launching, warm up area and safety.

Venue: Curragehalcky lake

Host Club: Ring Rowing Club

Offshore Races: See above table.

Date: Saturday 11th March 2023

Entries: All entries to be made via Rowing Ireland Tracker System.

Entries will close 7pm, 1st/March/2023.

Racing Time: From 8.30-16:00.

Entry Fees: See above table.

Payment Details: Ring Rowing Club

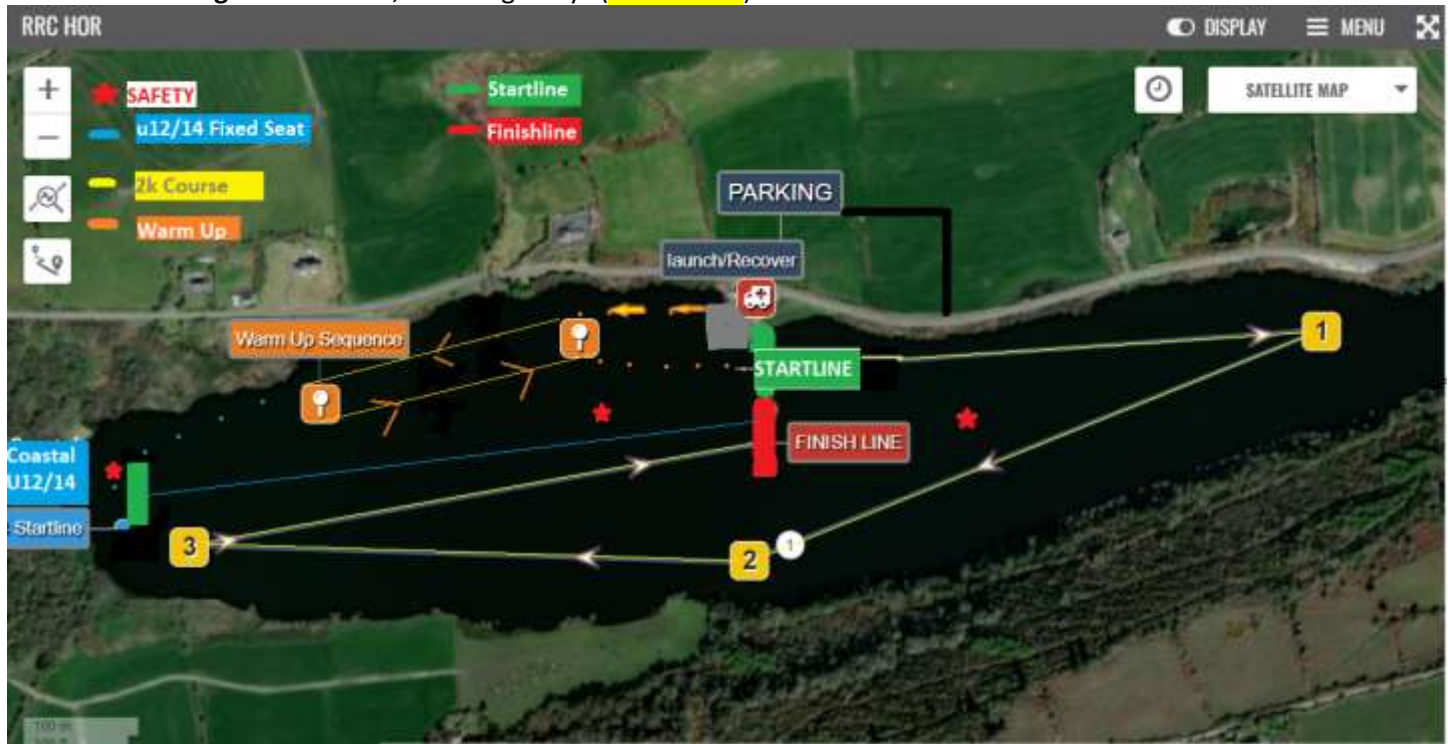
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BIC: BOFIIE2DXXX

IBAN: IE38BOF190258122859107

All entry fees must be paid by March 18th.

All Offshore Categories are 2km, 3 turning buoys (Yellow Line)



Crew Captains Info

Course will open at 8am. Racing will begin at 8.30am sharp.

Crew Captains Meeting 7.50am

Important: A crew captain must sign in at this meeting. NO SIGN IN / NO ROWING.

Clubs, Coaches, and Crew Captains should ensure that club rowers are capable before permitting entry.

Important Race and Launch details:

Rowers and crews can race at any stage throughout the day. We are operating a strict sign in and sign out table. **Prior to Launching a crew captain must sign into regatta control, which will be located near the start line. You will receive a unique number that you must show to the starter when you are in the start zone.**

All boats will be checked for safety prior to each launching to check PDFs, Heel Straps, Tow Ropes etc. Please ensure all boats are numbered correctly on both sides. Crews will launch from pontoon area 15 mins prior to racing to warm up and strictly follow the anticlockwise WARM UP AREA.

Proceed to start zone & raise your number. Once the race starter has acknowledged you verbally, your timing begins once you reach the start line. At the finish line- again please raise your number.

Times will be posted after each race but please note phone coverage (G's) are poor in the area.

Pennants awarded to winners of each category at the end of the day.

Declarations

All entries will be assumed declared unless the regatta secretary is informed of a crew withdrawal prior to the captains meeting. During the event all withdrawals must be submitted to regatta control in writing.

Safety Advice

ATHLETES: Civil Defence Ambulance onsite.

BOATS: All boats will be checked for safety prior to each launching to check PDFs, Heel Straps, Tow Ropes etc. Please ensure all boats are numbered correctly on both sides.

CREW: Clubs must ensure that all their athletes are competent to compete in the category in which they are entered. If a crew is visibly struggling the safety boat or organizers at their own discretion may help or remove them from the race for their own safety.

COURSE: 2/3 safety stewards' boats will be on the course at all times. The course will be monitored throughout the event for any hazards/crews going off course and weather conditions.

Venue Details:

Secure off road Parking and Trailer parking. Please obey Traffic and parking stewards' directions.

Race Viewing Area.

Toilets

Refill Water Stations.

First Aid and Ambulance Area.

On Site Catering. (tea/coffee/sandwiches/snacks etc.)

Event Secretary: Karen McCarthy

Race Director: Margaurite Deasy

Safety Advisor / Donnagh Verling

Medical: Jo Verling.

Rules

All races will be held under Rowing Ireland Offshore Rules. It is the responsibility of clubs and athletes to be fully aware of these rules.

REMINDER FOR COMPOSITE CREWS.

CREWS CANNOT RACE UNLESS THE BOTH CLUBS HAVE APPROVED COMPOSITE CREW, BEFORE CLOSING.

Ring Rowing Club would like to wish you all a great day's racing and look forward to welcoming you all.