**NEW ROSS BARROW CHALLENGE 2022**

**ITINERARY**

**Traffic System in St Mullin’s (**R95XY93)

Only boat trailers will be allowed access to the launch area at St Mullins. Please give plenty of time to arrive as it is a narrow one way system and there may be a short delay to get all trailers in.

Car park available in St Mullin’s village.

Please pay attention to Marshalls and follow their instructions.

Please unload trailers as soon as possible and return to New Ross Boat Club.

**Registration/Bow numbers**

Bow numbers available from Race Control at the registration area.

€5 refundable deposit for all bow numbers.

Bow numbers will not be given out until entry fees are paid in full.

Course maps will be emailed to each club. There will be a limited number available on the day.

**Itinerary**

**09:00 Registration/Bow numbers**

**10:15 Cox’s Meeting - St. Mullin’s**

**10:40 Launch of boats – lowest numbers first - Dragon Boats last**

**11:30 Race start –with 30 seconds between boats**

Race Start Old Stone Bridge, St. Mullin’s

Race Finish Under O’Hanrahan Bridge in New Ross – row under the bridge

to complete the 18KM race!

**Parking in New Ross**

* The field beside New Ross Boat Club is for boat trailers ONLY! Private cars will have to find parking in public car park spaces and on street parking. Please do not park on double yellow lines or on footpath
* Marshalls will be on site for guidance.

**Health & Safety**

* Health & Safety / First Aid station at the old bridge beside New Ross Boat Club.
* Also available at St. Mullin’s and via Safety Boats along the route.
* All coxes must wear suitable life jackets.
* Heel restraints, bow balls, hatch covers, etc, will be checked before launch.
* Safety launches will be stationed throughout the course.
* Please obey Marshalls at all times.

**Prizes**

Prize Giving at New Ross Boat Club once confirmed results after the last crew has completed the course.

Refreshments will be available to purchase at New Ross Boat club for both rowers and spectators.

€5 for hot dinner. Also tea/coffee/cakes on sale