Lagan Autumn Head of the River20242nd November

RACE INFORMATION

including -

Steerers Instructions Course Maps Marshal Plans Start Orders Slipping Timetables

RACE 1 – 4200m Crews 1-28 - Start 1100

COXWAINS AND STEERERS INSTRUCTIONS

PLEASE READ CAREFULLY EVEN IF YOU HAVE ROWED LAGAN HEAD BEFORE

Race Numbers – New process

Numbers will be sorted for one collection for each race. A Deposit of £30 (€30) is required for EACH CLUB for EACH RACE. The deposit will be returned to the club after ALL their numbers are returned after each race. Lost and/or damaged numbers will be charged £10 (€10) per item from the deposit (any extra charges will be invoiced to the club).

There will be a briefing prior to the race at 0930 at BRC, even though all instructions are contained within this document – it is your responsibility to ensure your coxes/steerers are familiar with this document and the instructions/rules therein – any queries to laganhead@gmail.com

Launching	Race 1 – from 1000
McConnell Pier	Race 1 – 1045 cut off time
Race Starts	Race 1 – 1100

The plastic number supplied at registration must be placed securely in the Empacher slot on the bows of all boats, If you lose it before the start or the finish shout your number clearly to the timing teams.

Launching

Note your allocated launching slip and time. Follow the instructions of the slip steward.

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Slip stewards may check boats launching and those without heel restraints, bow balls or numbers slots or are considered unsafe, will not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes must wear buoyancy aids.

Oars must be placed adjacent to the slip before launching. Final adjustments must be made after pushing off the stage. If you miss your slot you go to the back of the queue or on the slip steward's instruction take the place of a crew which has scratched.

BOATS SHOULD BE LAUNCHED WITH THE BOWS FACING DOWNSTREAM TOWARDS START

Proceeding to the start

Proceeding to the start

Rules of the River - KEEP TO THE Co. DOWN (bowside) bank on the way downstream.

Governor's Bridge	two right hand arches (as seen facing)
King's Bridge	two right hand arches (as seen facing)
Ormeau Bridge	two right hand arches (as seen facing)

Crews must be past the McConnell Pier by 1045 otherwise they will be disqualified and will have to return to the boat houses.

This point is non-negotiable and NO exceptions can be made for safety reasons.

Albert Bridge	right hand Co Down arch
Railway Bridge	second arch from right
Queen's Bridge	three right hand arches
Queen Elizabeth Bridge	MIDDLE ARCH ONLY
Lagan Weir	gate 4 only

Refer to the 'Start Plan' for detailed information on Marshalling pattern and where to wait prior to the start.

Marshalling in the start area

Circulate in an anti-clockwise direction, leaving the centre of the channel free AND LISTEN TO THE ADVICE OF THE MARSHALS. Take up position north of the Abercorn Basin as indicated on the enclosed Start Plan Map – make sure you get turned round and have your bows pointing upstream and are ready to move when called by the marshals. Depending on the prevailing wind, the marshals may advise you to line up on the opposite bank if there is more shelter there – listen out and if you are in any doubt use common sense.

There will be a launch below the start line, near the North Queens Island Beacon and crews are not allowed beyond this boat. Listen to their instructions.

10 minutes before the start you should be in the area on the map that corresponds with your race number. Crews 1-10 should be formed as shown on the plan and ready to move towards the start line only when the race has started and the crews in front have created space. Further down the line make sure you are not boxing in any lower numbered crews – if you are then get out of the way and let them through. Again, be ready to move.

<u>The start team</u> will be in a vehicle on the Co. Down bank beside the Odyssey Arena and there will be a <u>START</u> sign on the railings – look out for this.

<u>5 minutes before the start</u> the horn will sound TWICE, crews 1-10 must be in the area near the South Island Beacon (wooden structure near bank downstream of Abercorn basin) and pointing upstream, ready to race, and be ready to move over the start line close to the Co. Down Bank (Odyssey side). Crews 11-28 must listen to the Marshals and move when instructed.

Crews wilfully or persistently ignoring the instructions of the marshals will have a time penalty imposed.

RACE START - A SINGLE BLAST OF THE HORN will signal the race start.

Cross the start line close to the Odyssey Arena bank to ensure the timing team at the start can see your crew number.

The gap between boats crossing the start line should be 20-30 seconds.

Please be ready to move as soon as the crew at least 2 in front moves off. You may receive instruction from the marshal when to start.

LISTEN AT ALL TIMES TO ADVICE FROM THE MARSHALS

FINISH LINE

THE FINISH LINE IS AT THE FINISH POST OUTSIDE QUB BOAT HOUSE - KEEP TO THE CENTRE OF THE RIVER APPROACHING THE FINISH LINE - in order for the timing team to see your boat.

DO NOT STOP ON THE FINISH LINE – KEEP MOVING. BOATS MUST CLEAR THE FINISH AREA QUICKLY AND PROCEED UPSTREAM

NO CREW IS TO STOP AND TURN UNTIL PAST LAGAN SCULLERS' CLUB and only when it is safe to do so.

Be aware of crews returning to QUB slipway which will be as close as possible to the boathouse side of the river and out of the way of crews winding down.

Crews blocking the course will be penalised. Clear the slips quickly.

Racing Rules

- 1. YOU MUST GIVE WAY TO FASTER CREWS BY MOVING OUT OF THEIR COURSE. CREWS IMPEDING FASTER CREWS WILL BE PENALISED.
- 2. You must not attempt to pass a crew when close to a narrow arch.
- 3. When any collision or clash of oars occurs both crews will lose time badly. It is always better to avoid collisions, at the price of slowing or altering course whether you are right or wrong.
- 4. Cox and stroke in co-operation must be constantly aware of neighbouring crews and plan accordingly.
- 5. A head of the river is the greatest test of watermanship. A cox can lose the race for the crew by the lack of caution, over enthusiasm, or insistence on being right.

Remember - there are marshals along the entire course and you will receive a time penalty if you fail to comply with the racing rules

Results and Prize Distribution

Results will be available online Live on Webscorer, published on Facebook and at Belfast Rowing Club

There are no medals for events with less than three entries or single club entry

RACE 2 – 2700m Crews 101- 191 Start 1400

COXWAINS AND STEERERS INSTRUCTIONS

PLEASE READ CAREFULLY EVEN IF YOU HAVE ROWED LAGAN HEAD BEFORE

Race Numbers – New process

Numbers will be sorted for one collection for each race. A Deposit of £30 (€30) is required for EACH CLUB for EACH RACE. The deposit will be returned to the club after ALL their numbers are returned after each race. Lost and/or damaged numbers will be charged £10 (€10) per item from the deposit (any extra charges will be invoiced to the club).

There will be a briefing prior to the race at 1230 at BRC, even though all instructions are contained within this document – it is your responsibility to ensure your coxes/steerers are familiar with this document and the instructions/rules therein – any queries to laganhead@gmail.com

Launching	Race 2 – from 1250 (check your allocated time on launching orders)
McConnell Pier	Race 2 - 1350 cut-off time
Race Starts	Race 2 - 1400

The plastic number supplied at registration must be placed securely in the Empacher slot on the bows of all boats, If you lose it before the start or the finish shout your number clearly to the timing teams.

Launching

Note your allocated launching slip and time. Follow the instructions of the slip steward.

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Slip stewards may check boats launching and those without heel restraints, bow balls or numbers slots or are considered unsafe, will not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes must wear buoyancy aids.

Oars must be placed adjacent to the slip before launching. Final adjustments must be made after pushing off the stage. If you miss your slot you go to the back of the queue or on the slip steward's instruction take the place of a crew which has scratched.

BOATS SHOULD BE LAUNCHED WITH THE BOWS FACING DOWNSTREAM TOWARDS START

Proceeding to the start

Rules of the River – KEEP TO THE Co. DOWN (bowside) bank on the way downstream.

Governor's Bridge	two right hand arches (as seen facing)
King's Bridge	two right hand arches (as seen facing)
Ormeau Bridge	two right hand arches (as seen facing)

Crews must be past the McConnell Pier by 1350 otherwise they will be disqualified and will have to return to the boat houses. This point is non-negotiable and NO exceptions can be made for safety reasons.

Albert Bridge	right hand Co Down arch
Railway Bridge	second arch from right

Queen's Bridge DO NOT GO THROUGH

CREWS COMPETING IN RACE 1 ARE NOT TO GO BEYOND THIS BRIDGE.

Marshalling in the start area

There will be marshals along the entire course recording numbers of crews who fail to comply with the rules of racing. If you fail to comply with the racing rules you will be reported to the Race Director who has the right to impose a time penalty.

Boats will turn upstream of the Queen's Bridge and marshal in the vicinity of the Railway Viaduct but not closer than 200 metres to the Albert Bridge with their bows pointing upstream. Check the details on the plan enclosed.

5 minutes before the start the horn will sound TWICE,

Respond immediately to any advice given by the Race Marshals in the launches – they have local knowledge and also the power to impose time penalties for failure to comply with the rules and advice laid out in these instructions.

RACE START - A SINGLE BLAST OF THE HORN will signal the race start.

Starting with crew Number 1, the crews will be called up by the Marshal and can begin to build up pressure as they pass under the right hand arch of the Albert Bridge.

The start line is 100 metres beyond the Albert Bridge and will be marked with the word 'START' on the railings by the walkway on the Co. Antrim bank. The gap between boats should be 10-20 seconds. Crews who leave a larger gap unless instructed by the marshal may be penalised. So you must be ready to move as soon as the crew 2 in front moves off.

FINISH LINE

THE FINISH LINE IS AT THE FINISH POST OUTSIDE QUB BOAT HOUSE - KEEP TO THE CENTRE OF THE RIVER APPROACHING THE FINISH LINE - in order for the timing team to see your boat.

DO NOT STOP ON THE FINISH LINE - KEEP MOVING.

BOATS MUST CLEAR THE FINISH AREA QUICKLY AND PROCEED UPSTREAM

NO CREW IS TO STOP AND TURN UNTIL PAST LAGAN SCULLERS' CLUB and then only when it is safe to do so.

Be aware of crews returning to QUB slipway which will be as close as possible to the boathouse side of the river and out of the way of crews winding down.

Crews blocking the course will be penalised. Clear the slips quickly because of the short turn around time between races.

Racing Rules

- 1. YOU MUST GIVE WAY TO FASTER CREWS BY MOVING OUT OF THEIR COURSE. CREWS IMPEDING FASTER CREWS WILL BE PENALISED.
- 2. You must not attempt to pass a crew when close to a narrow arch.
- 3. When any collision or clash of oars occurs both crews will lose time badly. It is always better to avoid collisions, at the price of slowing or altering course whether you are right or wrong.
- 4. Cox and stroke in co-operation must be constantly aware of neighbouring crews and plan accordingly.
- 5. A head of the river is the greatest test of watermanship. A cox can lose the race for the crew by the lack of caution, over enthusiasm, or insistence on being right.

Remember - there are marshals along the entire course and you will receive a time penalty if you fail to comply with the racing rules.

Results and Prize Distribution

Results will be available online Live on Webscorer, published on Facebook and at Belfast Rowing Club

There are no medals for events with less than three entries.

Refreshments

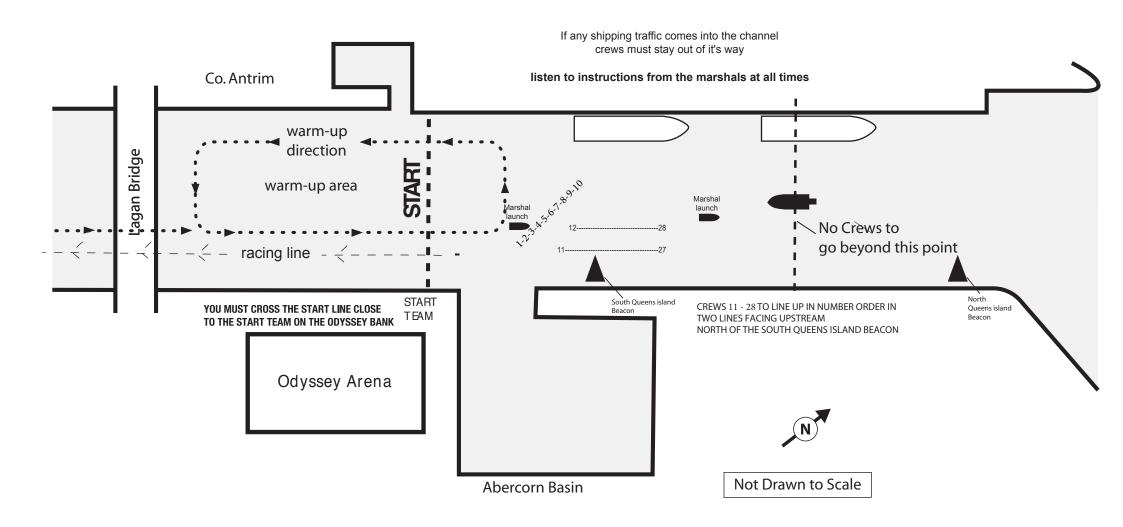
It is planned to have tea/coffee, bacon rolls, sandwiches, snacks etc available at Belfast Rowing Club all day. Toilets will be available but there will be no general access to the club building.

Lagan Head of the River is organised by Belfast Rowing Club with assistance from Queens University Boat Club, Methodist College Rowing Club, Lagan Scullers Club, RBAI Rowing Club and Belfast Boat Club and the following organisations – Belfast Harbour Commissioners Belfast City Centre Regeneration Directorate Odyssey Arena Powerhouse Sport Please note the WARM-UP CIRCULATION PATTERN and marshalling area Once over the Lagan Weir, keep to the Co. Down Bank (Odyssey Arena side) and circulate ANTI-CLOCKWISE - only if you have time to do so. OR move straight to your position below the start line

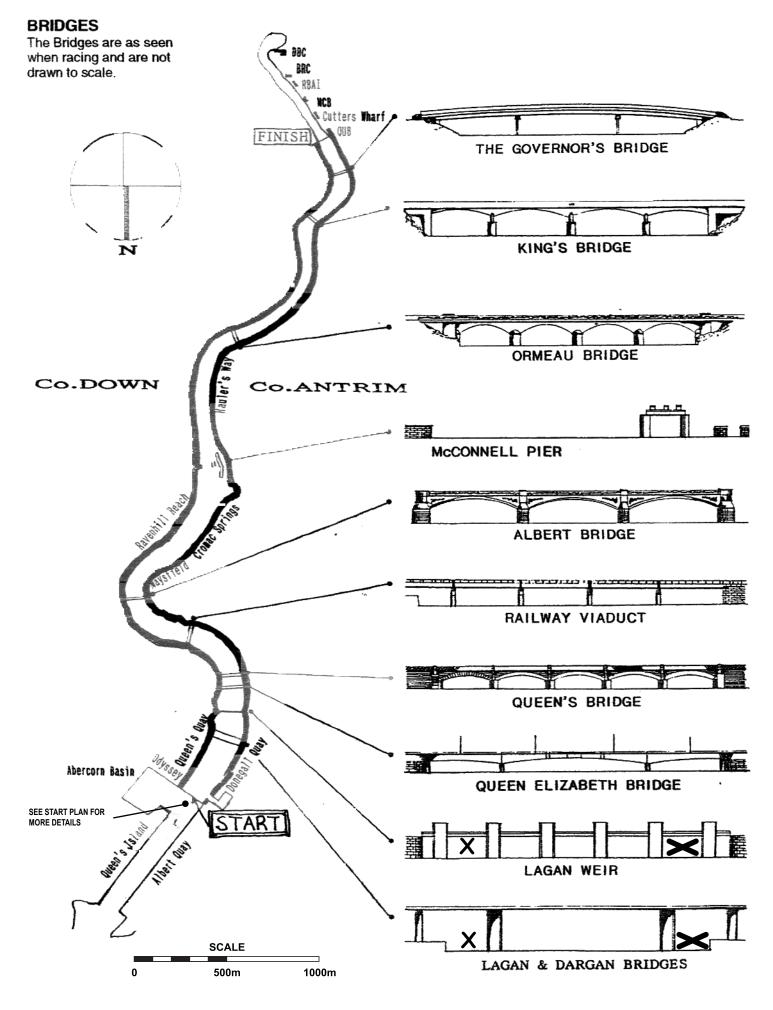
Crews should be in position at least 10 minutes before race start

5 MINUTES BEFORE START - HORN WILL SOUND TWICE START - HORN WILL SOUND ONCE

Lagan Autumn Head of the River Race 1 - start 1100



Lagan Autumn Head of the River



Crew No.	Event Name	Crew name	ID/class	Slip Time
6	Mens J18A 4X-	Bann		1010-1020
16	Mens Masters 8+	Belfast BC	(e 465)	1010-1020
27	Womens Masters 4X-	Portadown	(b 168)	1010-1020

BBC Slipway

RED FLAG at McCONNELL PIER 1045

RACE START - 1100

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch. **Crews must leave their oars close by the slipway before putting their boat on the water.** The above launching times will be strictly adhered to and any crew failing to launch on time will be put to the back. Crews causing unnecessary delays on the slipways may incur time penalties at the discretion of the slip stewards.

Crew				
No.	Event Name	Crew name	ID/class	Slip Time
4	Mens J18A 4X-	Commercial	А	1010-1020
9	Mens Club 1 8+	Belfast RC		1010-1020
10	Womens Senior 8+	Belfast RC / Bann		1010-1020
12	Mens J18A 4X-	Commercial	В	1010-1020
14	Mens J18A 4X-	Commercial	С	1010-1020
15	Mens Masters 8+	Belfast RC / LVBC	(e 476)	1010-1020
19	Mens Masters 4X-	Newry	(c 176)	1000-1010
22	Womens Masters 8+	Belfast RC	(d 422)	1000-1010
26	Womens Masters 4X-	Commercial	(a 139)	1000-1010
28	Womens Masters 4X-	Lagan / Belfast RC	(f 243)	1000-1010

BRC/RBAI Slipway

RED FLAG at McCONNELL PIER 1045

RACE START - 1100

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Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch. **Crews must leave their oars close by the slipway before putting their boat on the water.**The above launching times will be strictly adhered to and any crew failing to launch on time will be put to the back. Crews causing unnecessary delays on the slipways may incur time penalties at the discretion of the slip stewards.

Crew				Slip
No.	Event Name	Crew name	ID/class	Time
				1010-
2	Mens Senior 4X-	Lagan		1020
				1010-
20	Mens Masters 4X-	Lagan	(e 225)	1020
		Athlone / Bann / C of		1010-
23	Mens Masters 4X-	Derry / Lagan	(g 269)	1020

LSC Slipway

RED FLAG at McCONNELL PIER 1045

RACE START – 1100

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Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

Crews must leave their oars close by the slipway before putting their boat on the water. The above launching times will be strictly adhered to and any crew failing to launch on time will be put to the back. Crews causing unnecessary delays on the slipways may incur time penalties at the discretion of the slip stewards.

Crew				Slip
No.	Event Name	Crew name	ID/class	Time
				1000-
5	Mens J18A 4X-	Methodist	А	1020
				1000-
13	Mens J18A 4X-	Methodist	В	1020
				1000-
17	Mens J18A 4+	Methodist		1020
				1000-
25	Womens J18A 4X-	Methodist		1020

MCB Slipway

RED FLAG at McCONNELL PIER 1045

RACE START - 1100

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

Crews must leave their oars close by the slipway before putting their boat on the water. The above launching times will be strictly adhered to and any crew failing to launch on time will be put to the back. Crews causing unnecessary delays on the slipways may incur time penalties at the discretion of the slip stewards.

QUB Slipway

Crew				
No.	Event Name	Crew name	ID/class	Slip Time
1	Mens Senior 8+	QUBBC		1010-1020
3	Mens Senior 4X-	QUBBC		1010-1020
7	Mens Club 1 8+	QUBBC		1010-1020
8	Mens Senior 4-	QUBBC		1010-1020
11	Womens Senior 8+	QUBLBC		1000-1010
18	Womens Senior 4X-	QUBLBC		1000-1010
21	Womens Club 1 8+	QUBLBC		1000-1010
24	Mens Masters 8+	LVBC / Bann	(h 574)	1000-1010

RED FLAG at McCONNELL PIER 1045

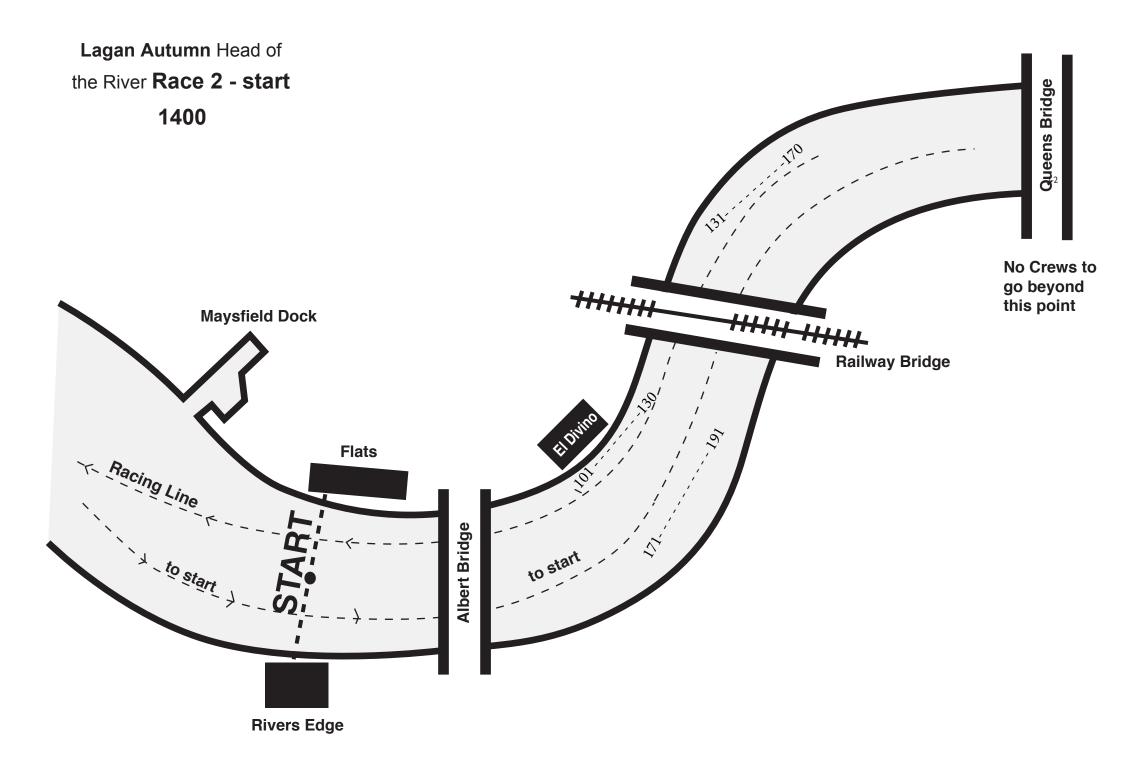
RACE START – 1100

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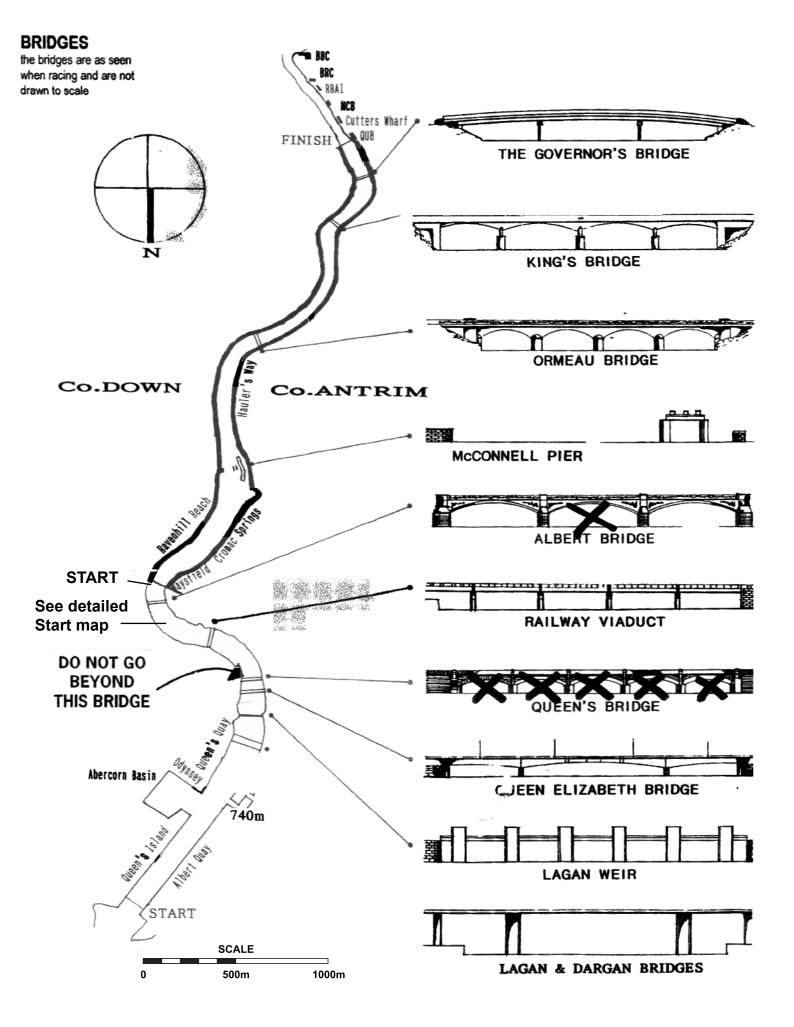
Lagan Autumn Head of the River - Race 1 -Saturday 2nd November 2024 at 1100 Start Order

Crew No	Event	Club	ID/Sculler/Class
1	Mens Senior 8+	QUBBC	
2	Mens Senior 4X-	Lagan	
3	Mens Senior 4X-	QUBBC	
4	Mens J18A 4X-	Commercial	А
5	Mens J18A 4X-	Methodist	А
6	Mens J18A 4X-	Bann	
7	Mens Club 1 8+	QUBBC	
8	Mens Senior 4-	QUBBC	
9	Mens Club 1 8+	Belfast RC	
10	Womens Senior 8+	Belfast RC / Bann	
11	Womens Senior 8+	QUBLBC	
12	Mens J18A 4X-	Commercial	В
13	Mens J18A 4X-	Methodist	В
14	Mens J18A 4X-	Commercial	С
15	Mens Masters 8+	Belfast RC / LVBC	(e 476)
16	Mens Masters 8+	Belfast BC	(e 465)
17	Mens J18A 4+	Methodist	
18	Womens Senior 4X-	QUBLBC	
19	Mens Masters 4X-	Newry	(c 176)
20	Mens Masters 4X-	Lagan	(e 225)
21	Womens Club 1 8+	QUBLBC	
22	Womens Masters 8+	Belfast RC	(d 422)
23	Mens Masters 4X-	pne / Bann / C of Derry / La	(g 269)
24	Mens Masters 8+	LVBC / Bann	(h 574)
25	Womens J18A 4X-	Methodist	
26	Womens Masters 4X-	Commercial	(a 139)
27	Womens Masters 4X-	Portadown	(b 168)
28	Womens Masters 4X-	Lagan / Belfast RC	(f 243)



Lagan Autumn Head of the River

Race 2 1400



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Crew No.	Event Name	Crew name	ID/class	Slip Time
107	Mens J18A 2X	Bann		1320-1330
118	Mens Masters 4+	Bann	(d 210)	1320-1330
124	Mens J16 4X+	Portadown		1320-1330
137	Womens J18A 4X+	Belfast BC		1320-1330
142	Mens Club 1 1X	Bann	Z Shaw	1320-1330
147	Mens J16 2X	Bann		1320-1330
154	Womens Senior 1X	Bann	K Shirlow	1320-1330
164	Womens Masters 2X	Portadown B	(a 67)	1320-1330
165	Womens Masters 2X	Portadown A	(d 101)	1320-1330
167	Mens J15 2X	Portadown		1310-1320
168	Mens J15 2X	Bann		1310-1320
170	Womens J18A 1X	Portadown	N Dorman	1310-1320
173	Womens J18A 1X	Bann	C Campbell	1310-1320
179	Womens Club 1 1X	Portadown	A Moran	1310-1320
183	Mens J14 4X+	Bann		1310-1320
186	Womens J15 4X+	Bann		1310-1320
187	Womens J14 4X+	Bann		1310-1320
191	Womens J15 2X	Portadown		1310-1320

BBC Slipway

RED FLAG at McCONNELL PIER 1350

RACE START - 1400

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

Crews must leave their oars close by the slipway before putting their boat on the water.

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Crew No.	Event Name	Crew name	ID/class	Slip Time
102	Mens J18A 4-	RBAI		1320-1330
106	Mens J18A 2X	Commercial A		1320-1330
108	Mens J18A 2X	Commercial B		1320-1330
109	Mens J18A 2X	Sligo		1320-1330
110	Mens J18A 2X	Newry		1320-1330
113	Mens J18A 2X	Commercial C		1320-1330
114	Mens J18A 2X	Commercial D		1320-1330
115	Mens J18A 2X	Commercial E		1320-1330
119	Mens Masters 4+	Belfast RC / Lagan	(e 234)	1320-1330
123	Mens J16 4X+	Newry		1310-1320
126	Mens Senior 1X	Sligo	G Patterson	1310-1320
134	Mens J16 4+	RBAI		1310-1320
135	Mens Masters 4+	Belfast RC	(g 264)	1310-1320
136	Womens J18A 4X+	Sligo		1310-1320
146	Mens J15 8+	RBAI		1310-1320
149	Mens J16 2X	Commercial		1310-1320
151	Womens Club 1 2X	Belfast RC		1310-1320
152	Womens J18A 2X	Newry		1310-1320
153	Womens Senior 1X	Commercial	S Connolly	1310-1320
157	Womens Masters 4X+	Belfast RC B	(c 191)	1310-1320
158	Womens Masters 4X+	Belfast RC A	(d 201)	1300-1310
159	Womens Masters 4X+	Newry	(d 210)	1300-1310
161	Mens Masters 1X	Sligo, Donohoe, M	(e)	1300-1310
166	Womens J18A 4X+	Belfast RC		1300-1310
169	Womens J18A 1X	Sligo	C Walsh	1300-1310
174	Womens Club 1 1X	Commercial	C Flocks	1300-1310
176	Womens Club 1 1X	Newry	S McKevitt	1300-1310
178	Womens Club 1 1X	Belfast RC	J Reid	1300-1310
185	Womens J16 2X	Sligo		1300-1310
188	Womens J14 4X+	Newry		1300-1310

BRC Slipway

RED FLAG at McCONNELL PIER 1350

RACE START – 1400

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

Crews must leave their oars close by the slipway before putting their boat on the water.

Crew No.	Event Name	Crew name	ID/class	Slip Time
120	Mens Club 1 2X	Lagan		1320-1330
130	Mens J18A 1X	Lagan	L Corry	1320-1330
160	Mens Masters 2X	Lagan / Athlone	(h 143)	1320-1330
162	Mens Masters 1X	Portora, Murphy, G	(f)	1320-1330
163	Mens Masters 1X	C of Derry, D'Urso, G	(g)	1310-1320
181	Womens Masters 1X	Portora, Flanagan, H	(c)	1310-1320

LSC Slipway

RED FLAG at McCONNELL PIER 1350

RACE START - 1400

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

Crews must leave their oars close by the slipway before putting their boat on the water.

Crew No.	Event Name	Crew name	ID/class	Slip Time
122	Mens J16 4X+	Methodist		1320-1330
127	Mens J18A 1X	Methodist	H McCartney	1320-1330
128	Mens J18A 1X	Methodist	D Crozier	1320-1330
129	Mens J18A 1X	Methodist	I Nugent	1320-1330
131	Mens J18A 1X	Methodist	D Cassidy	1320-1330
		Methodist /		
133	Womens Senior 2X	Castleconnel		1320-1330
138	Womens J18A 4-	Methodist		1310-1320
148	Mens J16 2X	Methodist		1310-1320
172	Womens J18A 1X	Methodist	A Sempey	1310-1320
180	Womens Club 1 1X	Methodist	N Flynn	1310-1320
182	Mens J14 4X+	Methodist		1300-1310
184	Womens J16 2X	Methodist		1300-1310
189	Womens J14 4X+	Methodist		1300-1310
190	Womens J15 2X	Methodist		1300-1310

MCB Slipway

RED FLAG at McCONNELL PIER 1350

RACE START - 1400

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

Crews must leave their oars close by the slipway before putting their boat on the water.

Crew No.	Event Name	Crew name	ID/class	Slip Time
101	Mens Senior 4+	QUBBC		1320-1330
103	Mens Senior 2X	QUBBC A		1320-1330
104	Mens Senior 2X	QUBBC B		1320-1330
105	Mens Club 2 8+	QUBBC		1320-1330
111	Mens Club 1 2X	QUBBC A		1320-1330
112	Mens Club 1 2X	QUBBC B		1320-1330
116	Mens J18A 2X	QUBBC		1320-1330
117	Womens Senior 4+	QUBLBC		1310-1320
121	Womens Club 2 8+	QUBLBC		1310-1320
125	Mens Senior 1X	QUBBC	H Moore	1310-1320
132	Womens Senior 2X	QUBLBC		1310-1320
139	Womens Club 1 4+	QUBLBC		1310-1320
140	Mens Club 1 1X	QUBBC	B Weis	1310-1320
141	Mens Club 1 1X	QUBBC	J Robinson	1310-1320
143	Mens Club 1 1X	QUBBC	S McIlwaine	1300-1310
144	Mens Club 1 1X	QUBBC	A McKinley	1300-1310
145	Mens Club 1 1X	QUBBC	S Netherton	1300-1310
150	Womens Club 1 2X	QUBLBC		1300-1310
155	Womens Senior 1X	QUBLBC	M Curry	1300-1310
156	Womens Senior 1X	QUBLBC	S McCormick	1300-1310
171	Womens J18A 1X	QUBLBC	L Armstrong	1250-1300
175	Womens Club 1 1X	QUBLBC	A Herbert	1250-1300
177	Womens Club 1 1X	QUBLBC	C Chilton	1250-1300

QUB Slipway

RED FLAG at McCONNELL PIER 1350

RACE START - 1400

It is the responsibility of club captains/safety officers to carry out an adequate safety inspection prior to launching to ensure their boats conform to the safety regulations and that their coxes wear their buoyancy aids.

Boats must be inspected and those without heel restraints, bow balls or numbers slots are considered unsafe, should not be allowed to launch and the crew will be disqualified unless the problem is rectified. Coxes *must* wear buoyancy aids. This check must be carried out before taking your boat to the slipway. The race organisers will carry out spot checks and any boats deemed to be in breach of the safety regulations will not be permitted to launch.

Crews must leave their oars close by the slipway before putting their boat on the water.

Lagan Autumn Head of the River - Race 2 -Saturday 2nd November 2024 at 1400 Start Order

Crew No	Event	Club	ID/Sculler/Class
101	Mens Senior 4+	QUBBC	
102	Mens J18A 4-	RBAI	
103	Mens Senior 2X	QUBBC A	
104	Mens Senior 2X	QUBBC B	
105	Mens Club 2 8+	QUBBC	
106	Mens J18A 2X	Commercial A	
107	Mens J18A 2X	Bann	
108	Mens J18A 2X	Commercial B	
109	Mens J18A 2X	Sligo	
110	Mens J18A 2X	Newry	
111	Mens Club 1 2X	QUBBC A	
112	Mens Club 1 2X	QUBBC B	
113	Mens J18A 2X	Commercial C	
114	Mens J18A 2X	Commercial D	
115	Mens J18A 2X	Commercial E	
116	Mens J18A 2X	QUBBC	
117	Womens Senior 4+	QUBLBC	
118	Mens Masters 4+	Bann	(d 210)
119	Mens Masters 4+	Belfast RC / Lagan	(e 234)
120	Mens Club 1 2X	Lagan	
121	Womens Club 2 8+	QUBLBC	
122	Mens J16 4X+	Methodist	
123	Mens J16 4X+	Newry	
124	Mens J16 4X+	Portadown	
125	Mens Senior 1X	QUBBC	H Moore
126	Mens Senior 1X	Sligo	G Patterson
127	Mens J18A 1X	Methodist	H McCartney
128	Mens J18A 1X	Methodist	D Crozier
129	Mens J18A 1X	Methodist	I Nugent
130	Mens J18A 1X	Lagan	L Corry
131	Mens J18A 1X	Methodist	D Cassidy
132	Womens Senior 2X	QUBLBC	
133	Womens Senior 2X	Methodist / Castleconnel	
134	Mens J16 4+	RBAI	
135	Mens Masters 4+	Belfast RC	(g 264)
136	Womens J18A 4X+	Sligo	
137	Womens J18A 4X+	Belfast BC	
138	Womens J18A 4-	Methodist	
139	Womens Club 1 4+	QUBLBC	
140	Mens Club 1 1X	QUBBC	B Weis
141	Mens Club 1 1X	QUBBC	J Robinson
142	Mens Club 1 1X	Bann	Z Shaw
143	Mens Club 1 1X	QUBBC	S McIlwaine
144	Mens Club 1 1X	QUBBC	A McKinley
145	Mens Club 1 1X	QUBBC	S Netherton

146	Mens J15 8+	RBAI	
147	Mens J16 2X	Bann	
148	Mens J16 2X	Methodist	
149	Mens J16 2X	Commercial	
150	Womens Club 1 2X	QUBLBC	
150	Womens Club 1 2X	Belfast RC	
151	Womens J18A 2X	Newry	
152	Womens Senior 1X	Commercial	S Connolly
155	Womens Senior 1X	Bann	K Shirlow
154	Womens Senior 1X	QUBLBC	M Curry
155	Womens Senior 1X	QUBLBC	S McCormick
150		Belfast RC B	
	Womens Masters 4X+		(c 191)
158	Womens Masters 4X+	Belfast RC A	(d 201)
159	Womens Masters 4X+	Newry	(d 210)
160	Mens Masters 2X	Lagan / Athlone	(h 143)
161	Mens Masters 1X	Sligo, Donohoe, M	(e)
162	Mens Masters 1X	Portora, Murphy, G	(f)
163	Mens Masters 1X	C of Derry, D'Urso, G	(g)
164	Womens Masters 2X	Portadown B	(a 67)
165	Womens Masters 2X	Portadown A	(d 101)
166	Womens J18A 4X+	Belfast RC	
167	Mens J15 2X	Portadown	
168	Mens J15 2X	Bann	
169	Womens J18A 1X	Sligo	C Walsh
170	Womens J18A 1X	Portadown	N Dorman
171	Womens J18A 1X	QUBLBC	L Armstrong
172	Womens J18A 1X	Methodist	A Sempey
173	Womens J18A 1X	Bann	C Campbell
174	Womens Club 1 1X	Commercial	C Flocks
175	Womens Club 1 1X	QUBLBC	A Herbert
176	Womens Club 1 1X	Newry	S McKevitt
177	Womens Club 1 1X	QUBLBC	C Chilton
178	Womens Club 1 1X	Belfast RC	J Reid
179	Womens Club 1 1X	Portadown	A Moran
180	Womens Club 1 1X	Methodist	N Flynn
181	Womens Masters 1X	Portora, Flanagan, H	(c)
182	Mens J14 4X+	Methodist	
183	Mens J14 4X+	Bann	
184	Womens J16 2X	Methodist	
185	Womens J16 2X	Sligo	
186	Womens J15 4X+	Bann	
187	Womens J14 4X+	Bann	
188	Womens J14 4X+	Newry	1
189	Womens J14 4X+	Methodist	1
190	Womens J15 2X	Methodist	
		Portadown	

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