

Olderfleet Rowing Club

Coastguard Road, Larne.



Offshore Masters Challenge Regatta & Junior Regatta

Saturday 4th June 2022

Ballygally Beach, Ballygally, Larne.

Age Categories, Race Categories and Timetable

Age Categories

The following age categories for rowers are being offered:

Junior - open to those under 18 on 1st January

Junior 16 – open to those under 16 on 1st January

Junior 14 - open to those under 14 on 1st January

Masters 40 – open to crews where the average age is 40 years

Masters 50 – open to crews where the average age is 50 years

Race Categories

The following race categories are being offered, the distance for each race is shown also.

Should heats be required they will be run over a 2Km course.

Race Categories	Race Distance m
Master 40/50 W 1X	4000
Master 40/50 W 2X	4000
Master 40/50 W 4X	4000
Master 40/50 M 1X	4000
Master 40/50 M 2X	4000
Master 40/50 M 4X	4000
Master 40/50 MIX 2X	4000
Master 40/50 MIX 4X	4000

Race Categories	Race Distance m
Junior 14 W 4X	2000
Junior 16 W 4X	2000
Junior 18 W 4X	4000
Junior 14 M 4X	2000
Junior 16 M 4X	2000
Junior 18 M 4X	4000

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Race Order and Timetable

The race order is structured to facilitate boat sharing and doubling up and is based on single/combined Masters 40 & 50 races in each boat category. The race order will not change.

Apart from weather and other conditions outside of the organisers' control, races will not be delayed. It is each club's responsibility to ensure they are at the start 5 mins before the official regatta start time.

Race Timetable			
Race No.	Time	Category	Distance m
1	09:00	Master 40/50 Mens C4X	4000
2	09:40	Master 40/50 Womens C2X	4000
3	10:20	Junior 14 Mens C4X	2000
4	10:50	Junior 18 Mens C4X	4000
5	11:30	Master 40/50 Mens 1X & Master 40/50 Womens 1X	4000
6	12:10	Master 40/50 Womens C4X	4000
Break			
7	13:30	Junior 14 Womens 4X	2000
8	14:00	Master 40/50 Mens 2X	4000
9	14:40	Junior 16 Womens 4X	2000
10	15:10	Master 40/50 MIX 2X	4000
11	15:50	Junior 16 Mens 4X & Junior 18 Womens 4X	2000 & 4000
12	16:30	Master 40/50 MIX 4X	4000

Masters Average Crew Ages

For Masters 40 and Masters 50 crews, averaging will be used based on the age a competitor attains during the year of competition. The youngest a competitor may be is 35.

Coxes must be 18 years or over on the day of competition.

Each competitor shall be responsible for his/her own health and fitness.

The minimum combined crew ages are shown in the table below.

Minimum Combined Crew Ages		
Boat Type	Master 40	Master 50
1X / Solo	40	50
2X / Double	80	100
4X+ / Quad	160	200

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Separate 40's and 50's Races

If sufficient numbers of crews, from each age category, enter a 40/50 Masters Race consideration** will be given to running a separate Masters 40 and separate 50 race. Medals will be awarded in each race.

The Master 40 crews will race first at the scheduled time, followed by the Masters 50 crews, 5 minutes later.

Once final entries are known the official race timetable will be published and will include separate races as required.

***It is anticipated that we will need at least 7 crews from each age category to do this.*

Combined Races

Where both 40 and 50 crews are competing in the same race a handicap system will be in place. The handicaps are shown in the table below. The 50 crews will go on the first start and the 40 crews will go on the second start at the time delay as stated below. The full race start procedure can be found in the full racing rules.

Start Procedure – The start will involve the Masters 50 crews starting once the hooter sounds and the last ball drops. After the Masters 50 crews depart one ball will be rehoisted. Once the appropriate handicap has been allowed, the single ball will drop and the hooter sounded again to indicate the start for the Masters 40 crews. Any crew crossing the start line before their ball drop will be penalised 120 seconds. The handicap to be applied for each category is listed below. As the handicaps are based on a 4000m course they will be adjusted if a shorter course is used, as in the case of heats. The Finish will be judged in the normal way. The crew finishing first will be declared the winner.

Handicap for a 4000m Race		
	Master 50	Master 40
Men 4X+	Go	+31 Seconds
Women 4X+	Go	+31 Seconds
Men 2X	Go	+32 Seconds
Women 2X	Go	+34 Seconds
Mixed 2X	Go	+32 Seconds
Men 1X	Go	+35 Seconds
Women 1X	Go	+35 Seconds

Boat Hire Details & Accommodation

Information regarding Boat hire for the event and local accommodation to follow shortly.

Full Rowing Ireland Racing Rules can be found here – Part 7 Offshore Rowing (7R onwards).

<https://www.rowingireland.ie/wp-content/uploads/2021/05/Rowing-Ireland-Rules-2021.pdf>

All queries to be sent to the Race Secretary at mail@olderfleetrowingclub.co.uk

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