



SHANDON BOAT CLUB – HEAD OF THE RIVER – 29th JANUARY 2022

SAFETY STATEMENT

1. A Safety Advisor has been appointed for the event. They will advise the event committee on all aspects of health and safety relating to the event, making use of the following documents for guidance:
 - Rowing Ireland Safety Manual
 - Code of Practice: The Safe Operation of Recreational Craft: Chapter 8 - Rowing Boats (Department of Transport, Tourism and Sport)
 - FISA's Minimum Guidelines for the Safe Practice of Rowing
2. Safety contact phone numbers will be on display for the duration of the event in the HOR Control Office and in prominent locations on the club grounds.
3. On site emergency first responders / first aiders, including a fully equipped ambulance and an emergency RIB on the water, will be present on site at all times and provided by the Civil Defence.
4. A plan of the waterway, traffic control and restrictions will be on display in the HOR Control Office and on the HOR information board and will be emailed to all participating clubs before the event. Details of expected shipping traffic during the event will also be notified in advance. All crews must familiarise themselves with and follow the traffic plan during the event.
5. A mandatory captains and coxes meeting will take place in the HOR Control Office at 8:30am. It is vital that everyone attends as the race is on a tidal course. No crews will be allowed to launch if the captains & coxes have not attended the meeting.
6. Approximately 1 hour before the start of the event the Safety Advisor will inspect the course and surroundings for any obstructions or likely problems and assess the weather conditions.
7. An Accident/Incident Log will be available in the HOR Control Office. All incidents must be reported to the HOR Control Office and will be reported back to Rowing Ireland via the online incident report form, IROW Safe.
8. Observance of the requirements of the Code of Practice will be the duty of the Safety Advisor. Breaches will be reported to the relevant Club Captain and Rowing Ireland as required.

9. It is the duty of all competing clubs to ensure that all equipment being used is in working order. Safety checks will be completed on all boats prior to launch. Heel restraints, bow balls and hatches must be in place and secure; all boats must have water-tight buoyancy compartments. Any boats not passing inspection will not be permitted to launch.
10. It is the duty of all participating clubs to ensure all participants are in good health and capable of swimming 100m in light clothing and shoes.
11. Coaches shall ensure that all members of the crew, including coxes, are dressed appropriately for the weather conditions on the day.
12. Rescue facilities for the HOR are being provided by the Civil Defence and Shandon Boat Club safety launches who will be on the water and who all have adequate capabilities to cope with all athletes rescue requirements.
13. It is the duty of all participating clubs to ensure that their coxswains are provided with appropriate PPE including life jackets conforming to the ISO 12402-3:2020 standard. Coxes in bow-loader positions must wear life jackets that allow them easy escape from their positions.
14. Captains/Coaches of all participating crews must take responsibility for their crew's safety at all times.
15. Captains/Coaches of all participating crews shall ensure that each member of the crew is aware of the relevant safety procedures at all times during the event.
16. Facemasks to be worn in clubhouse building as per Shandon Boat Club Covid 19 protocols.
17. All launch drivers and umpire personnel and others on the water except competing rowers shall wear life jackets conforming to the ISO 12402-3:2020 standard at all times. They must also wear face masks.
18. All umpire and safety launches will carry: a bailer, communication device, a knife, a grab line, a life buoy, a paddle, engine cut-out lanyard device.
19. Full notice has been given to the relevant authorities including An Garda Síochána, The Port of Cork & the Cork City Fire Brigade.
20. Provisions are in place to ensure unrestricted access to the site for ambulances / emergency vehicles.

REFERENCES:

- I. [SAFETY MANUAL](#)
- II. [IROW Safe – Rowing Ireland](#)
- III. [Code of Practice for the Safe Operation of Recreational Craft](#)
- IV. [FISA's Minimum Guidelines for the Safe Practice of Rowing](#)