



**ROWING
IRELAND**

Portmagee Coastal Regatta

22nd of July 2023

Ballinskelligs Beach, Ballinskelligs, County

Kerry

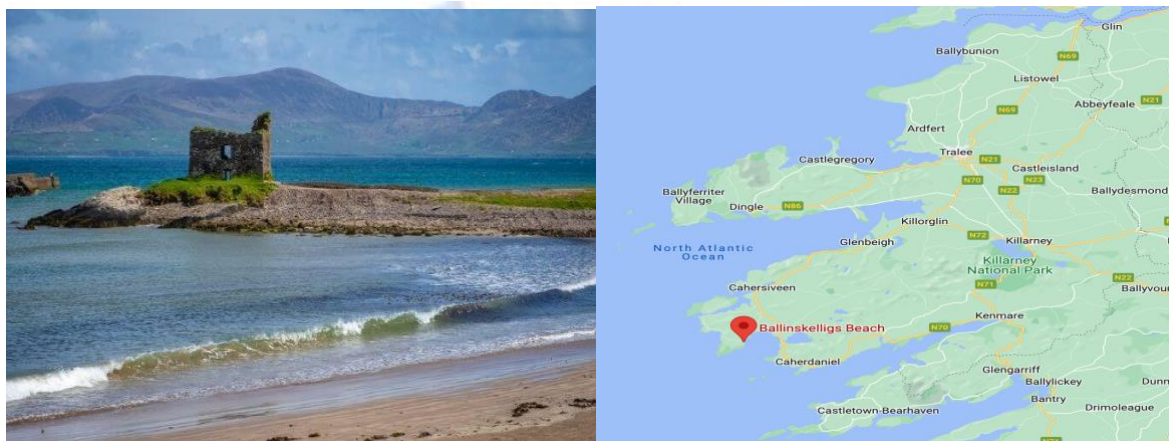
Regatta Prospectus



Welcome from Portmagee Rowing Club

This prospectus will provide clubs with all necessary information required to enjoy their day and have a safe and successful competition. We are looking forward to the contests ahead and hope you will find this a beautiful and challenging course which aims to bring out the best in each athlete.

Location



Ballinskelligs beach is located just off the southern stretch of the N70 Ring of Kerry road.

Coordinates: 51.8216° N, 10.2722° W

Eircode: V23 YT54

Rules

The rules as set down by the Rowing Ireland rulebook shall be the rules of the event. The starter, time keeping and race results will be under the control of the regatta committee. Participation in this regatta confirms acceptance of the rules and standards of Rowing Ireland. The full rule book will be made available to all clubs on the event page on tracker.

Racing Schedule

The regatta will take place on the 22nd of July 2023. We anticipate that rowing will commence at 8:00am, however, a full event schedule shall be issued closer to the event.

Club Captains Meeting

A club captains meeting will take place on Saturday the 22nd of July at 7:30am. At this meeting club captains will be asked to confirm that the crews they entered are all taking part. It is essential that every club is represented at this meeting.

Crew Substitutions

As per Rule 7R.12 every crew is entitled to substitute up to half the number of its oarsmen/women, and the coxswain, provided that the replacements are members of the same club (or clubs in the case of composite crew), and that each of them is qualified to row in that crew.

An electronic substitution must be performed, or a completed substitution form must be presented to the Regatta Director at least one hour before the crew's first race. Substitution forms are available on the regatta event page on Tracker. After a crew has rowed a heat, a substitution may only be made in the case of a serious illness, certified by a doctor or medic.

Exceptions may be granted for family emergencies and is at the discretion of the Regatta Director.

Event Entries

The closing date for entries shall be at 7pm on the 12th of July 2023. Entries will only be accepted through the Tracker regatta system. We would be obliged if clubs would submit their entries as soon as possible so we may publish the final race order as early as possible.

Entry fees must be received before racing, all fees are to be transferred via EFT only, no cash or cheques will be accepted. Kindly transfer one payment per club and insert the name of your rowing club in the description of the transfer.

Entry Fees are €12.50 per seat and payable to the bank details below.

Portmagee Rowing Club:

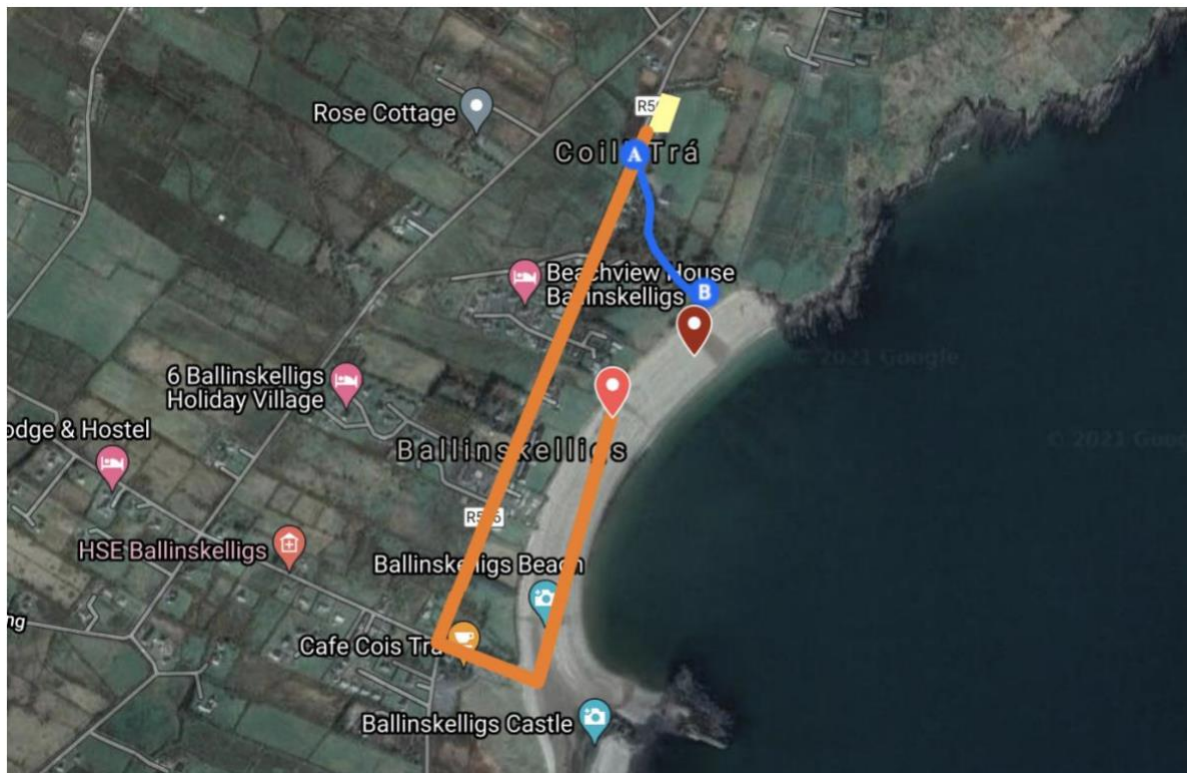
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Sort Code: 93-60-30

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IBAN: IE10 AIBK 9360 3048 1301 56

Parking



YELLOW - Saint Michael GAA Grounds V23 Y832 - Parking

ORANGE - Road access to beach for trailers

BLUE - Walkway to beach from carpark

Ballinskelligs beach is under the command of lifeguards. It gets very busy and congested with cars at the main entrance as this is the only driving access to the beach. Boat trailers only, may access this road in the morning to unload the boats on the beach. No other traffic is permitted on the beach. Once the boats are unloaded, the trailers must return to park at the GAA grounds. All trailers must be unloaded and off the beach by 10:00 a.m. at the latest. Any trailers attempting to access the beach after this time will not be allowed onto the beach by the lifeguards.

There is additional car parking available at the driving entrance to the beach by Cafe Cois Tra however, this car park fills up quite early and we are therefore encouraging regatta attendees to park at the GAA Grounds.

Boat Safety Checks

When a boat has been unloaded onto the beach, they will be checked for the following safety requirements:

- Tow line clearly visible and accessible
- Heel restraints
- Bow number (this should match the number at the time of entry)

Once this has been completed the boat will be tagged by the beach master and may proceed to be used in the regatta.

As per the Rowing Ireland rulebook rowers can either carry a personal floatation device on board or wear a personal floatation device when on the water. All coxswains must wear a personal floatation device at all times when on the water.

Catering

There are several vendors nearby where athletes and regatta attendees may purchase food / beverages for the event.

Cafe Cois Tra, Ballinskelligs Beach, Ballinskelligs, County Kerry

Cable O'Learys, 7 Cois Trá Upper, Dungeagan, Ballinskelligs, County Kerry

The Atlantic Grill, 8-14 Cois Trá Lower, Dungeagan, Ballinskelligs, County Kerry

Brownes Shop, Clahaneanoe, Ballinskelligs, County Kerry

Dalys Shop, Murreigh, Waterville, County Kerry

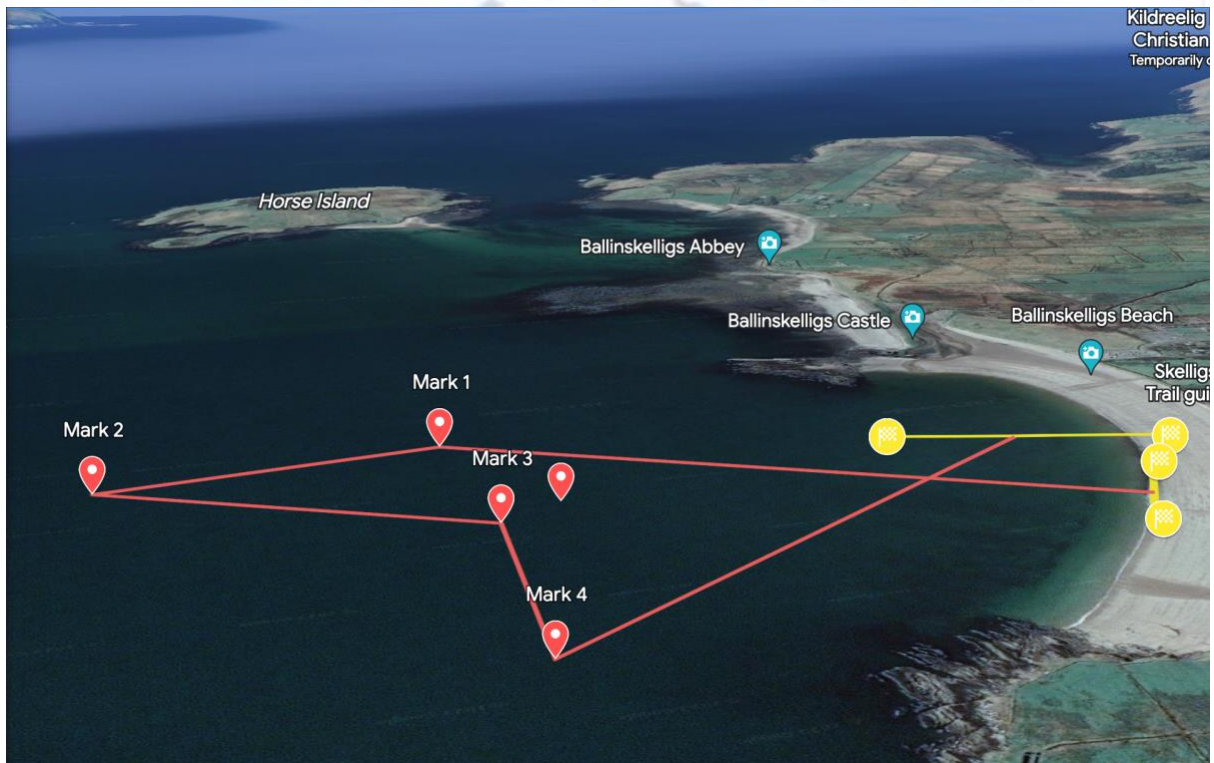
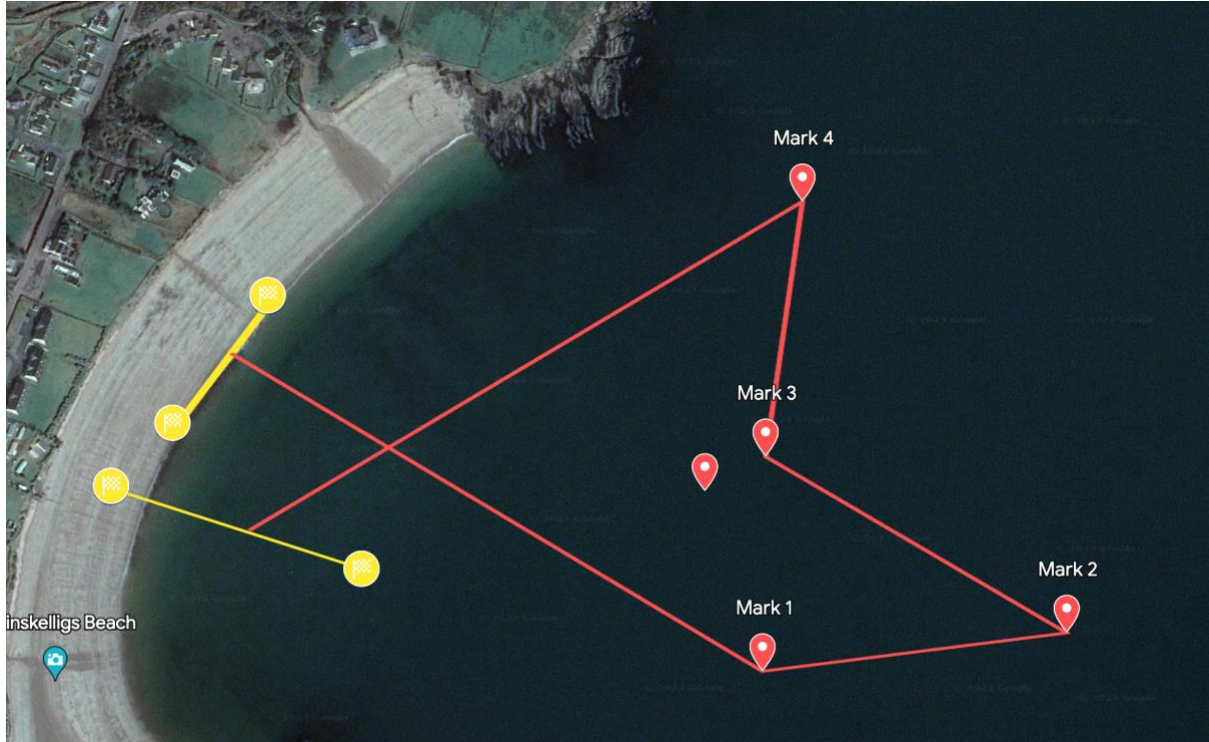
First Aid

An ambulance will be on site for the duration of the event providing medical assistance. They will be based near the startline and stewards may contact them via Radio should the need arise.

Rowing Course

The rowing course is set out as per the maps below:

JUNIOR COURSE (2.09K):



Mark	Co-Ordinates	Distance (M)
Start Line	51.82441, -10.2697	0
1	51.82166, -10.26228	600
2	51.82199, -10.25803	300
3	51.82351, -10.26224	340
4	51.82572, -10.26172	250
Finish Line	51.82288, -10.26945	600
Total Distance		2,090



Mark	Co-Ordinates	Distance (M)
Start Line	51.82441, -10.2697	0
1	51.82166, -10.26228	600
2	51.82199, -10.25803	300
3	51.82351, -10.26224	340
4	51.82572, -10.26172	250
5	51.82255, -10.26788	550
6	51.82316, -10.26313	335
7	51.82166, -10.26228	200
8	51.82199, -10.25803	300
9	51.82351, -10.26224	340
10	51.82572, -10.26172	250
Finish Line	51.82288, -10.26945	600
Total Distance		4,065

Portmagee Rowing Club Regatta Committee have designed a challenging but exciting course which features both left and right hand turns and will test each athlete's navigation skills.

The course also features a beach start and water finish. The starting sequence will be as follows:

- Crews must be at their start positions and under the control of the Starter two minutes before the starting time of their race.
- The Starter may penalise a crew which is late to the start and may start the race without reference to absentees.
- The boats shall be lined up on the beach near the water's edge.
- The Starter shall direct the crews to float and hold their boats approximately 8 m apart at the edge of the water. In a normal beach start, all crew members shall be holding their boat standing in the water next to their boats and can only start to board their boat after the start signal has been given.
- The Starter shall then order the crews to get ready and bring their boats into line. The Judge at the Start shall be the sole judge of whether the boats are in line.
- When there is two minutes to the start, the Starter shall say "Two minutes!"
- At the Start time, the Starter shall give the signal to start by standing clearly visible and dropping in one downward motion the raised start flag, simultaneously sounding a hooter in one long blast.
- The official start of the race will be the moment the flag starts to be dropped.
- Each crew is entitled to a maximum of three boat handlers per boat with crews to secure their own boat handlers.
- The boat handlers will hold the boat in place until the crew sits in and rows away.

False Start:

A crew commits a false start if any crew member starts to board their boat before the start signal is given.

Consequences of a false start:

Individual false start - A crew committing a false start shall be allowed to continue with the race but shall be awarded a time penalty of 120 seconds and where possible shall be immediately informed of the penalty by the Umpire.

Mass false start - If in a race the Judge at the Start indicates that a number of boats have committed a false start, the Starter may decide to stop the race and give the start again or he may allow the race to continue and award penalties to all boats concerned. If he decides to stop the race, the Starter shall do so by sounding repeated short blasts on the hooter. Where there is a mass false start caused by weather conditions or other external influences, but the Judge at the Start considers the start to have been fair, he may advise the Starter to allow the race to continue with or without penalties to individual crews.

Responsibility of crews:

It is the responsibility of each crew to make sure that they do not interfere with another boat. Where such interference occurs or is going to occur, each crew must take appropriate avoiding action, but shall follow the instruction of the Starter or Umpire whenever such instructions are given. A crew causing interference may be penalised by the Starter or the Umpire.

Finish Line:

The finish line shall be marked by a buoy (mark 5) on the water and a pole on the beach.

Rowing Categories

The following events will be available at the regatta:

Juniors	Seniors	Masters
J12MIX 4X	CM1X	CM40 1X
WJ14 4X	CM2X	CM40 2X
MJ14 4X	CM4X	CM40 4X
WJ16 2X	CW1X	CW40 1X
MJ16 2X	CW2X	CW40 2X
WJ16 4X	CW4X	CW40 4X
MJ16 4X	CMIX2X	CMIX40 2X
J16MIX 2X	CMIX4X	CMIX40 4X
WJ18 1X	CM1X Novice	CM50 1X
MJ18 1X	CM2X Novice	CM50 2X
WJ18 2X	CM4X Novice	CM50 4X
MJ18 2X	CW1X Novice	CW50 1X
WJ18 4X	CW2X Novice	CW50 2X
MJ18 4X	CW4X Novice	CW50 4X
J18MIX 2X	CMIX2X Novice	CMIX50 2X
	CMIX4X Novice	CMIX50 4X

Kindly note that junior events may only be offered when the organising committee are confident that it is safe to do so as per the Rowing Ireland Rulebook.

The organising committee are offering an event for under 12 competitors to get an opportunity to race in a quad. This race will be a straight run from a fixed point to the finish line and will not involve any turns.

Prizegiving

Pennants will be awarded to the winning crew in each senior / masters race. For junior racing, medals will be presented to the 1st, 2nd and 3rd crew in each event with the winners also receiving a pennant.

The prizegiving will take place after each final.

Event Contact Details

The Management and Committee of Portmagee Rowing Club do not accept any liability or responsibility for injury or damage to persons or property arising, during the course of the regatta or otherwise.

And finally, for now, I look forward to welcoming your club and crews to Ballinskelligs for competitive racing and trust that they will experience a successful and enjoyable event. Should you have any queries in relation to the regatta prospectus, please do not hesitate to contact the Event Secretary as follows:

Secretary: Kayleigh Hussey
Telephone: 087 3662332
Email: portmageerowingclub@gmail.com