



BELFAST SPRINT REGATTA

Saturday 18th May 2024

22nd April 2024

To Club Contacts,

Your Club is invited to enter the 2024 Belfast Sprint Regatta.

The regatta will be held over a 500m course at Stranmillis and is suitable for all levels of experience.

The event details are as follows:-

- Date of the regatta - **SATURDAY 18th MAY 2024**
- The course will be approximately 500m long, with 2 fully buoyed lanes starting from a pontoon moored near the Governor's Bridge and finishing at Belfast Rowing Club
- The regatta is **NON-STATUS** and a **ROWING IRELAND TRACKER EVENT**. All rowers / coxes entered **must** be members of the club they are representing and registered with Rowing Ireland for the current season
- Events & entry fees – see below
- The regatta timetable will be divided into two blocks; "Block 1" before lunch and "Block 2" after lunch (exact times to be confirmed following the draw)
- Rowers can enter only one event per block; we will do our best to accommodate all entries in the timetable
- Entries must be via the Rowing Ireland online tracker system
- Entries will close on WEDNESDAY 8th MAY 2024 at 19:00
- The regatta will be run under Rowing Ireland rules
- Safety statement – see below
- Overseas clubs should contact the Regatta Secretary directly regarding entries

Belfast Rowing Club look forward to receiving your entry and hope you have an enjoyable day of racing.

Yours sincerely,

Thomas McCaughtry
Regatta Secretary

Email: entries@belfastrowing.com

Address: Belfast Rowing Club,
Hay Island,
10 Lockview Road,
Stranmillis,
Belfast
BT9 5FJ

BELFAST SPRINT REGATTA 2024

RULES OF THE REGATTA

(in accordance with Rowing Ireland Rules)

- Entries must be via the Rowing Ireland online tracker system.
- Entries will close on WEDNESDAY 8th MAY 2024 at 19:00.
- Events in Block 1 will take place before lunch. Events in Block 2 will take place after lunch.
- MAXIMUM 1 event per rower in each of Block 1 and Block 2 in the correct grade.
- At the discretion of the Regatta Committee, J14/J15 events will run in either a knock-out format or as a series of straight finals, depending on the number of entries. If other events receive too many entries to be accommodated in the timetable using a knock-out format, they will also be run as a series of straight finals. Should there be an odd number of entries, the losing crew in the first final will race the last crew in the draw.
- Please ensure you have sufficient boats for all entries.
- Names of winners will be checked against entries - please ensure crew changes are correctly made through tracker or at Regatta Control.
- Entry fees to be paid by bank transfer BEFORE competing.
- There may be random drug testing of competitors by an Irish Sports Council unit.
- Clubs should ensure all equipment meets current safety requirements.
- A copy of the TIMETABLE will be published on Rowing Ireland's website.
- Please ensure your Club has the necessary insurances in place - equipment and 3rd party.
- Medals will be awarded to all winners - minimum of 2 entries in the event.
- Refreshments will be on sale at the Clubhouse
- The Committee of Belfast Rowing Club accept NO LIABILITY for any injury to competitors, coaches, officials, spectators, or any other person from whatever cause; for any damage or loss to boats, equipment or other goods or property belonging to any competitor, coach, official, spectator or any other person.
- The Regatta Committee reserves the right to make any alteration to the programme which they deem necessary and their decision in all cases will be final.

LIST OF EVENTS (MAX 1 EVENT PER ROWER IN EACH OF BLOCKS **1** AND **2**)

Class / Event	Men						Women					
	1X	2X	4X+*	2-	4+	8+	1X	2X	4X+*	2-	4+	8+
J14		1	2					2	1			
J15		2	1					1	2			
J16		1	2			1		2	1			2
J18	1	2	1		2	1	2	1	2		1	2
Novice	1	2	1			2	2	1	2			1
Club2	2	1	2		1	2	1	2	1		2	1
Senior	1	2	1	1	2	1	2	1	2	2	1	2
Masters	2	1	1	2	1	2	1	2	2	1	2	1

* 4X- at Senior and Masters, 4X+ and 4X- at J18

ENTRY FEES

8+ £48.00 **4+/4x** £28.00 **2-/2x** £16.00 **1x** £10.00

** Payment by bank transfer to Belfast Rowing Club (Danske Bank) once all entries are confirmed and BEFORE competing:

- Sort Code: 95-01-21
- Account No.: 01003623
- Payment Reference: "ClubName_SprintsEntry24"

** Any queries please contact Regatta Secretary at entries@belfastrowing.com

ENTRIES CLOSE 19:00 ON WEDNESDAY 8th MAY 2024

BELFAST SPRINT REGATTA - SAFETY STATEMENT

The Belfast Sprint Regatta is run in accordance with the Rowing Ireland Safety Guidelines for regattas along with the relevant aspects of the Water Safety Code. The Regatta Committee is committed to running the event in a safe manner.

SAFETY ADVISOR David Webb

MEDICAL ADVISOR Ambutran – mobile medical unit.

POLICY It is the policy of the Regatta Committee to encourage water safety awareness throughout the event.

INTENT It is the intention of the Regatta Committee to implement its own safety policy and to provide an example to participating clubs by creating a safe environment during the event.

METHOD All rowing to be conducted in accordance with current Rowing Ireland rules. Event details, course map and other relevant information to be circulated to each participating club. All participants should be aware of this policy.

All rowing to be conducted in accordance with current Rowing Ireland safety guidelines. Checks will be made by marshals to ensure equipment is safe – including for example secure, correct type bow balls fitted, suitable heel restraints, and general boat condition.

Coxswains must wear suitable flotation aids.

Course map – to be displayed at Regatta Control at Belfast Rowing Club.

Safety launch – a dedicated safety launch will be on the course throughout the event. The launch will have the necessary rescue equipment. First aid will also be carried on the launch. All regatta officials will have details of how to deal with an emergency.

First Aid – available from the safety launch, the start pontoon and regatta control on Belfast Rowing Club balcony. Ambutran will be in the car park at Belfast Rowing Club.

Incidents – regatta officials will be instructed to report all incidents where safety is compromised

Emergency Services – regatta control will have details of the nearest hospital with Accident & Emergency facilities. Access routes to be kept free.

Communication – Regatta officials will be in radio contact with each other, the safety launch and regatta control. Mobile phones will be used as back-up.

Public address – announcements can be made from regatta control at Belfast Rowing Club.

RESPONSIBILITY In accordance with current guidelines it is the responsibility of each participating club committee to ensure the safety of their members while participating, including knowing what to do if they fall in, be competent to compete and wear appropriate clothing for the weather conditions.