

# ROSSCARBERY OFFSHORE HEAD 2023

PROUDLY SUPPORTED BY

**KANGHUA COASTAL**

## Event Prospectus

**Date:** 22nd/April/2023.

**Venue:** Curraghally Lake, Drinagh, Co. Cork p47wa07.

**Course:** 2km, 4 turn, 1 Starboard/3 Port (see map)

### Events offered:

**Senior:** CM1X, CW1X, CM2X, CW2X, CMix2X (min. age 17)

**Junior 18:** CJM2X, CJW2X, CJMix2X, CJM1X, CJW1X

(min. age 16)

**Junior 16:** CJM2X, CJW2X, CJM1X, CJW1X

(min. age 14)

**Entry Fees:** Singles€10 / Doubles €20

**Payment Details:**

**Rosscarbery Rowing Club**

**Acc. No.47037359**

**Sort Code 990712**

**BIC IPBSIE2D**

**IBAN IE90IPBS99071247037359**

**Entries:** All entries to be made via Rowing Ireland Tracker System.

**Entries will close** 7pm,12<sup>th</sup> April /2023.

**Rules:** All races will be held under Rowing Ireland Offshore Rules. It is the responsibility of clubs and athletes to be fully aware of these rules.

**Athlete Safety:** Civil Defence Ambulance onsite.

**Boat Safety:** All boats will be checked for safety prior to each launching to check PDFs , Heel Straps , Tow Ropes etc. Please ensure all boats are numbered correctly on both sides.

**Crew Safety:** Clubs must ensure that all their athletes are competent to compete in the category in which they are entered. If a crew is visibly struggling the safety boat or organisers at their own discretion may help or remove them from the race for their own safety.

**Course Safety:** There will be 2 safety/ stewards boats on the course at all times. The course will be monitored throughout the event for any hazards and weather conditions.



**Provisional Race Schedule and Format:** Course will open at 8am. Racing will begin at 8.30am sharp. Crew Captains Meeting 7.45am (morning races) and at 1.00pm (afternoon races)

**Important: A crew captain is the captain of the boat or one of the rowers (not the club captain). A member of each crew must sign in prior to their race. NO SIGN IN / NO ROWING.**

Provisional race order as follows,

**CM1X / CJM18 2X 8.30am**

**CW1X / CJW18 2X 9.30am**

**CM2X / CMJ16 1X 10.30am**

**CW2X / CWJ16 1X 11.30am**

**CMJ18 1X / CMJ16 2X 12.30pm**

**CWJ18 1X / CWJ16 2X 1.30pm**

**CMix 2X 2.15pm**

**CJMix 2X 3.pm**

**Fixed Head racing will be followed by the Coastal Rolling Head from 3.15pm to 5.00pm**

**Crews will launch from pontoon area and follow the anti clockwise course. Warm up area between bouys 2/3/4/ in an anti clockwise direction only. Proceed to holding area at least 5 minutes before start time.**

**Times will be posted online only shortly after each race.**

**Venue Details:**

Secure off road Parking.

Secure Athlete Area.

Race Viewing Area.

Toilets / Changing Area.

Refill Water Stations.

Sanitising Stations.

First Aid and Ambulance Area.

On Site Catering. ( tea/coffee/snacks etc. )

**Event Secretary**

**Tony Mannix / [mannixap@gmail.com](mailto:mannixap@gmail.com) / 087 6540990**

**Event Manager**

**Brendan Crowley / [bcrowley67@gmail.com](mailto:bcrowley67@gmail.com) / 087 2509110**

**AS WITH ALL ROSSCARBERY ROWING CLUB EVENTS  
IT WILL BE A SINGLE USE PLASTICS FREE EVENT.**



