



Trinity Regatta 2024 – Single Sculls Time Trial Instructions

Given the large entry of single sculls in Trinity Regatta 2024, a 1000m time trial will be held for the following sculling events on Saturday morning in lieu of heats:

- Men's Senior 1x
- Men's Intermediate 1x
- Men's Club 1x
- Men's Junior 18 1x
- Men's Junior 16 1x
- Women's Junior 18 1x
- Women's Junior 16 1x

The fastest four scullers from each category will be entered into the main draw. If a rower is entered in more than one sculling event, he/she will race the time trial once and their time will count for both events.

Bow numbers will be provided to each competitor and will be available to collect from regatta control from 6:30am. A ten-euro deposit will be collected on all bow numbers, refundable upon their return to regatta control. Each competitor will also be provided with a number to display on their back.

The start of the time trial will be the second fishing platform after the "Boohouse" Bend. The finish of the time trial will be approximately 100m downstream of Commercial RC, marked with a white flag on the south bank.

Single scullers should be assembled above the bay, at least five minutes before the start of their time trial. Scullers will row through the start at approximately 30 second intervals.

There will be seventy scullers competing in the time trial. In the interests of safety, we have split the time trial into two runs. The first time trial will start at 8:40am; the second time trial will start at 9:15am. The events will be split across the time trials as listed below:

- Time Trial 1: Men's Senior / Men's Intermediate / Men's Club / Men's Junior 18
 - Time Trial 2: Men's Junior 16 1x / Women's Junior 18 / Women's Junior 16 1x

Once scullers have finished their race, they should continue rowing downriver towards the weir to keep the course clear. Scullers must not interfere with other scullers when returning to their slip.

Athletes competing in the second time trial should not launch until all the athletes competing in the first time trial have completed their race.

We will be using <u>www.raceclocker.com</u> for the time trial. We will also have a manual timing system as a back-up.

Any questions or concerns regarding the sculling time trial can be communicated by emailing the regatta committee at <u>regatta@duboatclub.com</u>.

Trinity Regatta Committee

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