

SKIBBEREEN ROWING CLUB REGATTA

SAFETY STATEMENT

Water Safety Code Skibbereen Rowing Club Regatta 2024
Inniscarra Lake - Cork

Policy

Skibbereen Rowing Club will adhere to the water safety and awareness guidelines of Rowing Ireland Water Safety Code. With your help and co-operation we endeavour to run an enjoyable, safe and successful regatta for all involved.

Aims

1. To ensure that all rowing is conducted in accordance with the current safety rules and guidelines of Rowing Ireland.
2. That all participating clubs are made aware of the safety rules and instructions specific to the event.
3. To ensure that all crews, boats and equipment are compliant with Rowing Ireland safety requirements prior to embarkation.
4. To manage hazards specific to Skibbereen regatta course on Inniscarra Lake, Cork
5. To provide adequate First Aid and medical services at the regatta course

Competitors Responsibility

In accordance with current guidelines, it is the responsibility of each participating Club Committee to ensure the safety of their members while participating. References include The National Safety Council and Rowing Ireland.

1. To follow the instructions of the Marshals and race officials at all times and strictly observe the traffic/circulation pattern in place. Do not delay at the finish area.
2. Ensure that all your crews are competent and prepared to compete in the boat type and grade that they are entered.
3. Hulls are sound and watertight.
4. Must ensure that Bow-Balls are secure. Heel restraints and quick-release cord to be fitted correctly and all watertight buoyancy chambers to be sealed in accordance with manufacturer's specifications. Inspections will be carried out at the slip and any defective equipment will lead to boats not being allowed to compete.

5. Coxes must wear suitable buoyancy aids/life jackets and be familiar with operating them correctly. In 'Front-loader' boats coxswains must wear manually operated gas inflation life jackets or equivalent that allow for easy exiting of the coxswains seat.
6. On the day, the coxes/ steer-person must attend the coxes meeting. This meeting will include a safety brief.
7. Bow numbers are issued to provide an identification system to marshals.
8. All participants are expected to be in good health and comply with the Rowing Ireland criteria regarding their swimming ability.

In the event of a capsize **STAY WITH THE BOAT.**

Method for Safety awareness

1. Informing Club Secretaries of the event rules in advance by correspondence
2. Hold a coxes safety meeting prior to the regatta Race
3. Race marshals will be in place providing a presence on the lake to give information to other lake users, they will be present at the start and at the finish. They are there to assist crews in the event of equipment failure, collision or an accident. They may prevent crews or individuals from taking part in the regatta if they consider that they are a risk to themselves or other competitors.
4. Providing Rescue launch Ribs, Club Launches and adequate First Aid and medical services.
5. Where practicable, we will ensure that all hazards are identified, eliminated and/or controlled.

Boat Accident Recovery Procedure

1. Approach the recover location from down-wind where possible.
2. Inform other marshals in the area and the Water Co-Ordinator immediately so that onshore services can be alerted
3. After recovery move persons needing assistance to the nearest of the following locations:
 - (a) slip area
 - (b) start area

Abandoned boats or equipment representing a hazard to others must be removed off the racing course.

Emergency numbers: 999 or 112
Cork University Hospital: 021 4546400

Coachford Gardaí: 021 7334002

Car parking

All cars will park in the car park.

Slipping

All boats competing at the event will use the official slipping area.

