SKIBBEREEN ROWING CLUB REGATTA SAFETY STATEMENT

Water Safety Code Skibbereen Rowing Club Drinagh Lake Regatta 28th May, 2023 Curraghalcky Lake, Drinagh, Co. Cork

Policy

Skibbereen Rowing Club will adhere to the water safety and awareness guidelines of Rowing Ireland Water Safety Code. With your help and co-operation we endeavour to run an enjoyable, safe and successful regatta for all involved.

Aims

- 1. To ensure that all rowing is conducted in accordance with the current safety rules and guidelines of Rowing Ireland.
- 2. That all participating clubs are made aware of the safety rules and instructions specific to the event.
- 3. To ensure that all crews, boats and equipment are compliant with Rowing Ireland safety requirements prior to embarkation.
- 4. To manage hazards specific to SRC Drinagh Regatta course and the crossing of the public road at Curraghalcky Lake, Cork.
 - A traffic management plan will be implemented involving the following
 - (a) Information and traffic control signs
 - (b) Marshals positioned at multiple locations on the road and at the exit and entrance points at the parking and slipway area.
 - (c) A two way radio system will be provided for marshals.
- 5. To provide adequate First Aid and medical services at the regatta course

Competitors Responsibility

In accordance with current guidelines, it is the responsibility of each participating Club Committee to ensure the safety of their members while participating. References include The National Safety Council and Rowing Ireland.

- 1. To follow the instructions of the Marshals and race officials at all times and strictly observe the traffic/circulation pattern in place. Do not delay at the finish area.
- 2. Ensure that all your crews are competent and prepared to compete in the boat type and grade that they are entered.
- 3. Hulls are sound and watertight.
- 4. Must ensure that Bow-Balls are secure. Heel restraints and quick-release cord to be fitted correctly and all watertight buoyancy chambers to be sealed in accordance with manufacturer's specifications. Inspections will be carried out at the slip and any

defective equipment will lead to boats not being allowed to compete.

- Coxes must wears suitable buoyancy aids/life jackets and be familiar with operating them correctly. In 'Front-loader' boats coxswains must wear manually operated gas inflation life jackets or solid PFD type life jacket that allow for easy exiting of the coxswains seat.
- 6. On the day, the coxes/steer-person must attend the coxes meeting. This meeting will include a safety brief.
- 7. Bow numbers are issued to provide an identification system to marshals.
- 8. All participants are expected to be in good health and comply with the Rowing Ireland criteria regarding their swimming ability.

In the event of a capsize STAY WITH THE BOAT.

Method for Safety awareness

- 1. Informing Club Secretaries of the event rules in advance by correspondence
- 2. Hold a coxes safety meeting prior to the regatta Race
- 3. Race marshals will be in place providing a presence on the lake to give information to other lake users, they will be present at the start and at the finish. They are there to assist crews in the event of equipment failure, collision or an accident. They may prevent crews or individuals from taking part in the regatta if they consider that they are a risk to themselves or other competitors.
- 4. Managing the interaction of rowing crews and traffic when moving boats and personal from the parking to the slipway areas across the public road.
- 5. Providing Rescue launch Ribs, Club Launches and adequate First Aid and medical services.
- 6. Where practicable, we will ensure that all hazards are identified, eliminated and/or controlled.

Boat Accident Recovery Procedure

- 1. Approach the recover location from down-wind where possible.
- 2. Inform other marshals in the area and the Water Co-Ordinator immediately so that onshore services can be alerted
- 3. After recovery move persons needing assistance to the slip area.

Abandoned boats or equipment representing a hazard to others must be removed off the racing course.

Emergency numbers: 999 or 112 Cork University Hospital: 021 4546400

Clonakilty Gardaí: 023 8821570

Car parking

All cars will park in the designated car park.

Slipping

All boats competing at the event will use the official slipping area.